

Events Group

In the last few weeks the Events Group have put on a Big Breakfast as well as hosting their first ever live theatrical performance by Don't Go Into The Cellar Theatre Company. Both were successful and enjoyed by all who attended. Our monthly Film Nights also continue.

Our programme for the next 3 months is:

16th March (Sat)	Race Night
21st March (Thu)	Film Night (Oppenheimer)
7th April (Sun)	Big Breakfast
18th April (Thu)	Film Night (tba)
23rd May (Thu)	Film Night (tba)

As always, many thanks to everyone who has attended any event for your kind support., we hope to see you soon.

If you have any ideas for future events please let us know, by contacting: [events@delamerepark.co.uk](mailto:events@delamerepark.co.uk)

Party on the Park

Saturday 15th June

Please join us for a fun afternoon at this year's Party on the Park on Saturday 15th June, pitch your gazebo, bring your picnic and enjoy the festivities.

This year we will commemorate the 80th Anniversary of D Day, the theme for the Children's and Adults' fancy dress will be "Heroes & Heroines", there will also be a prize for the Best Decorated Gazebo.



We hope to have teas in the Park Room and also Community Group stalls on the Green.

If you would like to have a stall, please email : [community@delamerepark.co.uk](mailto:community@delamerepark.co.uk) or leave details at Reception, Fao: Iris Lyon

Coffee Mornings

We are now seeing 40 - 50 attendees regularly at our Coffee Mornings, held from 10:30 to 12:00 on the 1st Thursday of each month.

We offer a warm welcome to any newcomers. If you would prefer a smaller gathering for your first visit, we do also meet on the 3rd Monday, but only from October to March. Do come along for a chat with your neighbours.

Future dates are:

March 7th (Thu) and 18th (Mon)  
April 4th (Thu)  
May 2nd (Thu)  
June 6th (Thu)

Maria and Paul  
(889728)



Mobile Library Visits

The Mobile Library stops at Delamere Park Community Centre, 10:10am – 10:25am

Friday (3 week cycle), future dates are:

March 8th  
April 19th  
May 10th & 31st

(No service on Good Friday 29th March)

Park dates for your diary ...

16th March (Sat)	~	Coffee Morning (in aid of Days for Girls)
16th March (Sat)	~	Race Night
21st March (Thu)	~	Film Night (Oppenheimer)
23rd March (Sat)	~	Jazz Evening - the Kraken
7th April (Sun)	~	The Big Breakfast
18th April (Thu)	~	Film Night
23rd May (Thu)	~	Film Night
9th June (Sun)	~	Afternoon Tea
15th June (Sat)	~	Party on the Park

More details of events will be available nearer the date via email or will be displayed on the Clubhouse notice board, all tickets available from Reception

Modern Technology!



Modern Technology has got me beat  
I'm so mixed up I need to go into a retreat



Codes and Passwords are now part of everyday life  
Recovering them for me just causes me strife



Yes, I do have a little book with them all in  
I refer to that frequently when they ask for my PIN

But somehow things appear to go horribly wrong  
Won't be accepted.....are they too short or too long?



Oh why cannot we now make an order by phone  
Go online they answer and I let out a grown



So again I have to contact my technical friend  
And once more her ears I gratefully bend



She is so patient and puts me right  
But I know it will happen again, try as I might



I now have to make an appointment for my nails on line  
Yes, yet another mountain I'm needing to climb



So if you see my number flash up on your phone  
Don't answer, pretend you are out shopping away from home.



"The Park Bard"

Charity Coffee Morning

Come and support the Days For Girls Charity at a Spring Coffee Morning.

You will be helping girls around the world to attend school and not miss 5 days each month when they have their period

Saturday March 16th 2024 between 10.30 and 12.30

\* PLANT STALL \* RAFFLE \* CRAFTS \* TOMBOLA \* GOOD-AS-NEW \*

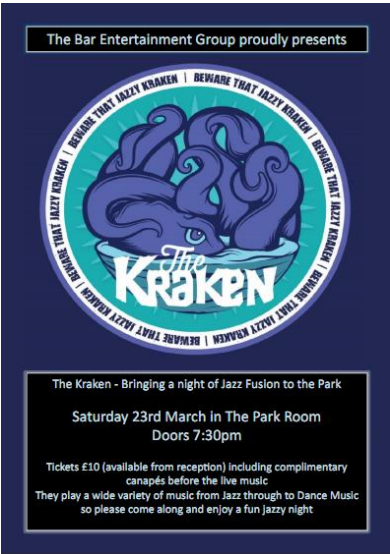
Tickets are £2.50 for a cup of tea and cake

£££ Please use cash as we do not have a card machine £££

in The Park Room, Delamere Park Club House

Bar Entertainment Group

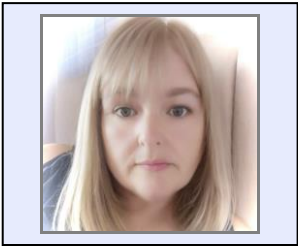
The Bar Entertainment Group would like to invite everyone to an evening of Jazz fusion music with local band, The Kraken, in the Park Room, on **Saturday 23rd March** at 7.30 pm.



Tickets are available from reception at £10 to include canapés.

For more details, please see posters in the bar. We look forward to seeing you there.

News from the Estate Manager



I am Lynsey your new Estate Manager at Delamere Park.

I live locally with my husband and 3 children. I've enjoyed meeting some of you already. I would love to meet you all at one of my drop-in sessions – dates tbc.

DPML Facebook Group

Please join our new official DPML Facebook group.

To receive announcements from the Park, the Facebook link is:

<https://www.facebook.com/groups/414157721046054>

or scan the QR code below.



Please note private messages will not be responded to.

Lynsey Kidd

DPML Useful Contacts

Reception Hours:

Monday to Saturday 3 pm – 8 pm  
Sunday 10 am – 8 pm

Email: [Reception@delamerepark.co.uk](mailto:Reception@delamerepark.co.uk)  
Tel: 01606 889263

Office Hours:

Monday to Saturday 10am–5pm

Email: [Office@delamerepark.co.uk](mailto:Office@delamerepark.co.uk)  
Tel: 01606 212523

Any property change requests, objections or comments to property changes, and all property sales communications should be sent to: [Property@delamerepark.co.uk](mailto:Property@delamerepark.co.uk)



## **New!! – Community Singing Group**



We are pleased to announce that a new Community Singing Group will start on Tuesday **12th March** between 2.30 - 4.00pm. The cost is £5 per session

Songs will cover pop and musical theatre favourites with the emphasis always on enjoyment and fun. No prior experience is needed.

For more information, contact:

[singers@delamerepark.co.uk](mailto:singers@delamerepark.co.uk)

## **Park PALs**

November was cheered up by an Autumn Lunch organised by members. It featured a meat pie and vegetables followed by a selection of puddings. There were beautiful table decorations with an autumn theme.



The Christmas party was more elaborate this year with a substantial buffet brought in by caterers also an entertainer. Bill Durose talked about 'Sixteen in the Sixties' with a nostalgic look back to the music of the decade accompanied by his electric guitar. Members sang along to songs of their youth and went home full of the spirit of Christmas.

The January meeting was devoted to future plans. Myra Whitby is taking over as Treasurer. Another lunch is to be arranged as well as a garden visit in the summer. At the February meeting Phil Hallman gave us an interesting talk with slides on his charity expedition when he walked across the Sahara. In October we have an open meeting when a Police Officer will talk to us about scams.

On your own? Come and join us,  
Ring Christine 301699 or Pam on 889665

## **Fitness & Wellbeing**



**FITNESS 4 ALL:** Tuesdays at 9.15 a.m.  
**\*\* SPRING OFFER – FIRST SESSION FREE \*\***  
( offer open until 31 March 2024 )

**PURE STRETCH:** Thursdays 9.30 a.m.

All classes are held in the Park Room with our professional, qualified instructor EMMA WILSON.

You will need to book a class in advance ,  
for more information,

email: [fitness@delamerepark.co.uk](mailto:fitness@delamerepark.co.uk)

or contact:

**Carolyn Beamson - 07590 269 132**  
Fitness & Wellbeing Community Group Rep.

## **News from Ladies' Club**

We invite the ladies of Delamere Park to join us in our new season of talks, activities and outings. On Monday evenings, we will take you to the Highlands of Scotland, the Queen's Boudoir, a kitchen creating Haute Cuisine, one of HM's Prisons, a local Farm where they not only rear sheep, but also nurture disabled children, and a journey back in time to the Plague Village of Eyam, Derbyshire in 1665. All this together with a theatre visit, a day out in Shropshire, a craft session, and our annual Christmas Party will complete our offer for the year.

We meet in the Clubhouse on the second Monday of the month, a warm welcome is always extended to both new and returning members. If you think it might be for you, please contact Pat Pilgrim 079670674271 or email [ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk).

**11th March** Carol Pettinger-Harte will take us to the wild and rugged countryside of the Scottish Highlands. She walked The West Highland Way alone with her thoughts and her camera. What an adventure, an evening not to be missed.

**8th April** Tina Saunders embroiderer to the late Queen will take us behind the scenes at the Palace, her talk "Needlework and Sparkles" sounds intriguing, watch listen and admire!!

**24th April** Outing to Theatre Clwyd to see "Oh What a Lovely War".

**13th May** Mark and Laraine Furlong, (DP residents) take us into a professional working kitchen. "The Evolution of Cuisine, Escoffier to Gastro Science" is the title of their talk. (Let's hope it's not like Gordon Ramsay's kitchen, if so we may all need some ear plugs and a bleeper to spare our blushes!) I gather there could be some goodies to test out at the end!

## **SAVE THE DATE - 4TH JULY**



## **OUTING TO THE BRITISH IRONWORKS AND COMBERMERE ABBEY**

A day out to visit The British Ironworks in Shropshire, here you will have an opportunity to walk in the sculpture park, shop, visit the café and watch craftsmen at work. Afternoon tea and a tour of Combermere Abbey will follow. More information at our March meeting.

## **Gardening Club**

As this topsy turvy winter draws to a close and the spring flowers appear, we look forward to working in our gardens as the days lengthen.

The Gardening Club has a few dates for your diary:

**March 25th** – "Garden Friends and Foes", talk by Dr. Richmond Dutton

**April 22nd** – "Enjoying Summer Herbs from the Garden", talk by Barbara Depledge.

**May 20th** – "Beekeeping", talk by Lesley Jacques

We are hoping to run our Garden Safari this summer and would welcome any volunteers from the Park, please note that the money raised goes to the charity of your choice.

We usually meet on the 4th Monday in the month at 8pm in the Park Room, New members are always made most welcome.

**Mike McNeal**

For more information, Email: [garden@delamerepark.co.uk](mailto:garden@delamerepark.co.uk)

## **Folk Club**



Inclusive of all forms of Performing Art the Folk Club is thriving. It meets in the Park Room at 7.30 p.m. on the first and third Monday of each month. There is no membership or attendance fee. Guitarists, singers, thespians, orators, comedians and poets we have them all !!

Audience and performers are equally welcome. Would be good to see you.

Further information from:

**Dave: 07789 973555**

## **Water Aerobics**



We are continuing to meet every Wednesday morning, 10.30 - 11.30, with approx 8/9 attendees. Everyone welcome to an hour of fun and exercise to lively music. There is no charge but a voluntary contribution from participants raised £508 last year, all of which was donated to St. Luke's Hospice. We would love to see you.

Contact: Liz on 07864786568 or Sue on 07909694367

## **Mah Jongg**



If you would like to join us for a different and interesting afternoon, come and join this group. We meet on the second and fourth Thursday each month at 1.30pm in the bar area.

Interestingly, it seems Mah Jongg means Sparrows but for the life of me I can't see the connection.

For more information:

Contact. Pam 01606 889665

## **Delamere Park Clubs**

### **Socializing and Leisure**

- Coffee Mornings
- Folk Club
- Gardening Club
- Ladies' Club
- Mah Jongg
- PALs
- Singers
- Social – Plot Draw
- Social – Quiz Night
- Twinkletoes
- Whist

### **Health, Fitness & Wellbeing**

- Children's Swimming Lessons
- Fitness 4 All (Exercise Class)
- PureStretch (Exercise Class )
- Squash - Men's team
- Squash – Ladies' team
- Squash – Junior Coaching
- Table Tennis
- Water Aerobics
- Yoga
- Zumba

For further details about any of the clubs or activities listed above, please contact Reception or check on the Delamere Park website: [www.delamerepark.co.uk](http://www.delamerepark.co.uk)



The children and staff at Squirrels Pre-School have been very busy over the last couple of months enjoying our outstanding setting. This term our children have been following the topic of People who Help us! The children have been exploring all the different roles within the local community! They have role played being Police Officers, Firefighters, Veterinarians, and many, many more!

The children enjoy learning about different festivals and cultures whilst at Squirrels Pre-School.

In the second half of our spring term the children will enjoy celebrating:

- St David's Day
- World Book Day
- Mothers Day
- Easter

**What we do at Squirrels each week:**

Diddi Dance every Tuesday Morning

Mini Dribblers Football every Wednesday Morning

As well as lots of outstanding activities created by our team of Early Years Practitioners!

\* We also host a Parent and Baby group on a Monday morning 9.30-10.30am held by other parents on Delamere Park \*

If you would like any more information on Squirrels Pre-School or you would like to come and have a look around, please don't hesitate to contact the Squirrels Manager, Vicky via email [squirrelspre-school@delamerepark.co.uk](mailto:squirrelspre-school@delamerepark.co.uk) or call on 01606 888782.

## **HAPPY EASTER TO ALL OUR READERS !**



*Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Summer) the deadline is Friday 10th May 2024*  
**Please contact Ella or Elizabeth via email to: [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk)**