



Annual Family Carol Service



This will take place in the Park Room on:

Wednesday 11th December at 7.30 pm

This year's theme is 'THE WISEMEN COMETH WITH GIFTS' (or "What do you mean you brought him Socks?") led by the Delamere Park Players, the Delamere Park Choir and Rev'd Jane Parry.

There will be the usual Christmas carols.

Mince pies, wine, biscuits and juice will be served following the Service. There will be a retiring collection in aid of St Luke's Hospice.

Everyone welcome!

Santa's Visits to Delamere Park



Santa Claus is coming to Delamere Park on

Wednesday 4th December from 5:30 pm

&

Thursday 5th December from 5:30 pm

with Delamere Forest 41 Club who will be collecting for the local charities, The Joshua Tree and St. Luke's Hospice. Please make a note in your diaries so the children, and you, can meet Santa.

Bonfire Night Thanks



Thank you to everyone involved in making Bonfire Night one of the best ever.

Thanks especially to the Bonfire Builders and Firework team, without them there wouldn't be a Bonfire event. The Bucket Collectors did a grand job and brought in £1561.03 added to this were donations via card payment of £35.41 which totalled **£1596.44**, this amount will go into the Community Group Funds ready to pay for next year's fireworks.

Thank you to the Groups who donated the Raffle Prizes and to the volunteers who sold tickets before the night, and to Andy, Ruth and Sarah who sold them on the night. The sale of Raffle tickets brought in a record amount of **£343.50**.

Grateful thanks to Darren and Sarah who supplied the delicious sausages etc. for the Hot Dogs and to all the members of the Events Group who were involved in the selling and the cleaning up after all had been sold.

Thanks to the hardworking Bar staff who kept the drinks flowing and finally thanks to Chris our Gardener for his hard work preparing the Green and tidying up the ground where the fire had been.

Iris Lyon, Community Groups Chairman

Park dates for your diary ...

- 1st December (Sun) ~ Film Matinee (The Nutcracker)
- 4th December (Wed) ~ Santa's 1st visit to the Park
- 5th December (Thu) ~ Santa's 2nd visit to the Park
- 7th December (Sat) ~ Karaoke Night in the Bar
- 11th December (Wed) ~ Family Carol Service
- 20th December (Fri) ~ Christmas Party in the Bar
- 31st December (Tue) ~ New Year's Eve
- 16th January (Thu) ~ Film Night
- 20th February (Thu) ~ Film Night
- 23rd February (Sun) ~ Family Bingo Afternoon

More details of events will be available nearer the date via email or will be displayed on the Clubhouse notice board, all tickets available from Reception / Bar.

Events Group

The Events Group have had a reasonably active quarter, besides our September and November Film Nights we had a successful Big Breakfast and a super Quiz Night as well as providing Hot Dogs on a brilliant Bonfire Night.

Looking forward to the next quarter, as well as the monthly Film Nights, we plan to host a Bingo Afternoon which should provide some fun for all the family on **23rd February** and a Race Night on the **15th March**. We also hope to fit in another Big Breakfast and will advise the date in due course.

All of us in the Events Group would like to say a huge Thank You to everyone who has supported us (and the Clubhouse) by coming to an event. Your support makes what we do even more worthwhile.

Please get in touch if you have any ideas for events or would like to join our friendly team of volunteers, without whom none of these things happen.

Email: events@delamerepark.co.uk



We look forward to seeing you at some point before the next newsletter.

Best wishes for Christmas and the New Year from us all in the Events Group

Folk Club

The Delamere Park Folk Club meets in the Park Room, 7.00p.m. for 7.30p.m. on the first and third Monday of every month. Exceptionally, however, in December this year the second meeting will be on **Wednesday 18th December** when a Christmas party will be held and to which Residents and their guests are invited.

We enjoy an eclectic mix of music, song, narrative, poetry and comedy all of which is provided by local artists. Where music is concerned Rap or modern pop, Rolling Stones or Peter Paul and Mary, and anything in between, all are warmly welcomed.

This is the Club where both audience and performers can relax in a non-judgemental environment, free at the point of contact, no appointments necessary, just turn up and knock yourselves out. (carefully of course!)

Further details from **Rodders** at folkrodders@gmail.com or mobile: **07729 655803**

Festive Bar Opening Hours

DAY	DATE	HOURS	ACTIVITY
Thursday	19 December '24	Normal Hours	
Friday	20	Normal Hours	Xmas Party
Saturday	21	Normal Hours	
Sunday	22	Normal Hours	
Monday	23	Normal Hours	
Tuesday	24 Christmas Eve	16:00 - 23:00	Plot Draw
Wednesday	25 Christmas Day	Noon - 16:00	
Thursday	26 Boxing Day	Noon - 22:30	
Friday	27	17:00 - 23:00	
Saturday	28	Noon - 23:00	
Sunday	29	Noon - 23:00	
Monday	30	18:00 - 23:00	
Tuesday	31 New Year's Eve	Noon - 01:00	NYE Party
Wednesday	1 New Year's Day	Noon - 23:00	
Thursday	2 January '25	Return to Normal	

Bar Entertainment

By the time December's newsletter is out, we hopefully will have had another successful music event night with Angie Palmer and Band, following the Halloween party and the Curry night.

Big thanks to Gary, Zoe, Mike and Jane for their efforts on Halloween, and everyone who dressed in some brilliant costumes!

Coming up we've got a New Year's Eve party and Disco with Gary on the decks, and a possible Burns night celebration in January, further information to follow.

Bar Events

Saturday 7th December

**** Karaoke Night ****
with DJ Gaz
from 7:30pm in the Bar

Friday 20th December

**** Christmas Party ****
Live Band – Gresty's Wasters
7:30pm in the Sports Bar

Tuesday 31st December

**** New Year's Eve Party ****
7pm til late

Join us to welcome in the New Year

All events free to attend

Coffee Mornings

Now that the colder and darker months are with us, we meet twice a month up to and including March. We normally have close to 50 people at our Thursday session, and a little less on the Monday ones. Do please come and chat, and add to our numbers, from 10.30 to 12.00.

Future dates are

- Thursday 5th December
- Monday 16th December
- Thursday 2nd January
- Monday 20th January
- Thursday 6th February
- Monday 17th February

Maria and Paul
(889728)



Trek in aid of St. Luke's Hospice

Phil Hallman has recently completed the Camino to Santiago de Compostela for St Luke's Hospice. He is very grateful to all of people who have helped and supported him in raising nearly £4000 for this important charity which is very close to the hearts of many who live here on Delamere Park. God bless you all.



Phil praying in front of the cathedral of Santiago de Compestela at the end of the Camino

Park Pals

Park Pals members have recently enjoyed lunches - one in the Clubhouse and one at a local pub - also a theatre trip to a superb performance of Charlie and the Chocolate Factory.



We opened our October meeting to all residents and had an excellent response to the talk on Cyber Awareness and Safety by a member of Cheshire Police, which opened our eyes to the dangers of the Internet and the threat to our families of A.I. We are now looking forward to our Christmas event.

We meet on the third Thursday afternoon of each month at 2 pm in the Clubhouse and, for people on their own, it is an opportunity to get together with others socially and to arrange events and excursions. Anyone interested in joining us may contact **Christine on 301699 or Pam on 889665.**

Delamere Park Singing Group



The Delamere Park Singers are making super progress since they started in April, and very much enjoy their weekly rehearsals. And of course, 'It's beginning to look a lot like Christmas' (well 'sound like Christmas'!) at the moment in the Clubhouse on Tuesday afternoons as the Singing Group prepare their festive repertoire for two upcoming concerts.

Alongside more traditional carols the singers are enjoying rehearsing a number of well known classics, and are delighted to be singing as part of the annual Carol Service at the Clubhouse on Wed 11th December. They are also looking forward to joining forces with the Weaverham and Davenham Community Choirs on Wed 18th December at the Winnington Recreation Club, in a large scale festive feast of songs!

For more information, contact:

singers@delamerepark.co.uk

Fitness & Wellbeing



FITNESS 4 ALL: Tuesdays at 9.15 a.m.

Keep your muscles strong and joints healthy, so you can continue to live the life you love.

PURE STRETCH: Thursdays at 9.30 a.m.

Ready to give your body the freedom it deserves? Try a *PureStretch* class and discover the power of flexibility, balance, mobility, improved nerve health and reduce aches & pains.

For more information,
email: fitness@delamerepark.co.uk

or contact:

Carolyn Beamson - 07590 269 132
Fitness & Wellbeing Community Group Rep.



News from Ladies' Club



Hello from Ladies Club. This is a thriving group that welcomes all ladies on the Park. Our current membership is a fabulous 67 but we would love more ladies to come along. We are a friendly bunch of all ages with an active programme of talks and activities but also a warmth and friendship that is offered to all of our members old and new.

Our recent talk on working in a prison was fascinating. We all laughed and were in awe of our enterprising and hilarious Reluctant Shepherdess, Rosie Lee and in November we all made beautiful cards and gift tags with support from our very talented member and neighbour Wendy Gauld. My efforts on the photo!



Whatever your interests there is something in our programme for you, Jenny Burrell has excelled herself in the first year of designing our 2025 programme with some great speakers to come, I know that you will all enjoy them.

Our Christmas Party will be on **December 9th** and will be a sumptuous buffet followed by fun and dancing to live music from our local musical talent John Goulden.

We meet again on Monday **January 13th** for what looks like a fascinating talk titled 'From Crime to Crime' from crime writer DCI Bob Barker.

February 10th is our AGM please come and join in, enjoy a complimentary glass of wine as well as a natter and catch up.

March 10th is a talk on Cyber Scamming, essential listening for all of us or is it just me?!

We are looking forward to seeing our returning members and hopefully meeting new ladies in 2025. Just come along on the night or feel free to contact our Chairlady Pat Pilgrim on: **07967 674271** or email: ladies@delamerepark.co.uk if you would like to know more.

Gardening Club

After a very mild Autumn, winter has visited us with a vengeance, the recent snow flattening any plants still standing.

We have, however, our Christmas Social with quizzes and hot pies to look forward to after our AGM on the **16th December**, tickets £7 for members and £10 for invited guests.

Next year's programme is all arranged with a variety of topics to suit all interests.

The first meeting is on Monday **27th January** when we welcome Norman Sadler from the RSPB, his topic being Garden Birds.

Looking forward to seeing you on the 16th when new members will be most welcome.

For more information, email: garden@delamerepark.co.uk **Mike McNeal**

No More Hedgehogs on the Park

I am sorry to say that our hedgehogs on Delamere Park appear to be no more. Consequently this will be my last newsletter article.

Once, a thriving population of hedgehogs existed all over the Park; however, sadly, that is no longer the case. Residents are all telling me the same thing - that though 'hogs had been visiting their gardens for many years (and in some cases two or three hedgehogs) they've all gone.

Hedgehogs are in decline nationally, and even the most recent publication of the flagship report 'The State of Britain's Hedgehogs 2022'

(<https://www.britishhedgehogs.org.uk/new-state-of-britains-hedgehog-report-issued-today/>) admits the reasons aren't fully understood. It does however point to loss of habitat and consequent loss of food species (i.e. invertebrates) as the major factor overall and not predation, by badgers or foxes for example. I believe Delamere Park has an abundance of suitable habitat though there's always more that we could do.

I hope we can all continue to do whatever we can to encourage them to return.

Make sure they can get in and out of your garden (a CD size hole in the gate or fence is sufficient) and don't be too tidy - leave hedge undergrowth, piles of leaves, log stacks, woodpiles, and patches of long grass, etc., undisturbed. If you can put out food (kitten biscuits, meat flavour) and water that's great too.

If you discover a sick or injured hedgehog, please don't delay - wrap it in a blanket or towel and put it in a box with a plastic bottle full of warm water, then phone Helen Gill on: **07816 096849** for advice.

Helen runs Northwich Hedgehog Rescue, a rescue service for the rehabilitation of our native wild hedgehogs. She runs it from her home near B&Q in Northwich, and relies entirely on donations (equipment, food, money, etc.) to fund her work, together with help from her small team of foster carers. You can find them on Facebook.

Here's one of her recent baby inmates - cute eh?



Finally, thank you to those residents who are continuing to supply me with their used/unwanted newspapers, instead of putting them in the CWAC recycling bin. I then take them to Northwich Hedgehog Rescue for Helen and her foster carers to use as bedding for the hedgehogs in their little hutches. Please keep them coming, it's a much more useful way of recycling!

Goodbye, and thanks for reading my articles over the years.

Ken Blakemore

P.S. If you do see a hedgehog please let me know by sending an email to:

parkhogs@gmail.com

Mah Jongg



Amazingly it's coming up to Christmas. At this time of year we really do enjoy our Mah Jongg sessions. Prior to our December game we all contribute to a delicious lunch followed by a Points scoring afternoon. The winner receives a bottle of wine of course.

It has been an enjoyable year for us all and we have enrolled some new members.

Why don't you come and join us? Second and Fourth Thursday each month. 1.30pm in the bar area.

Contact: **Pam 889665**

Water Aerobics



We are continuing to get on average 6/8 folk each week which has been good.

If you would like to join us you will be made most welcome. For more details contact:

Sue: 07909694367 or Liz: 07864786568

Zumba



Improve Your Fitness!

Join us at Zumba classes!
Thursdays @ 7pm to 7.50pm on
Fitness Dance for All
Pay-as-you-go £5

For Information contact
zumba@delamerepark.co.uk

Delamere Park Clubs

Socialising and Leisure

- Coffee Mornings
- Folk Club
- Film Nights
- Gardening Club
- Ladies' Club
- Mah Jongg
- PALs
- Singers
- Social - Plot Draw
- Social - Quiz Night
- Twinkletoes
- Whist

Health, Fitness and Wellbeing

- Children's Swimming Lessons
- Exercise Class - Pure Stretch
- Exercise Class - Keep Fit
- Squash - Men's Team
- Squash - Ladies' Team
- Squash - Junior Coaching
- Table Tennis
- Water Aerobics
- Yoga
- Zumba



Seasons Greetings from your Newsletter team

Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Spring) the deadline is Friday 14th February 2025.

Please contact Ella or Elizabeth via email to: news@delamerepark.co.uk

