

## Trustee News

### Happy New Year

Happy New Year from all the trustees to all Newsletter readers and we would like to thank all the staff who worked over the Christmas period.

We would also like to welcome John Muir as a new trustee and this means we are now at full compliment. I am sure John will be a great help to the Trustee team.

### Swimming Pool

2015 did not start off as we would have wished, with a number of separate but cumulative problems affecting the pool heating system and shower extract systems. These were immediately addressed with various contractors involved in obtaining spares and undertaking replacement works. The pool is now up and running with temperatures back to the optimum 27–29c range. We would like to express our thanks to all pool users for their patience and understanding during this time.

### DP Website

We have updated the DP Website. As a result all those residents who have previously registered their email address should have received the following email.

*The Delamere Park Website has been upgraded using the latest software making it easier to maintain. To the naked eye it will look pretty much the same although the font style is different. As a result of this upgrade you will need to re-register your email address in order to continue to receive electronic communications.*



*We will continue to manage the lists of addresses we have until all residents have moved over so you won't loose out. However we would ask that you do this asap in order that the admin involved is kept to a minimum. Please use this link <http://www.delamerepark.co.uk/parktalk/newsletter-registration/> to register your email address. Any questions then please reply to this email.*

Thank you to all those residents who have registered their email address. Currently we have a significant number of residents who have completed part 1 of the process (entering their name and email address) but have not completed the second part of the process which is to reply to an email asking them to confirm.

The confirmation request will have been sent from **news@delamerepark.co.uk**. To ensure that this email reaches you please ensure that this address is in your Safe Senders List. If you do not reply to this email then your email address will not be registered and therefore you will not receive any future electronic communications. **The deadline for registering is February 28 after that time the list of email addresses will be derived from the new website so please ensure you complete the process.**

If you have any questions on the above then please send an email to Andrew Long at **news@delamerepark.co.uk**

### Newsletter Editor

Andrew Long, who has been producing this Newsletter for many years, feels it is time to recruit a volunteer replacement who can take a fresh look at the content and take it forward to a bright new future!

If you are interested or require more information then please email him at **news@delamerepark.co.uk** or call him on 888432.



# Trustee News

## Notice to Plot Holders — Property Changes

Further to the item in the last Newsletter another issue with regard to property changes has come to light. A 'Chimney Epidemic' appears to be breaking out on the Park particularly in single story extensions which results in very visible chimneys some 3/4 meters high.

Can we please remind residents (again) of the covenant agreement contained within their property deeds, and that if they are considering **ANY** changes to their property or plot, they need to advise the Trustees of their proposals and seek approval. The Trustees hold responsibility for the managed development of the estate and must give their permission before work can proceed this includes such installations that might give cause to a visual intrusion to adjacent properties to ensure they are in keeping with the general style of the property. Your co-operation is appreciated.

## Broadband

At last Internet Super Fast Broadband is here on the Park, or so they say. Concerns about the quality and speed from residents seem to contradict this. If you have any issues with your internet service please could you raise these with your provider so that all complaints are logged.

## Clubhouse Roof

The Estates team are aware of ongoing problems with the Clubhouse roof, and as the inevitable leaks occur, will endeavour to have localised repairs undertaken. However, as many residents will appreciate from their own experiences, when you find that pool of water on the floor, or the damp patch on the ceiling, it's not always obvious how or where the rainwater is getting in !

To that end we have commissioned a report on the Clubhouse roof and will be discussing with the Surveyor the best methods of addressing the current roofing problems.

## Bar Manager

The permanent post of Bar Manager is currently being advertised and the Trustees expect to finalise a short listing for interview during February. In the interim, Kris Landells will continue to act in this role, and together with the existing bar team, support all bar activities and events over the coming weeks until the appointment is made.

## Christmas Dinner and Dance

The Christmas Dinner and Dance was a huge success and more tickets could have been sold if space was available. Sadly the evening did not run as smoothly as planned as the caterers had a staffing crisis due to sickness. Help was on hand though and we would like to thank all DPML staff who mucked in and became "waiters" for the night.

Due to the success of this event, we will be looking into the possibility of increasing the tables for this year's party or maybe even putting on two evening events.



## Children's Christmas Party

The Children's Christmas party was a huge success and 57 children got to meet Father Christmas. Thank you to all the helpers and volunteers who helped make this event a huge success and we hope to be able to repeat it in 2015 with enough support.

If anyone would like to get involved with the organization please contact Reception.

## Bar News

### Bar Events

As we enter 2015 we are intending to host more bar entertainment than last year and to start the ball rolling we now have the following events planned:

**Karaoke Night - Saturday February 14** Its time to get those vocal chords in training once again for our Karaoke Night in the Clubhouse Bar from 8:15pm. What an ideal way to enjoy a Valentine's Day if you have a 'LOVE' for singing! We are pleased to secure the professional services of Music Mix Entertainments for the evening, with the Karaoke run by Geoff Owen (a professional singer from the 60s and 70s genre) so please come along and join in the fun.

**Sunday Carvery (Mother's Day) - Sunday March 15** We are delighted to announce that Gary Wiffin, who has extensive experience as a Head Chef in Country Inns around Cheshire, has agreed to return to the Park and serve his Sunday Carvery on this special day. Gary pioneered the Sunday Carvery when it was first introduced on the Park in 2011 and we are going to revert to the same format, taking table reservations in both the Lounge and Park Room, with waitress service for optional starter or dessert courses and a choice of sittings from 12 noon through to 4:00pm.

The Carvery will offer a choice of 3 meats, together with roast potatoes, new potatoes and a selection of vegetables, Yorkshire puddings, stuffing and gravy. A vegetarian option and children's menu will also be available.

A further announcement will be made in February stating when bookings can be taken and this will appear on notice boards in the Bar and Clubhouse and circulated to Residents on the Delamere Park emailing list. Gary's Carvery has proved to be very popular in the past, so as seating is limited, we recommend you book your table reservations early, so as to avoid disappointment.

### Plot Draw - Every Tuesday

Every Tuesday night there is a Plot Draw in the Bar. If your Plot Number is drawn out of the hat and you are in the Bar at that time, you win a cash sum. If it is not won the cash sum increases the following week by £25. At the time of going to print the Plot Draw currently stands at £350 but you have to be in it ... (the Bar that is) ... to win it!

### Quiz Night - Every Wednesday

Every Wednesday night is Quiz Night, which is held in the Lounge. The Quiz (including a picture round) starts at 8:30pm, so come along enjoy the challenge and see if you can win a prize.

## General News

### Delamere Park Pals

If you live alone on Delamere Park and would like to join a group for friendship, outings etc, then this is for you. We have over twenty members, men and women. At our meeting on January 29, we hopefully will have arranged a schedule for the coming year, and this will be in the next Newsletter, and on the Clubhouse notice board.

We usually get together on the last Thursday of each month, at 7 p.m. in the Clubhouse or at a member's home. In the meantime, if you would like more information, please contact Pam (889665), Christine (301699) or Barbara (882533).

### Youth Club

The Youth Club restarted on January 9 and will run on Friday evenings from 7.30 till 9.00pm. All young people and their friends from 9 – 15 years are very welcome (entry fee of £1). The Youth Club is now being held in the Lodge.

In the Winter term we had a wide variety of activities including Scavenger hunts, Pizza making nights, Quiz night, Self Defence night, Hexaflexagons, Halloween Horrors etc. In the last year the Youth Club has built up a lovely group of young people, so please come along and keep the enthusiasm for this club going.

This term we have planned a very varied list of events as shown in the insert. We look forward to seeing you all and having loads of fun.

Finally, we are always looking for more help, so if there are any parents who would like to assist at the Youth Club on a Friday night (only a few nights each term!) please get in touch ([youthclub@delamerepark.co.uk](mailto:youthclub@delamerepark.co.uk) or talk to us on a Friday evening). We welcome any help and also any donations. So if your 'older' young people are heading off to college or university this year feel free to bring us the games, DVDs, etc. they no longer use!

## General News

### **Concert Outings**

We had an enjoyable trip on Wednesday December 10 to the Liverpool Philharmonic Hall. Our next trip is on Saturday February 14 a Valentine's Day Concert, naturally! This is now fully booked, but there are a couple of places still available for our trip on Thursday April 16 , "Pictures from an Exhibition". Please contact Paul or Maria (889728) if you would like further details or to be added to our list for information about future trips.

### **Community Groups Coffee Mornings**

Thanks to Mah Jongg and the Sports Association for hosting the December and January Coffee Mornings. We had a very good attendance for both, and would always welcome new attendees. The following Groups have kindly agreed to host our next Coffee Mornings :

Thursday February 5 – Gardening Club      Thursday March 5 – Water Aerobics      Thursday April 2 – Ladies' Club

In addition, during the winter months of October to March, we meet on the 3<sup>rd</sup> Monday of the month :

Monday February 16                          Monday March 16

Do come and join us from 10.30 to 12.00 noon, either for a few minutes or for the whole hour and a half. For further information, ring Maria on 889728.

### **Father Christmas Float**

Delamere Forest 41 Club wish to thank D.P. Residents' for their terrific support with their Christmas collection. Raising a massive £586. Together from visits to Acton Bridge and Norley the final total just exceeds £1,500 to be divided between St. Luke's Hospice and the Joshua Tree.

## Village News

### **Round Tower Rebuild**

Preparation work is continuing at the contractors Grosvenor Construction. Work on site is expected to commence in March and traffic management proposals to cover the period of the rebuild will be submitted to the Parish Council shortly.

### **Village Plan – Update**

If you are interested in village issues such as traffic, the environment, community and social issues or matters relating to our young people then perhaps you could commit just a few hours to examining the proposals as they are drafted. If you are interested then please contact us using one of the following means. Email: [cands.village.plan@gmail.com](mailto:cands.village.plan@gmail.com), Twitter: @CandSPlan or call 01606 888015/07979 802465.

You can view some of the key VP information on the village website: <http://www.cuddingtonandsandiway.co.uk/page11.html>

### **Cuddington and Sandiway Gala Day**

The Gala day this year is on June 13. Selections for our 2015 Community Queen, Princess, Prince and Retinue will take place on Sunday April 26 at the Village Hall, Norley Road at 1.30pm registration for 2.00pm start. Smart day wear to be worn £1 fee for children entering the selection. Entrants must be 12 or under, live in the village or attend one of our schools and must be available for the Parade and Crowning ceremony on Gala Day Further information from Jan on 01606 301579.

### **Eden Grange Housing Estate**

The Parish Council has been made aware that a route onto the Eden Grange site from Cuddington Lane which was being used by construction vehicles has now been re-surfaced and has the appearance of a proper road. CWAC's planning department will be asked to clarify the situation as it was understood that there would not be a public entrance here.

# Community Groups

## Mah Jongg

Welcome to the Mah Jongg New Year, that brings a new card crammed full of auspicious tile sequences. Collect the 14 tiles below for maximum points.

### FF 2015 NEWS 2015

You will be most welcome to meet us in the lounge bar on the 2<sup>nd</sup> and or the last Thursday of the month at 1.30pm to enjoy the game with friends and be refreshed with a cup of Tea or Coffee.

No previous experience needed and personal guidance is given. Phone 889410 or e-mail [mahjongg@delamerepark.co.uk](mailto:mahjongg@delamerepark.co.uk) to book a game or just turn up on the day to watch and learn the fun of the game.

Forthcoming meetings are Thursday Feb 12 and 26, March 12 and 26, April 9 and 30. Looking forward to seeing you.

## Bridge Club

We have seen a small but welcome increase in numbers, and would certainly welcome more players. We play Rubber Bridge (having never had enough members to play Duplicate!). There are no membership or attendance fees. If you could swell our numbers, please contact Paul Rogers on 889728, or just turn up at one of our meetings.

We meet on Monday evenings at 7.00 p.m. in the Park Room (when available), or in the Lodge.

## Gardening Club

Hello all

Isn't it cold said the snowdrops! Yes but it's time to show our little heads and give our showy white carpet once again.



Soon it will be our turn said the daffodils. Indoors we have our amaryllis and forced hyacinths. Then Spring has arrived and its full steam ahead for another gardening year.

Our seeds from the Suttons order will be arriving soon so we can begin to plan the planting months and as soon as the gardens warm up we can prepare our soil.

At gardening club we will have had our first meeting in January. Its time to enrol for another year of meetings @ £8 per member its great value with the discounts for seeds, plants, and from the various local garden centres. You will soon get your money back and get to some interesting meetings also with guest speakers and our Summer and Christmas parties.

**Give it a try we will be very pleased to have new members 8:00pm on the 4th Monday of the month.**

Our guest speakers for the next few months are:

### **February 23**

Water Features for the garden. Speaker - Richard Lewis

### **March 23**

The Island flowers of Canaries, Corsica. Speaker - Dr G Wynne

Hope to see you at one of our meetings

**For further information call Mike McNeal on 882754 or email [mikelin@mmcneal.fsnet.co.uk](mailto:mikelin@mmcneal.fsnet.co.uk).**

## Rummikub

The Rummikub group continues to meet each Friday in the Clubhouse Bar at 2.00p.m. If you already play, or would like to learn, do come along. There is no charge and sets are available. It would be great to see you!

Contact Pat (888667/07787543488) for further information.

# Community Groups

## Ladies Club

A Happy New Year to you all. The lighter nights are on their way and Christmas is a distant memory, but just to update you, our December meeting was a very enjoyable party, starting the evening off with a glass of mulled wine followed by a luxury buffet including a fantastic selection of homemade desserts. Entertainment for the night was provided by talented singer Kurt Davies who sang a wonderful variety of songs and to round off the evening, everyone took to the floor to dance the night away and hopefully work off some of those calories.

In January our speaker Karen Corcoran told of her fascinating career of nearly 30 years with the Greater Manchester Police Force and how at the age of 20 she became the first mounted policewoman outside of the London Metropolitan area.

Karen had loved horses from a very early age and always knew that she wanted to work with them. After taking her 'O' levels, by chance she saw a poster at school offering a two day visit to the Manchester and Salford Police, having noted that the second day was a visit to the police stables. By the end of her visit she had applied to join the Police cadets and so her career journey began.

The mid 70's was a time of equality in the work place for women which no doubt led to an opportunity arising for her to be the first woman to join the 'horse division'. This was the start of what was to be a long and rewarding career as a mounted police-woman with the Greater Manchester Police force. She recalled that the highlight of her career had to be in 2002 when she was asked to take part in the Horse Pageant at Windsor Castle to celebrate the Queen's Golden Jubilee along with horse riders from all walks of life. How kind fate was to Karen to enable her to have such a fulfilling career, which all came about having spotted a poster displayed on the school wall.

We meet on the second Monday of each month at 8pm in the Park Room and our programme for the next 3 months is as follows:

Feb 9	2015 AGM ( <i>members only</i> )
Mar 9	The Origin of Nursery Rhymes ~ Jean Finney
Apr 13	Spring Flower Arrangements ~ Black Cat Floral Design

March is enrolment night and the start of a new 12 month programme so why not come and join our group, you will be most welcome.

If you would like further information please contact Janet Wilkinson on 889305 or email:  
[ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk)

## Squirrels Pre School Nursery

**Calling all parents and grandparents!  
Did you know Squirrels was established over 35 years ago!**

Dedicated care and excellent education in a fun, happy and safe environment. Squirrels is a small Ofsted inspected Pre-School offering places to children from 2 to school age during term time.

If you would like more information please pop in or call Della or Romany on 01606 888782 or email [squirrels@delamerepark.co.uk](mailto:squirrels@delamerepark.co.uk)



## 39/45 Club

The December meeting was held on December 18, in the Park Room when 24 members sat down to a Hot Pot Supper, (catering by Mid Cheshire Catering), followed by a raffle and general natter. The 2015 meetings started on January 21 held in the Squirrels our normal venue. The speaker at our first meeting was Stephen Shakeshaft, a Chester City Guide. He last visited us 2 years ago with a talk and slides. This time his talk was entitled 'Chester Uncovered'.

Arrangements are in hand for our Annual Dinner/Dance at Sandiway Golf Club on Friday February 6 and details will be available at a later date.

For more information email [3945@delamerepark.co.uk](mailto:3945@delamerepark.co.uk) or contact Reception.

# Community Groups

## Whist Drive

Whist Drives are light hearted and are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome. Don't forget that to join you don't have to be a twosome, singletons are very welcome.

**Dates for the coming months are:** February 7, March 14 and April 11

**Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362**

Whist is an easy game to play and we like to think of it as an adult social evening rather than anything too serious. We are a friendly bunch.

If you are interested and would like more information feel free to contact either **John or Helen on 01606 888362**.



## Delamere Park Singers

December was a very busy month for us with 5 concerts taking place. All of them were very much enjoyed by singers and participants alike. Dunham Massey and Tatton Park were particularly memorable but so too was the enjoyment on the faces of the residents at Redwalls and Gleavewood. Our fifth concert was, of course, the Delamere Park Carol Service. This again was a lovely evening, our thanks to all those who attended and to Derek Lawrenson for his help.



We now look forward to 2015 and to singing many more lovely songs from the shows, hymns, folk songs and a little bit of classical.

All our concerts are voluntary and monies raised go to the Huntingdon's Disease Association, to date we have raised about £625.00.

If you feel you would enjoy singing, do please come along and give us a try. We meet every Wednesday morning at 10.30am – 11.30am in the Park Room. If you know anyone who might like to come and sing, do give them my name and number Barbara Smith on 888844.

## Homewatch

### Fraud/Cyber Crimes

For a full list of typical fraud or cyber crimes that you may encounter please call 0300 123 2040 or go to [www.actionfraud.police.uk](http://www.actionfraud.police.uk). These are also the contacts to report if you have been a victim of such crimes.

### Cold Callers

Note down descriptions of suspicious cold callers and their vehicles and call the police on 101 if you are concerned they are targeting a vulnerable neighbour. If you see a cold caller enter a vulnerable resident's home, and they are still present, and you feel concerned – Report it to the police on 999.



### Contact Numbers

To report a scam please contact [www.actionfraud.police.uk](http://www.actionfraud.police.uk) or call **0300 123 2040**

To report serious incidents such as where a persons safety may be endangered call **999**

To report a crime call **101** this is handled by the Cheshire Police call centre which is open 24 hours a day

To report a crime anonymously call Crimestoppers on **0800 555 111**

To report non urgent matters call the Community Action Team on **0845 458 6393**

To report Rogue Traders to consumer direct, to report a problem/advice **08454 040506**

To contact your local police station at Frodsham call **01244 612545**

To contact your local Homewatch co-ordinator David Bowker at [homewatch@delamerepark.co.uk](mailto:homewatch@delamerepark.co.uk)

To contact your local PCSO email [ryan.reid21364@cheshire.pnn.police.uk](mailto:ryan.reid21364@cheshire.pnn.police.uk)

# Sports Clubs

## Exercise Classes

### Pure Stretch

This is a new class which has the following aims:

- To releases muscular tension
- To develop core strength
- To reduces mental and physical fatigue
- To be suitable for everyone
- Easy to follow
- Sociable and light hearted



Classes take place on Mondays at 09:30. For more details contact Emma on 07971 596529.

### Circuits

Monday evening Circuits 6.00pm till 7.00pm – trainer Fiona Hayes  
 Thursday evening Circuits 6.00pm till 7.00pm – trainer Emma Dart

For more information contact Jeff Prest at [jeffsandra@btinternet.com](mailto:jeffsandra@btinternet.com) or call 01606 888674.



### Water Aerobics

Anyone new to the group will be most welcome, bring a pair of cotton trainer socks as sometimes the bottom of the pool can be quite slippery. Cost is £2 per person per session all of which is donated to St Lukes Hospice, Winsford. This month we have donated a further £133 to St. Lukes giving a Grand Total since January 2008 of £6,593.

For further details of the classes please contact Reception or email [water@delamerepark.co.uk](mailto:water@delamerepark.co.uk)



### Ju Jitsu

If you are interested in starting JuJitsu, the club run a kids and adults class every Wednesday in the Clubhouse. Juniors 7-16yrs (7-8:30pm), Seniors 16+ (8:30-9:45pm), all levels of fitness welcome and no previous experience is required. Find out more at [www.bsmaa.co.uk](http://www.bsmaa.co.uk)

For further information please see the Notice Board in the Clubhouse or email:  
[jujitsu@delamerepark.co.uk](mailto:jujitsu@delamerepark.co.uk)



# Services

## Reception

The following services will only be available during Reception hours, which operate from 15:00 to 22:00 Monday to Friday and from 10:00 to 22:00 Saturday and Sunday:

- Photocopying and Fax
- Rock Salt Sales
- Logs/Wood Chip and Leaf Mold (None available for the foreseeable future)
- Park Room Bookings
- Sweet and Drink Sales
- Event Ticket Sales
- Tennis and Squash Bookings
- Requests For meetings with the Facilities Manager
- Other General Enquiries

All enquiries regarding the above or any other non-urgent telephone calls should be made to **01606 889263** and a message left. Messages will be picked up after 15:00. For **URGENT** requests before 15:00, staff will normally still be available to help or you can call **01606 212523**. You can also email at: **office@delamerepark.co.uk** or **reception@delamerepark.co.uk**

## Internet Access

The clubhouse enjoys free Wi-Fi. Password is available from Reception.



# Contacts

## Trustees

Carla Brown

Ian Sharp

John Gilbody

Darren Shepherd

John Muir

[trustees@delamerepark.co.uk](mailto:trustees@delamerepark.co.uk)

or

contact Reception

## Estates Manager

Gary J Newberry - [gary@delamerepark.co.uk](mailto:gary@delamerepark.co.uk) or contact Reception

# park dates

Delamere Park community events timetable



February 2015

## Special Events

Saturday 14th	Karaoke Night	20:15				

Regular Meetings and Activities  Community Groups	Normally meet each month on the day(s) shown below  Changes/Cancellations may occur due to Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
39/45	Third Wednesday	19:30	-	-	18	-	-
Band	Every Thursday in the Squirrels	20:00	5	12	19	26	-
Bridge	Every Monday — Lodge 19:00 or Clubhouse 19:15		2	9	16	23	-
Coffee Mornings	First Thursday/Third Monday	10:30	5	-	16	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	23	-
Ladies Club	Second Monday	20:00	-	9	-	-	-
Mah Jongg	Second and Last Thursday	13:30	-	12	-	26	-
Rummikub	Every Friday	14:00	6	13	20	27	-
Singers	Every Wednesday	10:30	4	11	18	25	-
Social — Plot Draw	Every Tuesday	20:30	3	10	17	24	-
Social — Quiz Night	Every Wednesday	20:30	4	11	18	25	-
Whist	Usually first or second Saturday	19:30	-	7	-	-	-
Yoga	Every Tuesday	Term Time Only	13:15	3	10	-	24
Youth Club	Every Friday	19:30	6	13	-	27	-
<b>Sports Clubs</b>							
Adult Swimming	Every Wednesday	20:00	4	11	18	25	-
Children's Swimming Lessons	Every Saturday	Term Time Only	13:30	7	14	21	28
Exercise Classes - Pure Stretch	Every Monday		09:30	2	9	16	23
Exercise Classes - Circuit Training	Every Monday		17:45	2	9	16	23
Exercise Classes - Circuit Training	Every Thursday		18:00	5	12	19	26
Indoor Bowls	Every Tuesday		20:00	3	10	17	24
Ju Jitsu	Every Wednesday		19:00	4	11	18	25
Squash-Mens Team	Every Thursday	) Winter	19:00	5	12	19	26
Squash- Ladies Team	Every Monday	) Only	19:00	2	9	16	23
Squash-Junior Coaching	Every Sunday		16:45	1	8	15	22
Squash-Social	Second Tuesday in the Month		19:00	-	10	-	-
Table Tennis	Every Tuesday		18:00	3	10	17	24
Water Aerobics	Every Wednesday		11:00	4	11	18	25
Water-Aerobics	Every Thursday		20:00	5	12	19	26

# park dates

Delamere Park community events timetable



March 2015

## Special Events

Sunday March 15 (Mothers Day)	Carvery	Noon				

Community Groups	Normally meet each month on the day(s) shown below  Changes/Cancellations may occur due to Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
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Band	Every Thursday in the Squirrels	20:00	5	12	19	26	-
Bridge	Every Monday — Lodge 19:00 or Clubhouse 19:15	2	9	16	23	30	
Coffee Morning	First Thursday/Third Monday	10:30	5	-	16	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	23	-
Ladies Club	Second Monday	20:00	-	9	-	-	-
Mah Jongg	Second and Last Thursday	13:30	-	12	-	26	-
Rummikub	Every Friday	14:00	6	13	20	27	-
Singers	Every Wednesday	10:30	4	11	18	25	-
Social — Plot Draw	Every Tuesday	19:30	3	10	17	24	31
Social — Quiz Night	Every Wednesday	19:30	4	11	18	25	-
Whist	Usually first or second Saturday	19:30	-	14	-	-	-
Yoga	Every Tuesday	Term Time Only	13:15	3	10	17	24
Youth Club	Every Friday		19:30	6	13	20	27
<b>Sports Clubs</b>							
Adult Swimming	Every Wednesday	20:00	4	11	18	25	-
Children's Swimming Lessons	Every Saturday	Term Time Only	13:30	-	7	14	21
Exercise Classes - Pure Stretch	Every Monday		09:30	2	9	16	23
Exercise Classes - Circuit Training	Every Monday		17:45	2	9	16	23
Exercise Classes - Circuit Training	Every Thursday		18:00	5	12	19	26
Indoor Bowls	Every Tuesday		20:00	3	10	17	24
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Squash- Ladies Team	Every Monday	) Only	19:00	2	9	16	23
Squash-Junior Coaching	Every Sunday		19:00	1	8	15	22
Squash-Social	Second Tuesday in the Month		19:00	-	10	-	-
Table Tennis	Every Tuesday		18:00	3	10	17	24
Water Aerobics	Every Wednesday		11:00	4	11	18	25
Water-Aerobics	Every Thursday		20:00	5	12	19	26

# Contacts

## Community Groups and Sports Clubs

If you do not have access to email then contact can be made with the above named via Reception on 889263.

<b>Adult swimming</b> Lynne Shelley <a href="mailto:swim@delamerepark.co.uk">swim@delamerepark.co.uk</a>	<b>Book Club</b> Alan Shaw <a href="mailto:bookclub@delamerepark.co.uk">bookclub@delamerepark.co.uk</a>	
<b>Bridge</b> Paul Rogers <a href="mailto:bridge@delamerepark.co.uk">bridge@delamerepark.co.uk</a>	<b>Cricket</b> <a href="mailto:sport@delamerepark.co.uk">sport@delamerepark.co.uk</a>	<b>Exercise Classes</b> Jeff Prest <a href="mailto:circuits@delamerepark.co.uk">circuits@delamerepark.co.uk</a>
<b>Gardening Club</b> Mike McNeal <a href="mailto:garden@delamerepark.co.uk">garden@delamerepark.co.uk</a>	<b>Homewatch</b> David Bowker <a href="mailto:homewatch@delamerepark.co.uk">homewatch@delamerepark.co.uk</a>	<b>Indoor Bowls</b> <a href="mailto:sport@delamerepark.co.uk">sport@delamerepark.co.uk</a>
<b>Ju Jitsu</b> Jeff Prest <a href="mailto:jujitsu@delamerepark.co.uk">jujitsu@delamerepark.co.uk</a>	<b>Ladies Club</b> Janet Wilkinson <a href="mailto:ladies@delamerepark.co.uk">ladies@delamerepark.co.uk</a>	<b>Mah Jongg</b> Pam Taylor <a href="mailto:mahjongg@delamerepark.co.uk">mahjongg@delamerepark.co.uk</a>
<b>Residents band</b> David Rodliffe <a href="mailto:band@delamerepark.co.uk">band@delamerepark.co.uk</a>	<b>Singers</b> Barbara Smith <a href="mailto:singers@delamerepark.co.uk">singers@delamerepark.co.uk</a>	<b>Squash</b> Chris Hardy <a href="mailto:squash@delamerepark.co.uk">squash@delamerepark.co.uk</a>
<b>Squirrels</b> Hannah Smith <a href="mailto:squirrels@delamerepark.co.uk">squirrels@delamerepark.co.uk</a>	<b>Table Tennis</b> <a href="mailto:sport@delamerepark.co.uk">sport@delamerepark.co.uk</a>	<b>Tennis</b> <a href="mailto:sport@delamerepark.co.uk">sport@delamerepark.co.uk</a>
<b>Water Aerobics</b> Ann Dean <a href="mailto:water@delamerepark.co.uk">water@delamerepark.co.uk</a>	<b>Whist</b> John Pattison <a href="mailto:whist@delamerepark.co.uk">whist@delamerepark.co.uk</a>	<b>Chairman - Community Groups</b> Iris Lyon <a href="mailto:community@delamerepark.co.uk">community@delamerepark.co.uk</a>
<b>Yoga</b> Pam Firth <a href="mailto:yoga@delamerepark.co.uk">yoga@delamerepark.co.uk</a>	<b>Youth Club</b> Charmaine O'Reilly <a href="mailto:youthclub@delamerepark.co.uk">youthclub@delamerepark.co.uk</a>	<b>39/45 Club</b> Stan Mendham <a href="mailto:3945@delamerepark.co.uk">3945@delamerepark.co.uk</a>

**Next Edition of the Newsletter is April 2015**

Deadline for receipt of contributions is March 15 2015

These should be sent to [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk) or left at Reception