

Stan Mendham O.B.E - RIP

Stan Mendham passed away peacefully on 12th May after a long illness. Stan lived his life by his devout Christian principles. A Chartered Engineer, Inventor and Visionary, Stan established The Forum of Private Businesses in 1977, and was awarded an O.B.E. in 1999 for services to Small Businesses.

Stan moved to Delamere Park in 1997, and his contributions to Park life included his key membership of the 39-45 Club, and his time as a Trustee. Along with his wife Brenda, Stan was much-involved in fund-raising for MacMillan Cancer Care.

A 'giant of a man' in more ways than one! Our thoughts at this time are with Brenda.

Commemorative Jubilee Rosebed



Passers-by may have noticed that a new rosebed has been created outside the Clubhouse around the Flag pole. This rosebed is to commemorate the Queen's Platinum Jubilee, and has been financed by individual Community Groups who have donated rose bushes

Very special thanks go to Isobel Nicholson for all her hard work in creating the rosebed, Isobel has researched, designed, purchased and even planted up the 21 rose bushes, which are a mixture of 'Platinum Jubilee' and a paler variety, 'It's a Wonderful Life' to add contrasting colour to the display.

We are very grateful to Isobel as the rosebed will be there to remind us of this momentous occasion and brighten up the Clubhouse surroundings for many years to come.

Garden Safari

It has been 3 years since our last Safari, but we have at least 5 gardens opening on Sunday 3rd July from 1:30pm – 4:30pm. All are welcome to visit the gardens and the proceeds from the programmes purchased go to the chosen charity of the garden owners. Refreshments are available in the Park Room en route.

There is still time for those who would like to open to put their garden forward.

Contact: garden@delamerepark.co.uk or leave details at Reception, Fao: Mike McNeal.



Coffee Mornings

Start off the Jubilee Weekend with a tea or coffee with us at the Clubhouse on Thursday 2nd June, 10.30 to 12.00. If available, we will show relevant video footage from one of the TV channels.

Future dates are, Thursdays

- June 2nd
- July 7th
- August 4th
- September 1st.



Maria and Paul (889728)

Delamere Park

Jubilee Picnic on the Park

FRIDAY 3rd JUNE
(2pm – 10pm)

Timetable of Main Events

2:00pm - 2:30pm	Tarporley Silver Band
2:30pm - 3:45pm	Games & Activities for Children & Adults
3:00pm - 3:30pm	Tarporley Silver Band
3:30pm - 3:45pm	Jubilee Address by Councillor Gillian Edwards
3:45pm - 4:15pm	Children's Fancy Dress Parade
4:15pm - 4:45pm	The Great Sausage Race (for Dogs)
4:45pm - 5:00pm	Draw Raffle
5:00pm - 5:30pm	Swing Singer – Ron Iveson
5:30pm - 10:00pm	DJ / Disco / Dance Music / Karaoke

Fun and Games for all the Family

*** Stalls & Teas – Cash Only ***

*** Prize for the Best Decorated Gazebo ***

Gazebos can be erected Friday from 10am, See you all there for a happy, lively family event.

Mah Jongg

The Mah Jongg Group held their AGM combined with a lunch on Thursday 28th April. It was all a very convivial affair. I am sure the picture below speaks for itself!

Afterwards all took part in our favourite game involving a special points session. The winner of this was Lee Hignett and Runner Up Maria Rogers. Both received a bottle of wine.

Why not think about joining this jolly Group. Contact: Pam Taylor 01606 889665



Ladies' Club News

Since opening our doors again after "The Big Covid Sleep", our Ladies' Club has gone from strength to strength. We have welcomed 5 new members, so our total band of "Merry Sisters" is now 55.

Our monthly talks bring us together and we have been treated to some interesting, amusing and thought provoking evenings. The Blood Bikers in particular raised awareness of a vital lifesaving voluntary service which supports the NHS 24/7 by transporting Bloods and other essential supplies in emergencies between hospitals. Many of our members realised that they or their loved ones had been the recipients of this lifesaving service which operates largely unnoticed and unsung. The Bikers are not funded by the NHS despite being so essential so the donations at the end of the evening were very generous.

JUNE 13 Christine Stockton's talk entitled "Flamenco Dancing" doesn't need an explanation, dust off your castanets, wear a frilly skirt and come and join in the fun.

JULY 11 Our Summer outing is to Halfpenny Green Wine Estate; tastings, demonstrations, craft fairs and teas. There are spaces on the coach, so we have opened the trip to everyone on the Park, friends and families. You don't have to be a member, you don't even have to be a woman, just contact Judy Piper 07540 596113 if you are interested.

SEPTEMBER 12 Rina Tillenger will entertain us with her light hearted talk entitled: "Over Paid, Over Sexed and Over Here". The Americans were very much over here in Cheshire during the war. Might Rina have brought a blush to the cheeks of some of our mothers and grandmothers with memories of past romances and silk stockings?

As always we welcome new members to the club. Please contact Patsy Chuter on 889140 or email: ladies@delamerepark.co.uk

The Events Group



The Events Group are happy to have had a fairly busy time since the last newsletter, which is hopefully a sign of life continuing to return to normal.

We have held three of our regular Thursday evening Film Nights showing, The House of Gucci, Death on the Nile and The King's Man plus a Saturday afternoon screening of The Royal Ballet's La Fille Mal Gardée.

In April we were delighted to have Taxi Mike introduce a Quiz Night which attracted a good number of teams. The evening was highly enjoyed by all who attended. We were especially gratified that the winning team donated their prize money back to the Events Group to help us in our aim of raising funds to replace the chairs used in the Park Room.

Most recently, in the middle of May, we hosted our first ever Sunday Lunch, cooking and serving a full traditional roast followed by homemade desserts. We had almost 50 residents and guests joining us for what proved to be a very well received event.

As always, thank you to everyone who has come along to any of our events. Your support helps make all that we do worthwhile.

We would like to remind you that, before taking a break for summer, we have one more **Film Night on Thursday 16th June** when we are showing **The Duke** starring Jim Broadbent and Helen Mirren.

'The Duke'
Thursday 16th June
in the Park Room - 19:30

The next newsletter should contain details of our autumn programme - once we have worked it out. Until then we wish you all a very happy and pleasant summer.

Events Group

DPML Contact details

Reception Hours:

Monday to Saturday 3 pm – 8 pm
Sunday 10 am – 8 pm

Contact Reception for all room and pool bookings, ticket sales, general queries and to log any issues or complaints on our ticketing system.

Any issues/questions for the attention of the Trustees should be sent to Reception to be logged on our ticketing system,

Email: Reception@delamerepark.co.uk
Tel: 01606 889263

Office Hours:

Monday to Saturday 10am–5pm

Contact the Office staff for all replacement fob requests, and for Community Group email requests

Email: Office@delamerepark.co.uk
Tel: 01606 212523

Any property change requests, objections or comments to property changes, and all property sales communications should be sent to: Property@delamerepark.co.uk

Park Pals



We celebrated Easter with a tea in the Clubhouse and it started in fine style with a display of eggs painted by members. Buttered Hot Cross Buns were served and there was a topical quiz.

We discussed how to celebrate the Platinum Jubilee in June. A rose dedicated to this event was proposed and this was later developed into a special rosebed with all the clubs on the Park contributing. Park Pals have now given two specimen roses to a plot set up by Isobel Nicholson outside the Clubhouse.

Two members went to the Whitegate Daffodil Farm and returned with armfuls of blooms to sell on behalf of MacMillan.

We went back to our favourite Bluebell Café at Barrow and had a wonderful tea, so ample that we came away with boxes of uneaten goodies.

Events put on at the Clubhouse are greatly appreciated when we can sit in a group and not be on our own.

On your own? Come and join us.

Ring- Barbara: 882533, Christine: 301699 or Pam on 889665.

Squirrels Pre-school

As the weather gets warmer our Squirrels are enjoying exploring the life cycle of a butterfly by watching our own caterpillars grow, pupate and transform in setting. The children have loved this and we have supported their understanding by reading the story by Eric Carle, 'The Very Hungry Caterpillar'. We have explored the topic through art, stories and multisensory resources to create excitement for learning through play.



We will be exploring natural habitats and hope to build a sensory garden filled with plants that the children can explore. If you are looking to re-home any extra plants that you have grown (child friendly), please think of us!

We are opening a community stay and play session from 9:30am to 10:30am on Mondays in term time. The session will be £2 and includes snack.

If you would like to attend, to book your place. please email :

squirrelsprechooldp@gmail.com

There will be a member of staff to support your children as they play; our aim is to provide young families with the opportunity to build communities through learning and socialising together.



Hedgehogs on the Park

I bought an infra-red trail camera earlier this year, to take pictures and videos of what the hedgehogs that visit my garden were up to at night (they're nocturnal), what a surprise I got.

They've been very active this spring after coming out of hibernation and I've recorded them eating, gathering dry leaves, climbing (yes!), scratching themselves, and even having a poo! But most of all, I've seen them drinking LOTS of rainwater from the bowl I put out every night.

Below are a few of my favourite pics (but not the pooing one!)



Having a drink



Off to find some food



Going under the fence



Climbing over the logpile

You can help our Park hedgehogs by putting out a bowl of water (preferably rainwater, if you can) and keeping it refreshed. It's so important that they can get a drink (I know how they feel!).

We can all do our bit around the Park to help hedgehogs in other ways too. Don't be too tidy in your garden - leave undergrowth undisturbed and let some grass grow long, make a woodpile or a log stack, and leave them undisturbed. Such places will provide all-important habitat for hedgehogs as well as a home for their favourite creepy-crawly natural foods to thrive.

Hedgehogs are officially classified as 'vulnerable to extinction' in the Red List for British Mammals; their decline is largely due to loss of habitat and suitable environment.

If you are interested in helping hedgehogs thrive on Delamere Park, there's lots of useful information on the internet - here are two good websites where you can find out more:

<https://www.cheshirewildlifetrust.org.uk/how-help-hedgehogs>

<https://www.hedgehogstreet.org>

Please share your news / pictures with me about your hedgehog sightings or anything else hedgehog-related by sending an email to: parkhogs@gmail.com

Thanks for reading, and I'll post an update in the September Newsletter. **Ken Blakemore**

Folk Club

The Folk Club is now a thriving Community Group allowing Residents and their guests to watch or take part in performing arts: music; anecdotes; singing and playing musical instruments, comedy spots and so on.

If you're looking for an entertaining night out maybe come along to the Park Room on the first and third Monday of each month. Membership of the Club is free and you'll be welcome as audience or performer.

e-mail: folkclub@delamerepark.co.uk



Fitness & Wellbeing

Join us for Purestretch in the Park Room on Thursday mornings at 9.30 a.m. for 30 minutes.

More information from Emma, our instructress:

Exercise is a really enjoyable part of life when you do it right, and in a way that suits YOU!

Taking the time to stretch and move your body more slowly and fluidly means that when you do want to move a bit more quickly - be it rushing around for errands or going on a walk with your friends or pets or a bike ride or doing the gardening - your body is in a healthier and more balanced state to handle the more intense movement!

Purestretch is a fabulous way to check in with how you're feeling, tend to those slightly sore or tight areas, release the tension, ease the stress, help the lower back, mend yourself!

It's a slow-moving, stretchy conditioning session that doesn't inflict any impact whatsoever, it's gentle and calming, the ideal rejuvenation session.

So if you're around on Thursday mornings at 9.30am, I'll be in the Park Room for a live class! It's so lovely to do it with others, especially after all those months of not being able to socialise - it's a bonus mood boost to share it!

The cost is £6.00 for a 30 minute class and friends of residents are able to come as guests. Booking is essential to secure your place, for more information, please email: Fitness@delamerepark.co.uk or contact the Fitness and Wellbeing Community Rep directly: **Carolyn Beamson on 07590 269 132**

Water Aerobics



Water Aerobics is going really well with up to a dozen or so ladies working out to choreography called out by the leader. All are welcome to come down and join us for an hour of fun and laughter. It's great exercise for beginners and the more practised alike.

Not only is it a great workout but recently we donated £144.50 to St Luke's Hospice.

We meet every Wednesday morning, 10.30 - 11.30. If you would like to come along, Contact: **Sue: 07909 694367 or Liz: 07864 786568.**

Gardening Club

In May, 32 members of Gardening Club visited the gardens of Ashton Grange in Ashton Hayes. The weather forecast was rain but fortunately it kept dry for the whole time we were there. After a guided tour by the owners around their lovely gardens, we finished off the evening with tea and homemade cake.

In June we were due to have a talk on the 'Great British Summer', but unfortunately our speaker has had to cancel due to ill health, as soon as we have a replacement, an email will be sent to Residents with the details.

Dates for our future meetings are:

- Jun 27th - TBA**
- Jul 3rd - Garden Safari**
- Jul 25th - Summer Social**
- Jul/Aug - Summer Visit - TBA**
- Sep 25th - Hanging Baskets For All Seasons**

For more information about any of our meetings, please contact **Mike McNeal** via Reception or email:

garden@delamerepark.co.uk



Delamere Park Clubs

Socializing and Leisure

- Ballroom Dancing
- Coffee Mornings
- Folk Club
- Gardening Club
- Indoor Bowls
- Ladies' Club
- Mah Jongg
- PALs
- Social - Plot Draw
- Social - Quiz Night
- Whist

Health, Fitness & Wellbeing

- Children's Swimming Lessons
- Exercise Class - PureStretch
- Squash - Men's team
- Squash - Ladies' team
- Squash - Junior Coaching
- Table Tennis
- Water Aerobics
- Yoga
- Zumba

For further details about any of the clubs or activities listed above, please contact Reception or check on the Delamere Park website:

www.delamerepark.co.uk

News Team postscript ...

Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Autumn) the deadline is Friday 12th August 2022.

Please contact Ella or Elizabeth via email to: news@delamerepark.co.uk