



FAMILY CAROL SERVICE



This annual event will be held in the Park Room, **Wednesday 13th December** at 7:30pm. This year, however, it will be different. There will be the usual favourite Carols, interspersed with a shortened performance of "A Christmas Carol".

Wine, soft drinks and mince pies will be served afterwards. There will be an opportunity to make a donation for the wine and any excess from the collection will be donated to St Luke's Hospice.

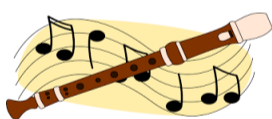
Santa's Visit to Delamere Park

Ho! Ho! Ho!



Santa Claus is coming to Delamere Park on **Wednesday 6th December from 6:00 pm** with Delamere Forest 41 Club who will be collecting for the local charities - St Luke's Hospice and The Joshua Tree. Please make a note in your diaries so the children, and you, can meet Santa.

FOLK CLUB



Open to all DP Residents and their Guests. We have a zero tolerance for money; it costs nothing to get in - and nothing to get out! If you play an instrument, sing, are a raconteur or poet, or have some other performing art to share then here's an opportunity. And if you are learning to play guitar or whatever there's an opportunity to meet others further along the learning curve who will be pleased to help.

If you just prefer being part of the audience that's no problem. Just come along to the Park Room at 7.30pm on any first or third Monday. Further information from:

Dave: 07789 973555

Coffee Mornings

We are now seeing 40-50 attendees regularly at our Coffee Mornings, held from 10:30 to 12:00 on the 1st Thursday of each month and also on the 3rd Monday (from October to March). Come along early to the Clubhouse for a seat and enjoy a chat.

Future dates are :

December 7th (Thu) and 18th (Mon)

January 4th (Thu) and 15th (Mon)

February 1st (Thu) and 19th (Mon)

Maria and Paul (889728)



Park dates for your diary ...



- 2nd December (Sat) ~ Musical Evening (Ukulele Uff Trio)
- 3rd December (Sun) ~ Film Night (Royal Ballet-Swan Lake)
- 6th December (Wed) ~ Santa's visit to the Park
- 13th December (Wed) ~ Family Carol Service
- 16th December (Sat) ~ Karaoke Night in the Bar
- 31st December (Sun) ~ New Year's Eve
- 18th January (Thu) ~ Film Night
- 4th February (Sun) ~ The Big Breakfast
- 10th February (Sat) ~ Theatre Performance - Jekyll & Hyde (Don't Go Into The Cellar Theatre Company)
- 15th February (Thu) ~ Film Night

More details of events will be available nearer the date via email or will be displayed on the Clubhouse notice board, all tickets available from Reception



Events Group



Over the last few weeks the Events Group have put on a Sunday Lunch, a Big Breakfast and Hot Dogs on Bonfire Night. You may not realise it but we do all of our own catering, preparation and serving!

Our monthly Film Nights continue. We have screened 37 of these since we introduced them in October 2019.

Most recently, we have also hosted a very enjoyable Quiz Night where the winning team received a £100 cash prize. Although these events can be hectic, if the end results are smiley happy customers, then they are always worth it.

Our programme of planned events for the next 3 months are included in the list of dates for your diary section above with regular monthly Film Nights, a Big Breakfast and a theatre performance of Jekyll & Hyde by the Don't Go Into The Cellar Theatre Company.

We are also planning to host a Race Night, details yet to be confirmed.

At a recent event we were asked which charity we donated the events proceeds to. The answer is we do not donate any funds to charities. All of the money we raise is ultimately for the benefit of the residents of the Park. Last year we donated a large sum towards the new chairs in the Park Room which were purchased by DPML.

Currently there are various projects under consideration for improvements around the Park and we are waiting to see the outcome before making our next donation.

As always, we would like to thank everyone who has attended an event for their support.

If you have any ideas for future events please let us know, by contacting: events@delamerepark.co.uk We hope to see you soon.



Festive Bar Opening Hours



DAY	DATE	HOURS	ACTIVITY
Tuesday	19 December '23	Normal Hours	Plot Draw
Wednesday	20	Normal Hours	Quiz Night
Thursday	21	Normal Hours	
Friday	22	Normal Hours	
Saturday	23	Noon - 23:00	
Sunday	24 Christmas Eve	Noon - Midnight	
Monday	25 Christmas Day	Noon - 16:00	
Tuesday	26 Boxing Day	Noon - 23:00	No Plot
Wednesday	27	18:00 - 23:00	No Quiz
Thursday	28	18:00 - 23:00	
Friday	29	17:00 - 23:00	
Saturday	30	Noon - 23:00	
Sunday	31 New Year's Eve	Noon - 01:00	NYE Party
Monday	1 New Year's Day	Noon - 23:00	
Tuesday	2 January '24	Return to Normal	Plot Draw

Bar Entertainments Group

The new Bar Entertainment Group is up and running, and are hosting their first event on **Saturday 2nd December** from 7.30pm. The event is a musical evening with 'The Ukulele Uff Trio', tickets are available from Reception priced at £10.

For more information, please see their website, www.ukuleleufftrio.co.uk or the posters in the club.

There will be beef baps for sale over the bar @£3, please pre order when buying tickets.

We hope to be able to present other interesting and entertaining events fairly regularly in the future. Any ideas or comments, please contact us via Reception.

Bar Event

Karaoke Night

Saturday 16th December

Featuring Simon Dutton on the Decks

8pm - late in the Clubhouse Bar

Free to Attend

Come sing, dance & have a great time!

Sahara Trek in aid of St. Luke's Hospice



Phil Hallman has recently completed his 'Trek the Sahara' to raise money for St. Luke's Hospice.

He would like to thank the many people on the Park who supported him in this fundraising.

Phil is delighted to report that the total raised by the whole trek team amounted to £43,000.

Thanks once again for all your support.

Bonfire Night Thanks

Many thanks to everyone involved in organising another successful Bonfire Night, once again the fireworks were spectacular.

Special thanks go to:

- The Gardeners
- The Bonfire team
- The Firework team
- The Bucket Collectors
- The Community Groups for donating raffle prizes



Thank you also to everyone who contributed to the bucket collection and bought raffle tickets, we are pleased to report that the total sum raised on the night was **£1695** (bucket collection £1439, raffle £256) which will be put towards the cost of next year's fireworks.

Park Pals

We were treated to another visit to Norley Bank Farm to see the gardens in their September glory. There was a dazzling display of dahlias apart from the old favourites which merged together in a mosaic of colour. The afternoon was rounded off with tea and cakes in the orchard.



Our October meeting posed a challenge for members, who were asked to bring a £5 charity shop find and talk about it. This produced all sorts of things, such as skeleton marionettes, a leather wallet, a dainty dish. The winner was undoubtedly a realistic blue dragon with flashing red eyes who stalked across the table roaring at all and sundry.

At the end of the month twenty-one of us went to 'The Legs of Man' restaurant at Arclid and had a good old fashioned Sunday lunch rounded off by a dessert trolley with puddings to die for. Definitely one to be repeated.

Members organised our traditional autumn lunch in November which we held in the Clubhouse. We are also making plans for a Christmas Party which will be a little different this year.

On your own? Come and join us. Ring **Christine 301699 or Pam on 889665.**

Zumba



Come and join a fun, fitness dance class in the Park Room with Rachel and Kathryn.

Just turn up in comfy clothes and trainers, Thursdays 7pm-8pm (except Film Nights).

Suitable for all fitness levels. Pay as you go £5. For more information,

Email: zumba@delamerepark.co.uk

Fitness & Wellbeing



FITNESS 4 ALL: Tuesdays at 9.15 a.m.

PURE STRETCH: Thursdays 9.30 a.m.

All classes are held in the Park Room with our professional, qualified instructor EMMA WILSON.

You will need to book a class in advance, for more information,

email: fitness@delamerepark.co.uk

or contact:

Carolyn Beamson - 07590 269 132

Fitness & Wellbeing Community Group Rep.

Greetings from the Ladies' Club:



*Our Party Night **11th December** has been very well supported with the new format of a sumptuous buffet and an amusing after dinner speaker.*

In **January (8th)** we have a visit from John Edwards who will talk about the N. West Air Ambulance Service. The service doesn't receive any funding from either the NHS or the government, it is run totally on charitable donations, operating 24/7 to provide emergency cover in many life threatening situations. How do they do it? John will explain how it all works, he will take us through some of the incidents encountered by the Service, he will explain about the people and teams involved and how they make it all happen.

February 12th is our AGM. An informal occasion, come and enjoy a glass of wine and a chat. Look back over the past year's activities and look forward to the full programme of talks and events that are organised for us to enjoy together in 2024.

March 11th, Carol Pettinger Harte, a local Norley resident walked The West Highland Way, 96 miles walking alone between North Glasgow and Fort William in the Highlands. What an adventure, she is going to tell us the story of her walk, the people she met and the problems she encountered; bringing with her some wonderful photographs of the magnificent scenery for us all to enjoy.

Theatre Visit – We are planning a trip to Theatre Clwyd in April to see "Oh What a Lovely War". It's a musical revue which takes a satirical look at the antics of the First World War, something along the lines of "The Black Adder" series, irreverent and funny but with a serious underlying message. If there is enough interest it is likely to be Friday April 26th.

For more information contact: **Pat Pilgrim - 07967 674271**

or email: ladies@delamerepark.co.uk

Park Hedgehogs

2023 has been a difficult year for hedgehogs. Numbers on the Park seem to have declined, and I haven't seen one in my garden for over three months.

Helen Gill, who runs the Northwich Hedgehog Rescue, told me recently this problem is quite widespread locally, due mainly to the very hot and dry spells of weather we've had this year.

At these times hedgehogs struggle to find enough food because the invertebrates on which they feed are in short supply, and sources of vitally important drinking water have dried up. If you have seen hedgehogs, or like me your 'hogs have disappeared, I'd like to know about it so I can monitor the situation on the whole of Delamere Park.

Please send me an email to: parkhogs@gmail.com

At this time of year, hedgehogs that have survived will be preparing for hibernation. They will choose a place to hibernate very carefully: under log piles, in leaves under a shrub or hedge, in compost heaps, under your shed, or in your hedgehog house. Somewhere that's dark and hidden with a cold, stable temperature. Normally they will remain there until next spring. However, hibernation is not always a continuous process. In milder periods 'hogs may stir and come out of their hibernacle looking for food - but there won't be much natural food about.

This is where we can all help, and hopefully ensure more 'hogs on the Park in 2024!

- Keep an eye out for them during this coming winter.
- Put out small amounts of food regularly – a bowl of kitten biscuits (rabbit or poultry flavour) will be very well received. Don't forget a shallow dish of water too.
- If you are gardening take care in case you come across one hibernating

DO NOT DISTURB!



Finally, **thank you** to all those residents who are continuing to bring me their used/unwanted newspapers, instead of putting them in the CWAC recycling bin. I then take them to Northwich Hedgehog Rescue for Helen to use as bedding for the hedgehogs in their little 'hutches'. Please keep them coming, it's a much more useful way of recycling! Alternatively, I or my wife Liz may be able to collect – just send a text message to: 07534 850055. Thanks for reading. That's it for now, I'm off to hibernate! **Ken Blakemore**



The children and staff at Squirrels Pre-School have been very busy over the last couple of months enjoying our amazing setting. We have welcomed a new Manager, Vicky and Deputy Manager, Becky who have brought fresh ideas to the Pre-School.

This term the children are following the topic of Traditional Tales!

Last week the children discovered that the Gingerbread Man had run away with the story and the recipe for Gingerbread as no gingerbread is allowed to be as tasty as him! The children are on the search for him, we've ran and ran but we can't catch him, he's the Gingerbread Man! He was most recently spotted in London stuck in a glass frozen by the Ice Queen! If anyone on Delamere Park spots that cheeky Gingerbread man please send the children an email, letter, or postcard to let us know his location!

You Can't Catch Me!



Some events the children have been celebrating this term:

World Nursery Rhyme Week

Remembrance Day

Diwali

The children will of course be taking part in lots of festive activities throughout the whole of December, which are yet to be announced!

What we do at Squirrels each week:

Biddi Dance every Tuesday Morning

Mini Dribblers Football every Wednesday Morning

As well as lots of outstanding activities created by our team of Early Years Practitioners!

And of course, throughout the whole of December we will be hosting lots of different festive events for our children, parents, and staff to enjoy!

If you would like any more information on Squirrels Pre-School (or to disclose a Gingerbread Man sighting), please don't hesitate to contact Vicky via email squirrelspre-school@delamerepark.co.uk or call on 01606 888782.

Gardening Club

Our AGM / Christmas Party is on **Monday 18th December.**

The tickets are the same as last year, £6 for members and £8 for invited guests to start at 7.30 prompt.

Next year we start our new year on the **22nd January** with a talk by Alice Taylor on: 'Growing Seasonal Cut Flowers throughout the year'.

Graeme our Treasurer will be taking membership fees set at £10, new members are most welcome as we look forward to an interesting and varied programme ahead.

We usually meet on the 4th Monday in the month.

Mike McNeal

For more information,

email: garden@delamerepark.co.uk



Twinkletoes

Twinkletoes is a free community group for the under 5s and their parents / grandparents / carers.

We meet between 9.30am and 10.30am every Monday at Squirrels (The Lodge) for a play and a chat. We'd love to see you there. If you have any questions or are considering coming along, you can contact:

Laura Ireland on 07712108438

Mah Jongg



If you fancy an enjoyable afternoon with good company playing an unusual game with tiles not cards, look no further. Come along to Mah Jongg. Also during December we will hold our usual game together with a Christmas lunch with wine - what could be better!

We meet the second and fourth Thursday in the month at 1.30pm in the Bar area.

Interested? Ring: **Pam - 01606 889665**

Water Aerobics



We are getting in shape for Christmas with our weekly fun Water Aerobics session, 10.30 - 11.30 every Wednesday morning.

We have been averaging 6/8 members at each session and have recently had some new faces which is good.

If you have a spare hour on a Wednesday morning do come and join us. You will be made most welcome.

For more information, please contact, **Liz: 07864786568 or Sue: 07909694367**

Iyengar Yoga

The yoga class will finish for the Christmas holiday on 5th December. We start again in the new year on,

Tuesday 9th January 11 am – 12:30pm

New members and beginners most welcome. For more information

email: yoga@delamerepark.co.uk



Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Spring) the deadline is Friday 9th February 2024

Please contact Ella or Elizabeth via email to: news@delamerepark.co.uk

