



Special Events

Sunday Carvery	March 18	Noon — 17:00

Regular Meetings and Activities Community Groups and Sports Clubs	Normally meet each month on the day(s) shown below Changes/Cancellations may occur due to Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Art Classes	Every Wednesday	13:00	-	7	14	21	28
Bridge	Every Monday — Lodge 19:00 or Clubhouse 19:15		-	5	12	19	26
Coffee Mornings	First Thursday/Third Monday	10:30	1	-	-	19	-
Gardening Club	Fourth Monday	20:00	-	-	-	-	26
Ladies Club	Second Monday	20:00	-	-	12	-	-
Mah Jongg	Second/Last Thursday	13:30	-	8	-	-	29
Whist	Usually First or Second Saturday	19:30	-	10	-	-	-
39/45	Third Wednesday	19:30	-	-	-	21	-
Social — Plot Draw	Every Tuesday	20:30	-	6	13	20	27
Social — Quiz Night	Every Wednesday	20:30	-	7	14	21	28
Yoga	Every Tuesday Term Time Only	13:15	-	6	13	20	27
Adult Swimming	Every Wednesday	20:00	-	7	14	21	28
Children's Swimming Lessons	Every Saturday	15:30	3	10	17	24	31
Exercise Classes - Body Balance	Every Monday	10:00	5	12	19	26	-
Exercise Classes - Circuit Training	Every Monday	18:00	5	12	19	26	-
Exercise Classes - Pilates Circuit	Every Thursday	09:30	1	8	15	22	29
Exercise Classes - Circuit Training	Every Thursday	18:30	1	8	15	22	29
Indoor Bowls	Every Tuesday	20:00	-	6	13	20	27
Ju Jitsu	Every Wednesday	19:00	-	7	14	21	28
Squash-Mens Team	Every Thursday) Winter	19:00	1	8	15	22	29
Squash- Ladies Team	Every Monday) Only	19:00	5	12	19	26	-
Squash-Junior Coaching	Every Sunday	19:00	-	4	11	18	25
Squash-Social	Second Tuesday in the Month	19:00	-	-	13	-	-
Table Tennis	Every Tuesday	18:00	-	6	13	20	27
Water Aerobics	Every Wednesday	11:00	-	7	14	21	28
Water-Aerobics	Every Thursday	20:00	1	8	15	22	29