

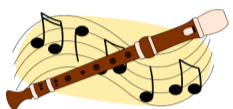
**Garden Safari thanks**

Thank you to everyone who supported the Garden Safari in June by opening their gardens, buying programmes, donating cakes and helping serve refreshments.

We are pleased to report we sold a record number of programmes, over 120 which enabled us to make donations of £150 to each of the 3 charities chosen by the garden owners, The Air Ambulance (NW), St. Luke's Hospice and the Salvation Army.

*Gardening Club*

**Folk Club**



Since its formation in July 2021 the Club has continued to meet at 7.30 p.m. on the 1st and 3rd Monday of each month. New talent emerges at almost every meeting and the Club's substantial following continues to grow.

There's no membership fee - you just turn up! It's a family-friendly social event - a great fun evening with the Park Room set up to mimic the atmosphere of a Cafe-bar. A splendid venue ready to welcome Residents and their guests either as performers or audience.

Today's Folk Clubs have certainly spread their wings since the sixties and now encourage most of the performing arts. You'll find traditional and modern folk, pop, jazz and blues music, raconteurs, poets and more.

You might be a practised or burgeoning artist; or even a "bedroom-guitarist" or a secret poet. If so this could be your opportunity to share your skill in a friendly, receptive, enjoyable and non-judgemental forum.

Need more information?

e-mail [folkclub@delamerepark.co.uk](mailto:folkclub@delamerepark.co.uk)

**Annual Family Carol Service**



Make a note in your diary that this will be held in the Park Room on:

**Wed 11th December (7:30pm)**

**Coffee Mornings**

Our Summer Lunch, held in June, was well-attended and enjoyed by all.

Our monthly Coffee Mornings fill both Sports and Lounge bars with around 50 people attending regularly. However, with warmer weather (still!) hopefully approaching, we can spill out onto the patio weather permitting. We meet on the first Thursday of each month, from 10.30 to 12.00. Then from October to March, we also meet on the third Monday of each month. Do come and join us for a friendly chat.

Future dates are:

- Thursday 5<sup>th</sup> September
- Thursday 3<sup>rd</sup> October
- Monday 21<sup>st</sup> October
- Thursday 7<sup>th</sup> November
- Monday 18<sup>th</sup> November



*Maria and Paul  
(889728)*

**Park dates for your diary ...**

- 12<sup>th</sup> September (Thu) ~ Film Night
- 26<sup>th</sup> September (Thu) ~ Plot Owners O.G.M.
- 17<sup>th</sup> October (Thu) ~ Cyber Awareness & Safety  
(Afternoon Presentation by Cheshire Police)
- 17<sup>th</sup> October (Thu) ~ Film Night
- 20<sup>th</sup> October (Sun) ~ Big Breakfast
- 31<sup>st</sup> October (Thu) ~ Pumpkin Trail
- 9<sup>th</sup> November (Sat) ~ Bonfire Night
- 21<sup>st</sup> November (Thu) ~ Film Night
- 23<sup>rd</sup> November (Sat) ~ Quiz Night
- 30<sup>th</sup> November (Sat) ~ Live Band Night (Angie Palmer Band)
- 1<sup>st</sup> December (Sun) ~ Film Matinee - Ballet

More details of events will be available nearer the date via email or will be displayed on the Clubhouse notice board, all tickets available from Reception / the Bar.

**Events Group**

Apart from our regular monthly Film Nights and a lovely mellow Summer Jazz event back in June it was a rather quiet summer for the Events Group team.

Looking forward though, we are happy to announce our planned events from September to the beginning of December which include four Films, a Big Breakfast, the annual Pumpkin Trail, providing Hotdogs on Bonfire Night and a Quiz Night, for event dates please refer to the 'Park dates for your diaries' section above, more details will be available nearer the date.

Hopefully, there will be something for everyone in our forthcoming events. Please come along and support us.

A few weeks ago, the Events Group donated £900 to DPML for the purchase of two new picnic benches - these are located by the children's play-area on the Green, so thank you to everyone who has supported our events and made this donation possible.

All profits raised at our events are reinvested into projects for the benefit of the Park.

As we have said many times, **please get in touch if you have any ideas for events** or would like to join our friendly team of volunteers, without whom none of these things happen.

We look forward to seeing you at some point before the next newsletter.

Best wishes from us all in the Events Group. email: [events@delamerepark.co.uk](mailto:events@delamerepark.co.uk)



**OLYMPIC GAMES**



*We've all been watching the Olympic Games  
And taking part were competitors with famous names*

*Team GB have won a number of medals, bronze, silver and gold  
The whole thing has been incredibly successful so we are told*

*Which sport did you like watching the best?  
Well, the ones where we came first would be my guess*

*The swimming was incredible and what about the French lad?  
I'm told former Olympic Champions were both his mum and his dad*

*Andy Murray played his last Tennis set  
So sad, the end of an era, our best player yet*

*It did start with all that rain  
But this didn't stop, the boats sailing down the Seine*

*So now we must look forward to yet another day  
When the next Olympics will be in the USA.*

*"The Park Bard"*

**O.G.M. of Plot Owners**

Thursday 26<sup>th</sup> September 2024  
at 19:00 in the Park Room

**Bonfire Night**



This year's Bonfire & Firework display will be held on:

**Saturday 9<sup>th</sup> November**

The firework display starts at 6:30pm, followed by lighting of the Bonfire at 7:00pm, please make a note in your diary.

There will be a Bucket Collection on the Night which is a very important task as the money collected pays towards next year's fireworks.

If anyone is able to volunteer their help with the collection, please send your contact details to:

email: [community@delamerepark.co.uk](mailto:community@delamerepark.co.uk)

**Bar Entertainment Group**



We would like to thank everyone who came to the "Run For Cover" band night and for making it such a success. It was great to see people having a good time, thank you to John Goulden (drummer) and the band for a brilliant performance.

Our next event is planned for:

**Saturday 30<sup>th</sup> November**

Featuring the Angie Palmer Band, with a mix of folk /rock / blues, Angie is a singer songwriter, see: [www.angiepalmer.com](http://www.angiepalmer.com)

More information to follow nearer the date.

If anyone would like to be part of the Bar Entertainment Group, please contact reception for details.

[reception@delamerepark.co.uk](mailto:reception@delamerepark.co.uk)

**DPML Useful Contacts**

**Reception Hours:**

Monday to Saturday 3 pm – 8 pm  
Sunday 10 am – 8 pm

Email: [Reception@delamerepark.co.uk](mailto:Reception@delamerepark.co.uk)  
Tel: 01606 889263

**Office Hours:**

Monday to Saturday 10am–5pm

Email: [Office@delamerepark.co.uk](mailto:Office@delamerepark.co.uk)  
Tel: 01606 212523

Any property change requests, objections or comments to property changes, and all property sales communications should be sent to: [Property@delamerepark.co.uk](mailto:Property@delamerepark.co.uk)



## Park Pals

Park Pals continues with a variety of events and meetings. Recently, we have enjoyed a lunch at the Carriers Inn, a garden visit to a large and interesting garden at Tattenhall on a beautiful summer's day and a fascinating talk on Guide Dogs for the Blind, complete with golden Labrador and his owner and a Puppy Raiser with puppy. A good sum was raised in donations for this worthy cause.

Future events include an afternoon tea at Barrowmore, a theatre trip and a presentation by a member of Cheshire Police on Cyber Awareness and Safety, which with the number of scams presently circulating should be of great interest. We shall be opening this meeting to residents and friends, and an email will be sent out before the talk in October.

We meet on the third Thursday afternoon of each month at 2 pm and, for people on their own, it is an opportunity to get together with others socially and to arrange events and excursions.

Anyone interested in joining us should contact **Christine on 301699** or **Pam on 889665**.

## Delamere Park Singing Group



Our group uses the joy of singing to help bring people together and have fun!

We have been meeting weekly for nearly 6 months, on Tuesdays between 2.30 - 4.00pm. Numbers have grown and we now have between 25 and 30 attending each week, 6/7 of them being our wonderful male singers.

If you fancy a change from singing in the shower, come along and try us. We sing popular songs and musical theatre, there is no need to have any prior experience, everyone is welcome, we really have a joyous and uplifting time.

For more information contact:

[singers@delamerepark.co.uk](mailto:singers@delamerepark.co.uk)

## Fitness & Wellbeing



**KEEP FIT:** Tuesdays at 9.15 a.m. Inclusive and adaptable (can be chair-based) - (first class FREE)

**PURE STRETCH:** Thursdays 9.30 a.m.

All classes are held in the Park Room with our professional, qualified instructor **EMMA WILSON**.

You will need to book a class in advance.

For more information,

email: [fitness@delamerepark.co.uk](mailto:fitness@delamerepark.co.uk)

or contact:

**Carolyn Beamson - 07590 269 132**

Fitness & Wellbeing Community Group Rep.

## News from Ladies' Club



**July visit to Combermere Abbey**

We are looking forwards to our Autumn/Winter season of talks and activities and to meeting everyone again in a spirit of friendship.

Kathy Parsons has been organising our programme for many years and we can all agree that she has presented us with some wonderful and varied entertainment to educate, amuse, stimulate and intrigue us.

I'm sure you will find that our current offer is no exception

**SEPTEMBER 9<sup>TH</sup> Dr. KAREN CASTLE "HOW I ENDED UP IN PRISON"** It's not what you might be thinking, no dastardly crime committed or the story of a miscarriage of justice. Karen trained as a nurse, worked in private hospitals and the NHS and then graduated to the Prison service. She held various medical roles for HMP in both Men and Women's establishments. Dealing with prisoners doesn't sound like a topic that will bring humour to our evening, but there is a funny side to everything and Karen's presentation is lively and engaging, an aspect of life that thankfully most of us know nothing about, unless we were avid watchers of Ronnie Barker's "Porridge". All will be revealed.

**OCTOBER 14<sup>TH</sup> ROSIE LEE "THE RELUCTANT SHEPHERDESS"** A fascinating story of a lady who had a successful career in Banking but was persuaded by her mother to return home to take over the family farm when it was vacated by tenants. She returned to land that was overrun with thistles and that required much more than a little TLC to return it to a productive state.

Moving from a life in finance to a life in the fields wasn't an easy transition, she had little knowledge of livestock or agriculture, but she did have grit and determination alongside a very good sense of humour. Come and listen to this fascinating and inspirational story, told by the lady who experienced many ups and downs on her way to creating the vibrant and exciting place that is Let's Farm today.

**NOVEMBER 11<sup>TH</sup> WENDY GAULD "A CRAFT SESSION"** Wendy is a local resident who has very kindly offered to take us through a hands on craft session with Christmas as the theme. A fun event to bring out the creativity in us all.

**DECEMBER 9<sup>TH</sup> THE CHRISTMAS PARTY** Save the date!!

We welcome new and returning members, please contact **Pat Pilgrim on 07967674271** or email [ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk)

## Gardening Club

After topsy turvy August weather, we hope September will settle down to an Indian summer.

Our Autumn programme begins on **23<sup>rd</sup> September** with a talk and demonstration on Creative Winter Hanging Baskets by Norman Conquest with the possibility of a basket being donated to the raffle.

Following that the **28th October** meeting will be given by Richard Lewis taking on, "Putting Your Garden to Bed."

On the **25th November** we have a talk about "The Winter Garden at Dunham Massey" by the head gardener Emily Chandler.

As usual all new members will be made most welcome. We look forward to seeing you all in September. For more information, email: [garden@delamerepark.co.uk](mailto:garden@delamerepark.co.uk) **Mike McNeal**

## NO! Hedgehogs on the Park

Do you remember in the last newsletter I related the story about the hedgehog that had been set on fire by youths in Winsford? Well there is a happy ending of sorts, as 'Phoenix' was brought back to full health by Helen (who runs Northwich Hedgehog Rescue), and was released back to the wild at a site near Cranage. No progress on any prosecutions though.

Our hedgehogs on Delamere Park are in serious decline. Emails residents have sent me are all saying the same thing - that though 'hogs had been visiting their gardens for many years, in some cases more than one hedgehog, they've all gone. I haven't seen one for over a year now. Unfortunately I don't know the reason why.

However, I hope we can all continue to do whatever we can to encourage them to return.

Make sure they can get in and out of your garden (a CD size hole in the gate or fence is sufficient) and don't be too tidy - leave hedge undergrowth, piles of leaves, log stacks, woodpiles, and patches of long grass, etc., undisturbed. If you can put out food (kitten biscuits, meat flavour) and water that's great too.



Have you got a new fence?

Have you provided a gap for hedgehogs to get through?

If not, you need one of these: a Hedgehogs R Us Highway Surround. And of course cut a hole in the fence or gate!

Please contact me if you would like one - they cost only a few pounds

If you would like to see a real live hedgehog, please consider visiting the Northwich Hedgehog Rescue stall at Blakemere Village on 17th November. Helen is holding a fundraiser event - lots of hedgehog-themed Christmas goodies to purchase including lovely cards. Victor the blind hedgehog (which Helen brought to her talk to the Gardening Club last year) is certain to be there!

Finally, **thank you** to those residents who are continuing to supply me with their used / unwanted newspapers, instead of putting them in the CWAC recycling bin. I then take them to Northwich Hedgehog Rescue for Helen and her foster carers to use as bedding for the hedgehogs in their little 'hutches'. Please keep them coming, it's a much more useful way of recycling! Thanks for reading, see you soon!

**Ken Blakemore** email: [parkhogs@gmail.com](mailto:parkhogs@gmail.com)

## Start Zumba Classes!



Thursdays @ 7pm to 7.50pm

Fun Fitness Dance for All

All levels welcome

Pay-as-you-go £5

For Information contact

[zumba@delamerepark.co.uk](mailto:zumba@delamerepark.co.uk)

## Iyengar Yoga



The Iyengar Yoga class is held each Tuesday 11-12.30. Access to Park Room 10.45 am. We are a friendly welcoming group if you fancy coming to give Iyengar yoga a try. The class is suitable for beginners as well as more experienced students.

Contact me for further information

Qualified teacher:

**Susan Rennie on 01755 442215**

or email: [yoga@delamerepark.co.uk](mailto:yoga@delamerepark.co.uk)

## Water Aerobics



We are continuing to get on average 6/8 folk each week which has been good considering it's holiday time. If you would like to join us you will be made most welcome. For more details contact:

**Sue: 07909694367 or Liz: 07864786568**

## Mah Jongg



If you would like to play a game with a difference, please come and join us on the second and fourth Thursday of each month at 1.30pm in the bar area.

We play with tiles not cards. Or, if you prefer just come and watch!

**Contact: Pam 889665**

## Delamere Park Clubs

### Socialising and Leisure

- Coffee Mornings
- Folk Club
- Film Nights
- Gardening Club
- Ladies' Club
- Mah Jongg
- PALs
- Singers
- Social - Plot Draw
- Social - Quiz Night
- Twinkletoes
- Whist

### Health, Fitness and Wellbeing

- Children's Swimming Lessons
- Exercise Class - Pure Stretch
- Exercise Class - Keep Fit
- Squash - Men's Team
- Squash - Ladies' Team
- Squash - Junior Coaching
- Table Tennis
- Water Aerobics
- Yoga
- Zumba

Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Winter) the deadline is Friday 15 November 2024 Please contact Ella or Elizabeth via email to: [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk)