

park dates

Delamere Park community events timetable



August 2010

Special Events

Violin Concert	Sunday August 8	Tickets £6 from Reception
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Regular Meetings and Activities Community Groups and Sports Clubs	Normally meet each month on the day(s) shown below Changes/Cancellations could be due Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	2	9	16	23	30
Coffee Mornings	First Thursday/Third Monday	10:30	5	-	-	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	-	-
Ladies Club	Second Monday	20:00	-	-	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	12	-	26	-
Whist	Usually First or Second Saturday	19:30	-	-	21	-	-
39/45	Third Wednesday	19:30	-	-	18	-	-
Social — Plot Draw	Every Tuesday	20:30	3	10	17	24	31
Social — Quiz Night	Every Wednesday	20:30	4	11	18	25	-
Adult Swimming	Every Wednesday	20:00	4	11	18	25	-
Children's Swimming Lessons	Every Saturday	16:00	-	-	-	-	-
Exercise Classes - Body Balance	Every Monday	10:00	2	9	16	23	-
Exercise Classes - Circuit Training	Every Monday	18:00	2	9	16	23	-
Exercise Classes - Pilates Circuit	Every Thursday	09:30	-	12	19	26	-
Exercise Classes - Circuit Training	Every Thursday	19:00	5	12	19	26	-
Indoor Bowls	Every Tuesday	20:00	3	10	17	24	31
Ju Jitsu	Every Wednesday	19:00	-	-	-	-	-
Squash-Mens Team	Every Thursday) Winter	19:00	-	-	-	-	-
Squash- Ladies Team	Every Monday) Only	19:00	-	-	-	-	-
Squash-Junior Coaching	Every Sunday	16:45	1	8	15	22	29
Squash-Social	Second Tuesday in the Month	19:00	-	10	-	-	-
Table Tennis	Every Tuesday	18:00	3	10	17	24	31
Water Aerobics	Every Wednesday	11:00	4	11	18	25	-
Water-Aerobics	Every Thursday	20:00	5	12	19	26	-
Yoga	Every Tuesday Term Time Only	13:15	-	-	-	-	-