

# park dates

Delamere Park community events timetable



## February 2012

### Special Events

<b>Sunday Carvery</b>	February 19	Noon — 17:00

Regular Meetings and Activities Community Groups and Sports Clubs	Normally meet each month on the day(s) shown below  Changes/Cancellations may occur due to Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Art Classes	Every Wednesday	12—14:30	1	8	15	22	29
Bridge	Every Monday — Lodge 19:00 or Clubhouse 19:15		-	6	13	20	27
Coffee Mornings	First Thursday/Third Monday	10:30	2	-	-	20	-
Gardening Club	Fourth Monday	20:00	-	-	-	-	27
Ladies Club	Second Monday	20:00	-	-	13	-	-
Mah Jongg	Second/Last Thursday	13:30	-	9	-	23	-
Whist	Usually First or Second Saturday	19:30	4	-	-	-	-
39/45	Third Wednesday	19:30	-	-	15	-	-
Social — Plot Draw	Every Tuesday	20:30	-	7	14	21	28
Social — Quiz Night	Every Wednesday	20:30	-	8	15	22	29
Yoga	Every Tuesday <b>Term Time Only</b>	13:15	-	7	14	21	28
Adult Swimming	Every Wednesday	20:00	-	8	15	22	29
Children's Swimming Lessons	Every Saturday	15:30	4	11	18	25	-
Exercise Classes - Body Balance	Every Monday	10:00	-	6	13	20	27
Exercise Classes - Circuit Training	Every Monday	18:00	-	6	13	20	27
Exercise Classes - Pilates Circuit	Every Thursday	09:30	2	9	16	23	-
Exercise Classes - Circuit Training	Every Thursday	18:30	2	9	16	23	-
Indoor Bowls	Every Tuesday	20:00	-	7	14	21	28
Ju Jitsu	Every Wednesday	19:00	-	8	15	22	29
Squash-Mens Team	Every Thursday <b>) Winter</b>	19:00	2	9	16	23	-
Squash- Ladies Team	Every Monday <b>) Only</b>	19:00	-	6	13	20	27
Squash-Junior Coaching	Every Sunday	16:45	-	5	12	19	26
Squash-Social	Second Tuesday in the Month	19:00	-	-	14	-	-
Table Tennis	Every Tuesday	18:00	-	7	14	21	28
Water Aerobics	Every Wednesday	11:00	-	8	15	22	29
Water-Aerobics	Every Thursday	20:00	2	9	16	23	-

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