

parktalk

Delamere Park community news and events



Trustee News



The Trustees and Staff of Delamere Park Management wish you all a very Happy Christmas and a great New Year!

Parking in the Cobbles

Following requests by residents to look into the issues associated with car parking in and around The Cobbles, information has been obtained from the Council. It is proposed that a meeting of interested residents take place early in the New Year. Chris Hardy (Trustee), will facilitate this and a letter notifying residents of the date and time of the meeting will be circulated after Christmas.

Children's Christmas Party

We are still looking for volunteers to assist with the Children's Christmas Party. Time is very short so if you are interested then please let Reception know as soon as possible.

Changes to Properties

Following the resolution passed at the September OGM plotholders will have the opportunity to comment on any proposed changes being made to properties that require Trustee approval. To facilitate this process a one page form has been developed and plotholders wishing to make changes should complete one of these forms, which are available from reception. A blank form is on the noticeboards for information, together with a list of the types of changes that do require prior approval.

Each completed form will also be displayed on the noticeboard and 14 days will be allowed for comments to be received. In addition, all requests will be distributed by email to all plotholders who have registered their email address. If you would like to be included in this distribution please ensure you have left your email address at reception. Some plotholders are not on email, so if you know someone who may be interested in a proposed change, please inform them in case they have not seen details on the noticeboard.

Gardening Equipment/ Use of Gardeners

Awareness that residents have the opportunity to engage the services of the gardeners for private work is variable. Although the primary purpose of the gardeners is for the upkeep of DPMLs amenity lands, other work can be undertaken when there is spare capacity. In the next ParkTalk we will outline for all residents how this works.

Also from time to time residents have borrowed DPML equipment for their own personal use. There are serious health and safety, insurance and maintenance issues associated with this practice and therefore we have decided that this service will no longer be available. However, the equipment will be available for use by the gardeners when used for private residents.

Plot Draw

As we go to press the weekly plot draw has reached the huge total of £775! Each week if the pot is not won the prize increases the following week. Once won the pot goes back to just £25. Having canvassed opinion we have decided that the prize draw will be capped at £800, and if this still remains unclaimed the additional amounts that would have been added will instead be added to the prize pot for next time around.

However, as a trial we will start the next prize pot at £200 - not £25! Don't forget though this really is a case of 'you have to be in it to win it'. The draw takes place every Tuesday evening in the bar between 9pm and 10pm. Don't let somebody tell you the following day your property came up and you missed out!

Trustee News

Bar Changes

After interviewing several applicants we have appointed our new bar manager. A big welcome to John Phoenix who started on November 21. John, for those who may not know, is a DP resident, and comes with a wealth of relevant experience. John will be happy to see as many of us as possible in the bar!

In addition, the Trustees would like to thank all the bar staff for their support over the past few weeks while we have been without a bar manager, and especially for their work during a very busy Bonfire Night weekend.

Bonfire Night

In addition to the bar team many others contributed to the success of what proved to be an excellent bonfire night. This includes the team lighting the fireworks, the squash club for their usual role of building an impressive bonfire, and those that served as collectors.

The amount collected was significantly up on last year, so thanks goes not only to them but also to everyone who made a contribution. Finally, thanks also goes to Alan Baskerville, who was faced with the challenge of our terms of insurance being altered slightly and put into question whether we could even go ahead with the event at all. This was resolved only the day before the bonfire itself!

As we go to press there are Raffle Prizes still to be claimed for ticket numbers: 3, 46 76, 84 and 141. You have until December 14 to claim your prize!



Park Provisions

The three month trial of making available a small range of essential shop items, such as milk, eggs, cheese etc, from reception has proved successful. Consequently, this service will be extended. As a reminder Park Provisions is open from 3pm during the week and all day at the weekends. Items may change from time to time, and if there are certain products that are requested, and not currently provided, we can add to the existing list of items.

Suggestion Box

We are always interested in feedback and the Trustee forums are one vehicle for this. However, we are keen to encourage new ideas as to how we can improve the Delamere Park environment. For this reason in December we will be introducing a suggestion box in the clubhouse. This will allow suggestions to be made anonymously, though of course if we would like to know more about an idea it will help a lot if we know whose suggestion it was!

General News

Community Groups Coffee Mornings

Thanks to the Water Aerobics and 39/45 Club for hosting the October and November Coffee Mornings. The following Groups have kindly agreed to host our next Coffee Mornings. Do come and join us from 10.30 to 12.00 noon, either for a few minutes or for the whole session.

Thursday December 1 – Mah Jongg **Thursday January 5** – Gardening Club **Thursday February 2** – Ladies' Club

Our additional Winter Coffee Mornings, on the 3rd **Monday** of each month, will be: **December 19 and January 16**

For further information, ring Maria on 889728.

General News

Carol Service

The Carol Service will be held in the Park Room on Tuesday December 20 at 7.30 pm. Stay afterwards for a glass of wine and mince pies.



Father Christmas

Father Christmas and his team of helpers from Delamere Forest 41 Club will be visiting Delamere Park on Tuesday December 20 and Thursday the 22 from 6pm until 8pm. On Tuesday he will be seen on the roads leading off Hollow Oak Lane and Delamere Park Way West. On the Thursday he will be on Delamere Park Way East and Denehurst Parkway.

All monies collected along with that from Acton Bridge and Norley will be sent equally to St. Lukes Hospice and Help the Heroes.



Christmas Trees

Back by popular demand.....St Luke's Hospice Christmas Tree Collection

After the success of last year's Christmas Tree Collection. We will be collecting again on Sunday January 8 2012. We will be posting a flier through your letter box in-between Christmas and New Year to let you know how it works. We hope you will let us take away your Christmas tree after Christmas for recycling (saves all the mess in your car) for a small donation. All donations go towards patient care at your local hospice, St Luke's.

For further information, or if you are willing to distribute fliers or help with the collection in anyway then please call Clare at the Hospice on 01606 555685 or email clare_frith@stlukes-hospice.co.uk.

Concert Outings

We had an enjoyable trip to the Liverpool Philharmonic Hall on October 5. Our next outing is on Saturday February 11, and we already have a waiting list for this concert. We have a few seats available for our trip planned for Saturday May 12. Let us know if you are interested.

Further details about the content of each concert and prices from Paul or Maria (889728). Let us know also if you wish to be added to our list for information about future trips.

Development of the Yoghurt Factory

After starting as William Horner's Creamery in 1909 resulting in over 100 years of dairy production, you will have noticed that the buildings have now been demolished. To see Wimpey Taylor's proposals for this site, which will be called 'Eden Grange', go to www.eden-grange.co.uk where you can leave comments.

Children's Swimming Lessons

These take place each Saturday between 15:30 and 17:00 with a registered instructor in attendance.

If you are interested just come along on the day to join in.



Bartalk

Welcome to Bartalk, the latest bulletin of the Bar initiative, reporting on bar specific events and activities held to encourage more Residents and their guests to use the Bar and Lounge facilities in the Clubhouse. This is an abridged extract from Bartalk; copies of the current full issue of Bartalk complete with the televised sports schedules are available in the Bar and at Reception.

Recent Events

French Cuisine & Beaujolais Evening

On Thursday November 17 we held a special Event to **celebrate the Beaujolais Nouveau Festival**. Again we managed to source some cases of Beaujolais Nouveau to be with us on the actual Beaujolais Nouveau day! We then celebrated the Beaujolais Festival in true French style with a traditional 3 course French Meal, complete with classic French Cheeses, all washed down with a glass of Beaujolais Nouveau. With an Accordionist providing live entertainment & a French Picture Quiz, the night proved to be a great success.

We want to say a huge 'Thank You' to all those who came along and made the evening so enjoyable and to everyone who has supported all our events throughout the year.

Our Assistant Bar Manager **Craig has also asked us to extend his sincere thanks to all Residents who sponsored him for the Great Birmingham Run on October**. Craig completed the Half Marathon in 2 hours 1 Minute and together with his three colleagues, raised £2,000 for St Luke's Hospice.

Sunday Carvery

Sunday December 4

The Sunday Carvery continues to be very popular and the last Carvery for the year will be held on Sunday 4th December '11 from 12 noon. Table Reservations can now be made at Reception.

No further dates have yet been established for the New Year but any further announcements will appear on Club Notice Boards, in the Bar and at Reception.

Residents' Christmas Party

Saturday December 17

The new Bar Manager will be staging his first Event with a Christmas Party, this will feature a 3 course Christmas meal with live musical entertainment provided by Paul White a cocktail pianist playing an easy listening repertoire of light jazz, show-tunes and light classical music. This will be an all ticket event with tickets going on sale at the beginning of December. Look out for further details on Club Notice Boards.

Residents' New Year's Eve Party & Disco

Saturday December 31

We will be heralding in the New Year with our New Year's Eve Party starting at 8:00pm, with a late bar till 1:00am. This is an entirely free event that will include 'Hot Pot' & a Disco, so do join us on the night and in the words of Alfred Lord Tennyson: "Ring out the Old, Ring in the New".

Live TV Premier League Football to be screened in the Sports Bar

The new European Satellite System from Viasat is now fully installed. The early teething problems on the HD Channel, have all been resolved and the system now provides a **FULL** selection of channels for **EVERY** Premier League Football match, all with English commentary and some in HD!

The full televised schedule for December & January is on display in the Sports Bar.

Christmas Bar Opening Hours

The Bar will be open during the Christmas and New Year period at the times shown below. These hours also ensure the Bar will be open to screen all live televised Premier League Football to be broadcast by Sky or ESPN during the Christmas period.

Saturday Dec 24	(Christmas Eve)	12 noon	-	Open All Day	-	11:00 pm
Sunday Dec 25	(Christmas Day)	12 noon	-	6:00 pm	-	Closed on Evening
Monday Dec 26	(Boxing Day)	12 noon	-	Open All Day	-	11:00 pm
Tuesday Dec 27	(Bank Holiday)					6:00 pm - 11:30 pm
Wednesday 28 & Thursday Dec 29						6:00 pm - 11:00 pm
Friday Dec 30						6:00 pm - 11:30 pm
Saturday Dec 31	(New Year's Eve)	12 noon	-	Open All Day	-	1:00 am
Sunday Jan 1	(New Year's Day)	12 noon	-	6:00 pm	-	Closed on Evening
Monday Jan 2	(Bank Holiday)	Return to normal schedule				6:00 pm - 11:00 pm

Community Groups

39/45 Club

The 39/45 club attended Norley Church for the Armistice service on November 13. One member read the lesson whilst two members carried the wreath from the altar to the memorial tablet at the back of the church, Twenty three members, partners and their friends went after the service for a very pleasant and enjoyable lunch at the Hare and Hounds in Crowton.

For the coming year a very interesting series of talks have been arranged. There should be something for everybody. The subjects include, Brunel, the second part of Sailing round the world, Tatton Park. Prison life, National parks, American Civil War, Alderley Edge Copper Mine, For Better or Worse, Cycle Ride to Istanbul.

Our annual Dinner for Members and Partners will be held at Sandiway Golf Club on Friday January 27.

For further information contact Paul Rogers at 3945@delamerepark.co.uk or call 889728.

Mah Jongg

Our small group meets from 1.30 p.m. to 5.00 p.m. on the 2nd and last Thursdays of each month. We have recently acquired a few new members, and would always welcome a few more, so do consider coming along to see what it is all about. Mah Jongg is a relatively easy game to learn, and we are a sociable bunch.

Our next Mah Jongg dates are December 8 and January 12 and 26.

For further information, e-mail mahjongg@delamerepark.co.uk, or ring Maria on 889728.

Bridge Club

We play on Monday evenings at 7.15 p.m. in the Park Room (when it is available), or at 7.00 p.m. in the Lodge. Details of the venue are shown on the Notice Board in the Clubhouse. A warm welcome is assured.

Further enquiries to Leo Miles on 301699.

Gardening Club

Our AGM and Christmas Party will be held on December 19. This takes the place of our Speaker Evening for December.

Speakers

January 23 – Peter Cunnington, "George Forest Experiences"

Any queries, ring Brian Hoyland on 888550.



Community Groups

Iyengar Yoga

Did you know that here on the Park we have a qualified Yoga teacher in Sue Rennie who holds a Iyengar Yoga class every Tuesday (In Term Time) starting at 13:15.

Some Frequently asked Questions

What is Iyengar Yoga and What are the Benefits

In Iyengar Yoga the focus is very much on correct alignment of the body. By working with care and attention to alignment the body takes the most benefit from the postures.

Practising yoga helps overcome stresses and strains. It brings vitality, flexibility, strength, concentration, self-confidence and mental calm and promotes a firm foundation for health and well being.

What shall I wear ?

Anything comfortable such as a t-shirt and shorts or leggings. It is recommended that you do yoga in bare feet.

What about Equipment ?

Equipment is available which can be used whilst you "give us a try". Subsequently Sue can sort out some for you to buy if you decide to join the class.

Can I have a Meal before the Class ?

Yoga should be practised on an empty stomach so try to give a heavy meal about four hours to digest. Leave an hour for a light snack or drink.

We are a small friendly group ranging in age from 30 something to Don't ask. At the moment the class is all women, but men are just as welcome to join us.

If you would any further information just ring Sue Rennie on 888324



Whist Drive

Whist Drives are light hearted and are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome even if you have never played or are a bit rusty. **Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362**

Dates for the coming months are:

December 10 and January 7

Squirrels Pre School Nursery

Squirrels is a small Ofsted inspected Pre-School offering places to children from 2 to school age during term time. Government Sure Start and Childcare Vouchers are accepted.

Our opening hours are 9-3 on Mon - Thur. Should you be interested, please pop in or call Della or Romany on 01606 888782.



Community Groups

Ladies' Club

We are having an amazing year at Ladies' Club with wonderful speakers! In October we were entertained by **Fatma Oriental dancer**. Fatma was a vivacious Liverpoolian who trained as a classical ballet dancer before learning Oriental dancing in the Middle East. She arrived wearing a long black cloak and pulling a case, from which she brought out traditional costumes and chose Ladies' Club members to be dressed as Middle Eastern characters, whilst telling us about the history of the dance in the harem and its symbolism as a fertility ritual. Fatma taught us some simple Arabic words and tried to teach us to ululate (a loud high pitched yodelling sort of cry with which she interspersed her talk)

The ladies were dressed as Hookah pipe seller, a woman shopping in the souk, a bride and groom, a dancer from a troupe who would perform in the main square, all of whom were covered from head to toe. This contrasted with Hollywood's glamour version. The ladies were given small percussion instruments to accompany traditional music. Fatma then shed her black robe to reveal an exquisite blue and gold skirt and beaded top to perform authentic spellbinding dancing. The Ladies thought that Fatma was fabulous and thoroughly enjoyed the evening.

We were very fortunate to book NAFAS flower arranger Annie Gater to demonstrate "**The Magic of Christmas in Flowers**" for our November meeting. Annie showed how to make four contrasting arrangements with very few fresh flowers in each. One arrangement was hydrangea heads and dark red roses placed in a giant goldfish bowl, the next vase was lined with slices of fresh oranges and contained holly, gold seed heads and three orange gerberas and oriental lilies. Annie then used a giant silver cup and saucer to make a silver and green arrangement with three white flowers. The fourth arrangement featured vivid pink edged leaves and baubles. All the arrangements were raffled and taken home by the delighted ladies.

Our **Christmas Party** Monday December 12 at 8pm is members only. There will be mulled wine to start the evening, followed by a buffet supper with wine, a table gift and entertainment. Tickets £5 will be on sale at Reception until Sunday December 4. (Please remember to bring your cutlery, plate and bowl.) If you have not yet joined this year, contact Chairman Iris Lyon or Treasurer Barbara Price A.S.A.P.!

When the booked entertainer had to cancel, as he will be in Canada, we approached member Myra Sales who very sportingly agreed to try to teach us some Line Dancing. This should be great fun for all. Do bring along your cowboy hat (obtainable from fancy dress shop if required) and have a good time either from the sidelines or from participating.

Our first meeting in the New Year is Monday January 9 when we will be entertained by Rev M Burgess with a (humorous) talk on The Seven Deadly Sins.

If you would like further information please contact Iris Lyon on 888408 or email ladies@delamerepark.co.uk.

Homewatch

HomeWatch is an independent, voluntary, community-based network of residents. Its main aims are to:

- Reduce crime, anti-social behaviour and fear of crime
- Provide reassurance to local communities
- Improve residents' quality of life
- Encourage neighbourliness and a closer community



As a result of budget reductions the local council has been informed that there will not be a replacement for our local Police Community Support Officer who recently moved to another role. Representations will be made by the council pointing out that this is a regrettable and short-sighted policy.

Contact Numbers

To report a scam please contact Consumer Direct on **08454 04 05 06**

To report serious incidents such as where a persons safety may be endangered call **999**.

To report a crime call **101** this is handled by the Cheshire Police call centre which is manned 24 hours a day.

To report a crime anonymously call Crimestoppers on **0800 555 111**.

To report non urgent matters call the Community Action Team on **0845 458 6393**.

To contact your local police station at Frodsham call **01244 612545**

You can contact your local HomeWatch co-ordinator David Bowker at homewatch@delamerepark.co.uk

Sports Clubs

Exercise Classes

Being fit is the interaction of all the muscles in your body working together to complete a specific task, and the fitter you are, the easier that task will be. It is about your fitness being functional. This means that some people may be 'fit' in just one aspect of physical activity. For example, a swimmer might be fit to swim front crawl for an hour, but couldn't jog for ten minutes. Circuit training is for general fitness. All our classes are suitable for a wide range of fitness levels, and can easily be adapted for any individual targets you may have. Come along and have a chat and try it out.

All classes take place in the Park Room and cost £3 per session.

Pilates Circuit for Beginners and Improvers — Thursdays 09:30 to 10:30

Pilates is an approach to exercise which focuses on toning, balance and mobility. This circuit will help you develop your core stability muscles, increase muscular endurance, increase joint mobility and stability, help postural alignment, help reduce injuries and muscular back pain. **Low impact**, No jumping or aerobics. **High effect**, toning, mobility and balance.

What to wear - anything comfortable and stretchy – trainers or bare feet

Body Balance Exercise with Music Circuit - Mondays 10:00 to 11:00

Specially designed for Women - Gently tone and stretch your whole body - each session. This circuit is for anyone who wants to begin exercising at their own pace – help lose a few pounds – become more healthy – tone and shape their muscles – increase endurance – increase their aerobic capacity - increase joint mobility, stability and flexibility – help postural alignment – help reduce injuries or muscular back pain - have some fun whilst exercising.

Wear anything comfortable and trainers.

General Circuit Training for Men and Women age 15 plus - Mondays 18:00 to 19:00 except Bank Holidays Thursdays 18:30 to 19:30

General fitness training for all abilities. Exercises include cardiovascular fitness, callisthenics, muscle tone/endurance, core stability, balance and Pilates style exercises to help improve everyday functional fitness, balance muscle groups and improve general fitness for sports. Wear anything comfortable and trainers.

For more information contact Hilary on 07812 684979 or email her at hilaryhep@hotmail.co.uk

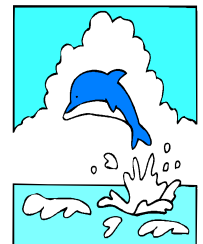
Water Aerobics

The sessions are as follows:

Wednesdays: 11.00am to 12noon

Thursdays: 20:00 to 21:00 (Generally there are more spaces at the Thursday sessions)

A further £148 was donated to St.Lukes Hospice by the group at the end of October. Twenty seven of our group will be having Christmas lunch at the Tigers Head on December 7 and our final session before the Christmas break will be Thursday December 8. We will resume on Wednesday January 4 2012. Here's wishing all our group, past, present and hesitating, a very Happy Christmas and a fit and healthy New Year.



At the recent Community Group Meeting we were asked for suggestions for a special event to celebrate the Queen's jubilee. Water Aerobics seem to be unanimously in favour of a ball with the men in dinner jackets and ladies in evening/cocktail dresses. other daytime events to include the children.

Cost is £2 per person per session all of which is donated to St Lukes Hospice, Winsford. **For further details please contact Reception or email water@delamerepark.co.uk**

Ju Jitsu

A class is held every Wednesday between 19:00 and 20:30 in the Park Room. It is run by a qualified black belt trainer and is open to both Juniors and Adults.

For further information please see the **Notice Board**, or email jujitsu@delamerepark.co.uk



Services

Reception and Office Hours

The following services will only be available during Reception hours, which operate from 15:00 to 22:00 Monday to Friday and from 10:00 to 22:00 Saturday and Sunday:

- Photocopying
- Telephone & Faxes
- Sweet and Drink Sales
- Requests for Gardening Services
- Room Bookings
- Event Ticket Sales
- Telephone Tennis and Squash Bookings (bookings made in person are as normal)
- Requests For meetings with the Facilities Manager
- Other General Enquiries

All enquiries regarding the above or any other non-urgent telephone calls should be made to **01606 889263** and a message left on the answering machine, reception staff will pick up all messages when they come on duty. For **urgent** requests before 15:00, staff will normally still be available to help or you can call **01606 212523**.

Services from Reception — Charges

Photocopies	A4	A3
Black and White	5p	10p
Colour	25p	50p
Laminating	£1	£2

Fax	
Local/National	- Up to 3 pages 50p, 10p per page thereafter. Calls to Europe up to 3 pages £1.60, 10p per page thereafter
Europe	- Up to 3 pages £1.60, 10p per sheet thereafter
International	- all in charge £3.50

Logs, Woodchip, Leaf Mold and Rock Salt Sales

	Logs	Woodchip	Leaf Mold	Rock Salt
Trailer Load	£50	£25	-	-
Half Trailer Load	£30	-	-	-
By the Bag (50p delivery charge under 5 bags)	£3.50	£2	£2	£7 (25kg)

Contact Reception to place your order.

Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £120 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

Resident Recommended Services

At Reception we have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at Reception.

Lost Property

Reception often has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

park dates

Delamere Park community events timetable



December 2011

Special Events

Carvery	Sunday December 6	Noon — 17:00
Christmas Party	Saturday December 17	TBC
New Years Party and Disco	Saturday December 31	20:00 — 01:00

Regular Meetings and Activities Community Groups and Sports Clubs	Normally meet each month on the day(s) shown below Changes/Cancellations may occur due to Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Art Classes	Every Wednesday	12—14:30	-	7	14	21	-
Bridge	Every Monday — Lodge 19:00 or Clubhouse 19:15		-	5	12	19	-
Coffee Mornings	First Thursday/Third Monday	10:30	1	-	-	19	-
Gardening Club	Fourth Monday	20:00	-	-	-	19	-
Ladies Club	Second Monday	20:00	-	12	-	-	-
Mah Jongg	Second/Last Thursday	13:30	-	8	-	-	-
Whist	Usually First or Second Saturday	19:30	-	10	-	-	-
39/45	Third Wednesday	19:30	-	-	14	-	-
Social — Plot Draw	Every Tuesday	20:30	-	6	13	20	27
Social — Quiz Night	Every Wednesday	20:30	-	7	14	21	28
Yoga	Every Tuesday Term Time Only	13:15	-	6	13	20	-
Adult Swimming	Every Wednesday	20:00	-	7	14	21	28
Children's Swimming Lessons	Every Saturday	15:30	3	10	17	-	-
Exercise Classes - Body Balance	Every Monday	10:00	-	5	12	19	-
Exercise Classes - Circuit Training	Every Monday	18:00	-	5	12	19	-
Exercise Classes - Pilates Circuit	Every Thursday	09:30	1	8	15	22	29
Exercise Classes - Circuit Training	Every Thursday	18:30	1	8	15	22	29
Indoor Bowls	Every Tuesday	20:00	-	6	13	20	-
Ju Jitsu	Every Wednesday	19:00	-	7	14	21	-
Squash-Mens Team	Every Thursday) Winter	19:00	1	8	15	-	-
Squash- Ladies Team	Every Monday) Only	19:00	-	5	12	19	-
Squash-Junior Coaching	Every Sunday	16:45	-	4	11	18	-
Squash-Social	Second Tuesday in the Month	19:00	-	-	13	-	-
Table Tennis	Every Tuesday	18:00	-	6	13	20	-
Water Aerobics	Every Wednesday	11:00	-	7	-	-	-
Water-Aerobics	Every Thursday	20:00	1	8	-	-	-

visit www.delamerepark.co.uk for more information

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park dates

Delamere Park community events timetable



January 2012

Special Events

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Bridge	Every Monday — Lodge 19:00 or Clubhouse 19:15		2	9	16	23	30
Coffee Mornings	First Thursday/Third Monday	10:30	5	-	16	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	23	-
Ladies Club	Second Monday	20:00	-	9	-	-	-
Mah Jongg	Second/Last Thursday	13:30	-	12	-	26	-
Whist	Usually First or Second Saturday	19:30					
39/45	Third Wednesday	19:30	-	-	18	-	-
Social — Plot Draw	Every Tuesday	20:30	3	10	17	24	31
Social — Quiz Night	Every Wednesday	20:30	4	11	18	25	-
Yoga	Every Tuesday Term Time Only	13:15	-	9	16	23	30
Adult Swimming	Every Wednesday	20:00	4	11	18	25	-
Children's Swimming Lessons	Every Saturday	15:30	-	8	15	22	29
Exercise Classes - Body Balance	Every Monday	10:00	2	9	16	23	30
Exercise Classes - Circuit Training	Every Monday	18:00	2	9	16	23	30
Exercise Classes - Pilates Circuit	Every Thursday	09:30	5	12	19	26	-
Exercise Classes - Circuit Training	Every Thursday	18:30	5	12	19	26	-
Indoor Bowls	Every Tuesday	20:00	3	10	17	24	31
Ju Jitsu	Every Wednesday	19:00	4	11	18	25	-
Squash-Mens Team	Every Thursday) Winter	19:00	5	12	19	26	-
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Squash-Social	Second Tuesday in the Month	19:00	-	12	-	-	-
Table Tennis	Every Tuesday	18:00	3	10	17	24	31
Water Aerobics	Every Wednesday	11:00	4	11	18	25	-
Water-Aerobics	Every Thursday	20:00	5	12	19	26	-

visit www.delamerepark.co.uk for more information

delamerepark

Contacts

Trustees

Martin Cutbill (Chairperson)

Anne German

trustees@delamerepark.co.uk

Chris Hardy

Amy McKee

Frank Stewart

Facilities Manager

Alan Baskerville

alan@delamerepark.co.uk

Community Groups and Sports Clubs

If you do not have access to email then contact can be made with the above named via Reception on 889263.

Adult swimming

Lynne Shelley

swim@delamerepark.co.uk

Cricket

Jeff Prest

sport@delamerepark.co.uk

Homewatch

David Bowker

homewatch@delamerepark.co.uk

Ladies Club

Elizabeth Hill

ladies@delamerepark.co.uk

Table Tennis

sport@delamerepark.co.uk

Whist

John Pattison

whist@delamerepark.co.uk

Chairman - Community Groups

David Bowker

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Deadline for receipt of contributions is January 15 2012

These should be sent to news@delamerepark.co.uk or left at Reception