



## Trustee News

### Annual Meeting of Plot Owners

Following the meeting on September 15 the main areas agreed were as follows:

1. The plot owner holder fee levels for the 2011-2012 year were approved. Although we had managed to hold fees at the same level for several years an increase of 5% is now necessary, primarily to pass on the two VAT increases of recent years, and also because fees are not being subsidised from general reserves to the extent that had previously been the case.
2. It was agreed we should continue to use Sawyer Quine as the auditors to DPML.
3. Amy McKee was voted in as the new trustee, replacing the retiring Jeannine Kolodziesjski. The trustees formally thanked Jeannine for her excellent contribution in the 5 years she has served DPML as a Trustee.
4. The resolution stating that property changes requiring trustee approval should be communicated to residents, in order for any comments or objections to be raised and considered was proposed. This was supported by the Trustees, and was overwhelmingly passed. A notice board will be created at the clubhouse for this purpose.
5. Notice was given of a Special General Meeting to discuss and vote on two further resolutions. These relate to the guidelines to be used for the installation of solar panels, and the use of the Park Room. Details have already been circulated and this meeting will take place in the Park Room on October 11 at 19:30.

A copy of the minutes of the OGM are available for view at reception for anyone who would like to see a more comprehensive summary of the meeting.

### Fitzsimmons Trophy

The Fitzsimmons Trophy is awarded to the resident or residents that have made an outstanding contribution to the Park, and is based on nominations received by residents. At the OGM it was announced that this year the recipients would be a joint award to Paul and Maria Rogers for the very many events and activities that they have organised not only over the past year, but for many years.

We will be making a formal presentation of the trophy next month and will be communicating the time and date for all those who wish to show their appreciation. We would also like to add our thanks to Paul and Maria.

### Bonfire Night

Thank you to those who have volunteered to help with the fireworks this coming Bonfire Night. It simply would not be the same if this event had not stayed in the calendar. It is not mandatory, though it would be very much appreciated, if all those who attend make a contribution to the collectors on the night. We believe a contribution of around £3 a head would be fair, and a lot less than many equivalent public events.

For further information of this event please refer to the item in Bartalk on page 4.

### Park Provisions

The trial of selling certain goods at the clubhouse during the times reception is manned began at the start of September. Many residents have already taken advantage of this service. We will review demand over the coming weeks to determine whether the service will continue. Prices have sometimes varied from those originally circulated, however thankfully to date these have been because items have been slightly cheaper!



# General News

## 4th Annual Garden, Craft and Produce Show 2011

A successful Show was held on Saturday September 10 with a record number of entries, although they were down in some areas, i.e. children's and handicraft classes.

Trophies were presented by Chair of Trustees, Martin Cutbill.

### Trophy winners were:

|                        |                          |
|------------------------|--------------------------|
| Vegetable Section:     | Mike McNeal              |
| Flower Section:        | Derek Darwent            |
| Floral Art Section:    | Pat Sweetingham          |
| Homecraft Section:     | Ron Price                |
| Handicraft Section:    | Lewis Parsons            |
| Age 3-5 Section:       | Lucasz Kolodjieski       |
| Age 6-9 Section:       | Emily Howard             |
| Age 10-13 Section:     | Georgina Sorensen        |
| Overall Senior Trophy: | Mike McNeal              |
| Overall Junior Trophy: | Emily Howard/Abi Goodier |

### Special prizes to highest placed Juniors in Senior handicraft classes:

Lewis Parsons (3); Hannah Hately (2); Georgina Sorensen; Nadjeia Kolodjieski

The very hardworking committee wishes to thank all who entered or contributed in any way.

If anyone has any suggestions for classes for future shows, please send them to [sweetp\\_flower@yahoo.co.uk](mailto:sweetp_flower@yahoo.co.uk) or ring 888667.

## Charity Fashion Show



On October 7 in the Park Room there will be Fashion Show and Cocktails in aid of MacMillan Cancer Support. Doors open at 7pm for a 7.30pm start. Tickets are now on sale at Reception. These are priced at £8 and include either a cocktail, wine or soft drink.

There will be Fashions supplied by Bratts including Betty Barclay, YaYa, Wallis, Disigual, Hobbs, Eastex, Masai, Joules, Tigi and Seasalt. Also Jewellery by Energetix all modeled by Ladies from the Park.

Many thanks to the Delamere Park Bar Group and the Vale Royal MacMillan Cancer Support Team for their help in organising this event.



## Power Cuts

A representative from Scottish Power, who provide our electricity supply, attended the parish council meeting to explain the issues which have been causing supply interruptions in our area. He gave assurances that the problems have been identified and remedial work will be undertaken subject of course to gaining the necessary permissions. This work will aim to minimise the possibility of interruptions to your electricity supply.

## Planning Application - Marsh Lane Norley

An application has been submitted to CWAC to develop a wedding and entertainment venue with camping and caravanning facilities and also to construct a wind turbine. The planning application number is 11/03306/FUL. To keep in touch with the progress of this application and to be aware of the opportunities to make your feelings known at public meetings or by other means contact Max White at [maxwhite@aol.com](mailto:maxwhite@aol.com) who, in conjunction with the Parish Council, is keeping local residents informed of progress.

# Bartalk

Welcome to Bartalk, the latest bulletin of the Bar initiative, reporting on bar specific events and activities held to encourage more Residents and their guests to use the Bar and Lounge facilities in the Clubhouse. This is an abridged extract from Bartalk; copies of the current full issue of Bartalk complete with the televised sports schedules are available in the Bar and at Reception.

## Mexican Fiesta

It was with great regret that we had to announce the cancellation of the Mexican Fiesta on Sunday 28th August. Unfortunately the Mexican trained chef appointed for this event had been hospitalised with serious injuries following a road accident and was unable to provide the catering. At such short notice, we were unable to secure the services of a replacement caterer and felt that we had no alternative but to reluctantly cancel this event and apologise to all Residents for having to take that course of action. We do however intend to treat this merely as a postponement rather than a cancellation and hope to organise another Mexican Fiesta early next summer.

## Sunday Carvery

**Sunday October 9**

Following a break for the summer, we are pleased to confirm that Gary Wiffin will be returning as our invited Head Chef to present his Sunday Carvery on Sunday October 9 from 12 noon. The format will be the same and Table Reservations can now be made at Reception.

The following Carvery is then scheduled for Sunday November 13.

## Bonfire Night

**Saturday November 5**

We first want to thank the Residents who responded to our plea for assistance with the fireworks this year and we are pleased to confirm we have a new team in place, so the Fireworks Display will go ahead. This year the Bonfire will be lit at 6:30pm and the Fireworks Display will commence at 7:00pm. Following the display, do come in to the Clubhouse for a drink, where we plan to have some hot refreshments on sale.

The organisers of the event are grateful for all contributions, with the proceeds collected on the night from the sale of refreshments, the raffle & bucket collections being used to pay for the fireworks and going towards the Children's Christmas Party.

## French Cuisine & Beaujolais Evening

**Thursday November 17**

Following the success of last year's Beaujolais Evening, we are planning a similar event again this year to **celebrate the Beaujolais Nouveau Festival**.

Again we have managed to source some cases of Beaujolais Nouveau to be with us on the actual Beaujolais Nouveau day! We are therefore going to celebrate the Beaujolais Festival in true French style with a 3 course French Buffet all washed down with a glass of Beaujolais Nouveau. After starters and main courses, Residents can round off their meal with a selection of Fine French Cheeses, representing most of the eight different families of 'Fromage'. We are planning a single sitting to allow Residents to enjoy the entire evening and this year we also hope to provide some musical entertainment.

Arrangements are still to be finalised but an announcement will be sent out on e-mail to all who are registered for the DPML news service and full details will appear on the Club notice boards. We hope you will be able to come along and join us for this Cuisine Evening, so please look out for further details.

## The Charles Hutchinson Pool Tournament

The Competitions for 2010 & 2011 are now well under way (both being run in parallel). The 'Finals' will be played in November, with the date posted up in the poolroom as soon as all previous rounds have been completed and the finalists are known. There will be light refreshments on 'Finals Night' for all those who have taken part, so do come along and support the evening and see if there will be a new holder of the trophy, or if the reigning champion Pete Bishop still has a say in the matter.

## Live TV Premier League Football to be screened in the Sports Bar

Following the successful SkyItalia trial last season, we are pleased to report that the new European Satellite System from Viasat is now installed. This provides a **FULL** selection of channels for **EVERY** Premier League Football match, all with English commentary and some in HD! **Now EVERY Man United and Liverpool Premier League game will be shown during October**, with the full TV schedule listed in the main Bartalk and in the Sports Bar.

# Community Groups

## 39/45 Club

The 39/45 Club began in 1985 on the 40th anniversary of VE Day. A small group of ex-servicemen then met in the bar for a chat and a drink. As the group grew it cleaned up the (then disused) Lodge in order to hold meetings. Membership grew to about 30 where it has remained.

New members are introduced by current members and at the monthly meetings we try to provide speakers who promote lively discussion. After the speaker we have a break for refreshments - sandwiches and pie provided by members on a rotation basis. Then we have the 'formal' meeting to discuss forthcoming trips, games of snooker, pool, bowls etc. Currently, in addition to the monthly meetings we also have several regular events during the year.

These include an Annual Dinner, a formal event held each year. We have the St Valentine's Day Luncheon at a local restaurant and also the 'Summer Social' in the Park Room. We also have a representation at the Armistice Day Service at Norley Church.

For further information contact Paul Rogers at [3945@delamerepark.co.uk](mailto:3945@delamerepark.co.uk) or call 889728.

## Mah Jongg

Our small group meets from 1.30 p.m. to 5.00 p.m. on the 2<sup>nd</sup> and last Thursdays of each month. We have recently acquired a few new members, and would always welcome a few more, so do consider coming along to see what it is all about. Mah Jongg is a relatively easy game to learn, and we are a sociable bunch.

Our next Mah Jongg dates are October 13 and 27 and November 3 and 24.

For further information, e-mail [mahjongg@delamerepark.co.uk](mailto:mahjongg@delamerepark.co.uk), or ring Maria on 889728.

## Bridge Club

We play on Monday evenings at 7.15 p.m. in the Park Room (when it is available), or at 7.00 p.m. in the Lodge. Details of the venue are shown on the Notice Board in the Clubhouse. A warm welcome is assured.

We are starting a Bridge tuition course in October, and hope to encourage more people to join our regular Monday group.

Further enquiries to Leo Miles on 301699.

## Gardening Club

The nights are drawing in now, so why not join us for our monthly meetings and speaker evenings in the Clubhouse Park Room? This is what we have lined up for the next 2 months.

### Speakers

October 24 – Mike Reeves - "An Artist's Small Garden"

November 28 – Derek Jones – "A Shropshire Lad – Experiences in the 1930s"

Any queries, ring Brian Hoyland on 888550.



## Community Groups

### Iyengar Yoga

Did you know that here on the Park we have a qualified Yoga teacher in Sue Rennie who holds a Iyengar Yoga class every Tuesday (In Term Time) starting at 13:15.

#### Some Frequently asked Questions

##### What is Iyengar Yoga and What are the Benefits

In Iyengar Yoga the focus is very much on correct alignment of the body. By working with care and attention to alignment the body takes the most benefit from the postures.

Practising yoga helps overcome stresses and strains. It brings vitality, flexibility, strength, concentration, self-confidence and mental calm and promotes a firm foundation for health and well being.

##### What shall I wear ?

Anything comfortable such as a t-shirt and shorts or leggings. It is recommended that you do yoga in bare feet.

##### What about Equipment ?

Equipment is available which can be used whilst you "give us a try". Subsequently Sue can sort out some for you to buy if you decide to join the class.

##### Can I have a Meal before the Class ?

Yoga should be practised on an empty stomach so try to give a heavy meal about four hours to digest. Leave an hour for a light snack or drink.

We are a small friendly group ranging in age from 30 something to .... Don't ask. At the moment the class is all women, but men are just as welcome to join us.

**If you would any further information just ring Sue Rennie on 888324**



### Whist Drive

Whist Drives are light hearted and are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome even if you have never played or are a bit rusty. **Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362**

##### Dates for the coming months are:

October 8 and November 12

### Squirrels Pre School Nursery

The squirrels children broke up in July for summer. Before they broke up the leavers gave a wonderful rendition of Goldilocks and the 3 bears to their Families. It was a sad day to say goodbye to the children but a lovely send off for them. The children also enjoyed a big teddy bears picnic and sports day on the last day of term. Again, it was a big family event with parents and grandparents cheering the children on.

Over the summer, we have made considerable improvements to the front of the building and have extended the playground. This has given the children more space to play in and provided a lovely grassy area. I'm sure you will all agree it looks lovely from the outside and enhances the look. Shortly before summer we had an unannounced visit from Ofsted. We are pleased to report we achieved a 'good' across all areas which is the second highest grade awarded. Well done to the staff for their hard work.

Our opening hours are 9-3 on Mon - Thur. Should you be interested, please pop in or call Della or Romany on 01606 888782.

# Community Groups

## Ladies' Club

"Bin Baby" was the intriguing title of our September meeting. The speaker Judy Townsend told us her inspirational life story of being found abandoned on a rubbish dump as a newborn baby. Fortunately she was found and taken to a Christian Missionary Orphanage where she received care and education, but lacked any display of affection. Whilst working as nanny to a British family on Kuala Lumpur naval base, Judy saved all her wages to fly to England to train as a nurse. Sustained by her faith and strength of character and sense of humour, she had a very successful career, marriage and family. Members and guests loved hearing Judy's talk.

October 10 — "An Evening of Oriental Dancing" with Fatma. This will be another intriguing meeting!

November 14 — "Christmas Decorations to Make" with Helen Cushion.

December 12 — Christmas Party with mulled wine, buffet with wine, and entertainment with Brian Lester (Delamere Park's own Neil Diamond) - members only.

All ladies resident on the Park are very welcome to join Ladies' Club (£5 for remainder of year) or come as a guest £2. Meetings start at 8pm

If you would like further information please contact Iris Lyon on 888408 or email [ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk).

## Homewatch

HomeWatch is an independent, voluntary, community-based network of residents. While HomeWatch supports and is supported by the police and other agencies, its independence is a vital aspect of its work.

Its main aims are to:

- Reduce crime, anti-social behaviour and fear of crime
- Provide reassurance to local communities
- Improve residents' quality of life
- Encourage neighbourliness and a closer community.



For more information go to <http://www.mynhw.co.uk/>

### Scrap Collectors

Recently there has been an increase in the number of lorries cruising through the Park looking for scrap. Please report any suspicious activity as they may have something else on their shopping list.

### Thefts from Gardens

Garden ornaments were stolen recently from a property in Frodsham. Please do all you can to secure your garden equipment.

### Suspicious Activity in Crowton

Reports of men with lamps in fields around the Crowton area recently. The men were in a Black Mitsubishi van unfortunately no other details are available. Please report any sightings.

### Burglary

Occurred recently at a house in Moss Lane Cuddington. Entry was via the rear doors of the property and items were taken. Please be vigilant and keep your house secure at all times.

## Contact Numbers

To report a scam please contact Consumer Direct on **08454 04 05 06**

To report serious incidents such as where a person's safety may be endangered call **999**.

To report a crime call **0845 458 0000** this is handled by the Cheshire Police call centre which is manned 24 hours a day.

To report a crime anonymously call Crimestoppers on **0800 555 111**.

To report non urgent matters call the Community Action Team on **0845 458 6393**.

You can contact your local HomeWatch co-ordinator David Bowker at [homewatch@delamerepark.co.uk](mailto:homewatch@delamerepark.co.uk)

visit [www.delamerepark.co.uk](http://www.delamerepark.co.uk) for more information

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# Sports Clubs

## Exercise Classes

Being fit is the interaction of all the muscles in your body working together to complete a specific task, and the fitter you are, the easier that task will be. It is about your fitness being functional. This means that some people may be 'fit' in just one aspect of physical activity. For example, a swimmer might be fit to swim front crawl for an hour, but couldn't jog for ten minutes. Circuit training is for general fitness. All our classes are suitable for a wide range of fitness levels, and can easily be adapted for any individual targets you may have. Come along and have a chat and try it out.

**All classes take place in the Park Room and cost £3 per session.**

### Pilates Circuit for Beginners and Improvers — Thursdays 09:30 to 10:30

Pilates is an approach to exercise which focuses on toning, balance and mobility. This circuit will help you develop your core stability muscles, increase muscular endurance, increase joint mobility and stability, help postural alignment, help reduce injuries and muscular back pain. **Low impact**, No jumping or aerobics. **High effect**, toning, mobility and balance.

What to wear - anything comfortable and stretchy – trainers or bare feet

### Body Balance Exercise with Music Circuit - Mondays 10:00 to 11:00

Specially designed for Women - Gently tone and stretch your whole body - each session. This circuit is for anyone who wants to begin exercising at their own pace – help lose a few pounds – become more healthy – tone and shape their muscles – increase endurance – increase their aerobic capacity - increase joint mobility, stability and flexibility – help postural alignment – help reduce injuries or muscular back pain - have some fun whilst exercising.

Wear anything comfortable and trainers.

### General Circuit Training for Men and Women age 15 plus - Mondays 18:00 to 19:00 except Bank Holidays Thursdays 19:00 to 20:00

General fitness training for all abilities. Exercises include cardiovascular fitness, callisthenics, muscle tone/endurance, core stability, balance and Pilates style exercises to help improve everyday functional fitness, balance muscle groups and improve general fitness for sports. Wear anything comfortable and trainers.

**For more information contact Hilary on 07812 684979 or email her at [hilaryhep@hotmail.co.uk](mailto:hilaryhep@hotmail.co.uk)**

## Water Aerobics

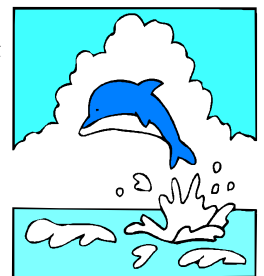
Water Aerobics latest donation to St Lukes Hospice was £208.39, raised in just seven weeks. The amount was boosted by a resident who found a ten pound note and handed it in to reception saying if it was not claimed she was happy for the cash to go to charity. After a month it was added to our St Lukes box. The hospice is very grateful for this support.

### The sessions are as follows:

Wednesdays: 11.00am to 12noon

Thursdays: 20:00 to 21:00 (Generally there are more spaces at the Thursday sessions)

Cost is £2 per person per session all of which is donated to St Lukes Hospice, Winsford. **For further details please contact Reception or email [sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)**



## Ju Jitsu

A class is held every Wednesday between 19:00 and 20:30 in the Park Room. It is run by a qualified black belt trainer and is open to both Juniors and Adults.

For further information please see the **Notice Board**, or email [jujitsu@delamerepark.co.uk](mailto:jujitsu@delamerepark.co.uk)



## Services

### Reception Telephone Number - 889263

#### Woodchip and Leaf Mould Sales

**Woodchip**      £2.00 per bag (50p delivery under 5 bags)  
                          £25 per container load

**Leaf mould**      £2.00 per bag

Contact Reception to place your order.




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#### Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £120 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

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#### Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the Clubhouse facilities (including squash and tennis courts) will only be taken after 15:00.

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#### Recommended Services

At Reception we have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at Reception.

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#### Coffee and Chat

Coffee and tea is available at Reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

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#### Lost Property

Reception has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

### Next Edition - December 2011

Deadline for receipt of contributions is November 15 2011.

These should be sent to [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk) or left at Reception.

# park dates

Delamere Park community events timetable



## October 2011

### Special Events

|         |                  |              |
|---------|------------------|--------------|
| Carvery | Sunday October 9 | Noon — 17:00 |
|         |                  |              |

| Regular Meetings and Activities<br>Community Groups<br>and<br>Sports Clubs | Normally meet each month on<br>the day(s) shown below<br><br>Changes/Cancellations may occur<br>due to Bank Holidays or other factors<br>such as the venue being unavailable | Time     | Week Numbers       |    |    |    |    |
|--|--|----------|--------------------|----|----|----|----|
|  |  |          | 1                  | 2  | 3  | 4  | 5  |
|  |  |          | Dates in each Week |    |    |    |    |
| Art Classes  | Every Wednesday  | 12—14:30 | 5                  | 12 | 19 | 26 | -  |
| Bridge   | Every Monday — Lodge 19:00 or Clubhouse 19:15  |          | 3                  | 10 | 17 | 24 | 31 |
| Coffee Mornings  | First Thursday/Third Monday  | 10:30    | 6                  | -  | 17 | -  | -  |
| Gardening Club   | Fourth Monday  | 20:00    | -                  | -  | -  | 24 | -  |
| Ladies Club  | Second Monday  | 20:00    | -                  | 10 | -  | -  | -  |
| Mah Jongg  | Second/Last Thursday   | 13:30    | -                  | 13 | -  | 27 | -  |
| Whist  | Usually First or Second Saturday   | 19:30    | -                  | 8  | -  | -  | -  |
| 39/45  | Third Wednesday  | 19:30    | -                  | -  | 19 | -  | -  |
| Social — Plot Draw   | Every Tuesday  | 20:30    | 4                  | 11 | 18 | 25 | -  |
| Social — Quiz Night  | Every Wednesday  | 20:30    | 5                  | 12 | 19 | 26 | -  |
| Yoga   | Every Tuesday <b>Term Time Only</b>  | 13:15    | 4                  | 11 | 18 | 25 | -  |
| Adult Swimming   | Every Wednesday  | 20:00    | 5                  | 12 | 19 | 26 | -  |
| Children's Swimming Lessons  | Every Saturday   | 15:30    | 1                  | 8  | 15 | 22 | 29 |
| Exercise Classes - Body Balance  | Every Monday   | 10:00    | 3                  | 10 | 17 | 24 | 31 |
| Exercise Classes - Circuit Training  | Every Monday   | 18:00    | 3                  | 10 | 17 | 24 | 31 |
| Exercise Classes - Pilates Circuit   | Every Thursday   | 09:30    | 6                  | 13 | 20 | 27 | -  |
| Exercise Classes - Circuit Training  | Every Thursday   | 18:30    | 6                  | 13 | 20 | 27 | -  |
| Indoor Bowls   | Every Tuesday  | 20:00    | 4                  | 11 | 18 | 25 | -  |
| Ju Jitsu   | Every Wednesday  | 19:00    | 5                  | 12 | 19 | 26 | -  |
| Squash-Mens Team   | Every Thursday ) <b>Winter</b>   | 19:00    | 6                  | 13 | 20 | 27 | -  |
| Squash- Ladies Team  | Every Monday ) <b>Only</b>   | 19:00    | 3                  | 10 | 17 | 24 | 31 |
| Squash-Junior Coaching   | Every Sunday   | 16:45    | 2                  | 9  | 16 | 23 | 30 |
| Squash-Social  | Second Tuesday in the Month  | 19:00    | -                  | 11 | -  | -  | -  |
| Table Tennis   | Every Tuesday  | 18:00    | 4                  | 11 | 18 | 25 | -  |
| Water Aerobics   | Every Wednesday  | 11:00    | 5                  | 12 | 19 | 26 | -  |
| Water-Aerobics   | Every Thursday   | 20:00    | 6                  | 13 | 20 | 27 | -  |

visit [www.delamerepark.co.uk](http://www.delamerepark.co.uk) for more information

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# park dates

Delamere Park community events timetable



November 2011

## Special Events

|  |                      |              |
|--|----------------------|--------------|
| <b>Bonfire Night</b>                           | Saturday November 5  | 19:00        |
| <b>Carvery</b>                                 | Sunday November 6    | Noon — 17:00 |
| <b>French Cuisine &amp; Beaujolais Evening</b> | Thursday November 17 | TBA          |

| Regular Meetings and Activities<br>Community Groups<br>and<br>Sports Clubs | Normally meet each month on<br>the day(s) shown below<br><br>Changes/Cancellations may occur<br>due to Bank Holidays or other factors<br>such as the venue being unavailable | Time  | Week Numbers       |    |    |    |    |
|--|--|-------|--------------------|----|----|----|----|
|  |  |       | 1                  | 2  | 3  | 4  | 5  |
|  |  |       | Dates in each Week |    |    |    |    |
| Art Classes  | Every Wednesday  | 13:00 | 2                  | 9  | 16 | 23 | 30 |
| Bridge   | Every Monday — Lodge 19:00 or Clubhouse 19:15  |       | -                  | 7  | 14 | 21 | 28 |
| Coffee Mornings  | First Thursday/Third Monday  | 10:30 | 3                  | -  | -  | 21 | -  |
| Gardening Club   | Fourth Monday  | 20:00 | -                  | -  | -  | -  | 28 |
| Ladies Club  | Second Monday  | 20:00 | -                  | -  | 14 | -  | -  |
| Mah Jongg  | Second/Last Thursday   | 13:30 | -                  | 10 | -  | 24 | -  |
| Whist  | Usually First or Second Saturday   | 19:30 | -                  | 12 | -  | -  | -  |
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# Contacts

## Trustees

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## Community Groups and Sports Clubs

### Adult swimming

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### Cricket

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### Homewatch

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### Ladies Club

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### Table Tennis

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### Whist

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### Sports and Leisure Association

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### Chairman - Community Groups

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### Book Club

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### Exercise Classes

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### Indoor Bowls

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### Mah Jongg

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### Squash

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### Tennis

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### Yoga

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### Bridge

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### Gardening Club

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### Ju Jitsu

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### Residents band

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### Squirrels

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### Water Aerobics

Ann Dean

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### 39/45 Club

Paul Rogers

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If you do not have access to email then contact can be made with the above named via Reception on 889263.