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### Trustees

Regrettably Willie Wilson has decided to resign as a trustee, the trustees would like to thank Willie for his hard work, enthusiasm and dedication whilst working with the gardeners. The trustees have co-opted two further trustees, Martin Cutbill and Chris Hardy who we welcome.

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### Boundaries

We would like to bring to residents attention that discussions between Cheshire West & Chester Council are currently taking place over the existing boundaries which may or may not effect residents of Delamere Park. Please direct any questions you may have to our local Parish Council.

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### Community Groups

Peter Lund, the Chairman of the Community Groups has decided to retire after 15 years of Chairing the group. Both Trustees and residents would like to thank Peter for all that he has done to support and enrich our community over the past 15 years.

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### Hairspray the Musical

All the tickets for Hairspray on Wednesday July 21 have now been sold but if anyone is interested in going please contact Jenny Lever at [jenny@david-lever.co.uk](mailto:jenny@david-lever.co.uk) who will put your name on a waiting list.

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### Gritting Bins

We have had an update on these bins from the Council. In the Summer months CWAC will be refurbishing them and re-siting them taking into account the requests we have made regarding the location of these bins.

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### Bar Prices

With effect from April 1 2010 it has been necessary to make small increases to the price of drinks in the bar, increased patronage has helped to keep the increases to a minimum.

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### Concert Outings

We will shortly be circulating to our regulars proposals for trips during the rest of the year. If you would like to be added to our circulation list, please ring Paul or Maria on 889728.

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### Coffee Mornings

Thanks to the Ladies' Club and the 39-45 Club for hosting the February and March coffee mornings. We meet on the first Thursday of each month. Do come and join us from 10.30 to 12.00 noon, either for a few minutes or for the whole session. Our next coffee mornings are:

**Thursday April 1** - hosted by the Adult Swimming Group

**Thursday May 6** - hosted by the Gardening Club

**Thursday June 3** - hosted by Water Aerobics

**For further information, ring Maria on 889728.**

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### Sports and Leisure Association

The Sport & Leisure Association would like to thank all who attended the Dance Thru the Decades and supported the Raffle on the night. We are pleased to announce a donation of the combined proceeds of £322 to the Delamere Park Playground Project.

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## Potholes

The recent bad winter with the freezing and thawing of water, has left a lot of the roads on the Park with potholes. If you want to report maintenance issues the best way is to contact Cheshire West & Chester (CWAC) directly and you can contact them by phone on 0300 123 7036 or on-line, where fault reporting is very easy. Just visit the CWAC website [www.cheshirewestandchester.gov.uk](http://www.cheshirewestandchester.gov.uk) and select the appropriate category from the left hand column, in this case: Transport & Roads > Highways & Roads > Fault Reporting. You can then use the online mapping system to let CWAC know of any highway faults by placing a red flag on the precise location of the fault on a zoom-in map. You then receive an e-mail acknowledgment with an Enquiry Reference Number, which you can quote to check on progress by contacting the Customer Contact Centre (same number as above).

If you do not have internet access at home, you can always use the Internet Café in the Clubhouse.

## Email Address

If you change your internet provider or job please do not forget to update your address via the website at [www.delamerepark.co.uk/mailling\\_list/default.asp](http://www.delamerepark.co.uk/mailling_list/default.asp). We have a number of addresses which are clearly out date as a consequence a number of residents are not receiving emails. So please update your details in order to continue to receive Park notices by email. Similarly if you acquire a computer and want to receive Park notices by email then go to [www.delamerepark.co.uk/mailling\\_list/sign\\_up.asp](http://www.delamerepark.co.uk/mailling_list/sign_up.asp) to register your details.

## Play Area

You may remember in the last Park Talk we had approached Cuddington & Sandiway Parish Council for a donation. We are pleased to say that they have offered us £1000. Also Cheshire West & Chester Council have made £3000 available from their Play Build Scheme. As you would imagine there are strings attached to the grants which we are now considering. In addition we intend to apply for a grant to WREN which has an application deadline of June and a decision date of October.

A dance was held on March 20 the proceeds from ticket sales, bar and raffle amounted to £322. Thank you to Steve & Kathy Parsons and others from the Sports and Leisure Association for organising the dance and those people who donated raffle prizes.

In addition we are very grateful for the donations we have received from the User Group Committee, Squirrels, Yoga, Mah Jongg, Coffee Morning, Water Aerobics and Littlers Butchers.



## Norley Rural Skills Centre

Many of you are probably unaware of the existence of this centre located off Finger Post Lane in Norley. It is run by the British Trust for Conservation Volunteers (BTCV) whose aim is to undertake projects that have a positive impact on how people think, feel and behave towards their environment and community. Some of the work undertaken at the centre include: hedge planting, tree felling, living willow sculptures, orchard planting, footpath construction, greenwood crafts, installing a pond, creating a wildflower meadow and improving the biodiversity of habitats across the site.

The centre is holding an open day with free entry on Sunday May 9 between 10:00 and 17:00 with the following attractions:

- Greenwood Craft Demonstrations
- Kids Activities
- Guided Walks
- BBQ (Locally Farmed Beef)
- Charcoal Burning
- Launch event for the *Friends Of* group
- Minibeast Habitat Workshops and lots more...



Look for the BTCV flag on the roadside on the day. Parking is limited so if you are able to walk to the site (or park nearby) it would be appreciated; otherwise follow instruction from a Steward on the day. Contact James Kendall of the BTCV for more details at [j.kendall@btcv.org.uk](mailto:j.kendall@btcv.org.uk) or call 07740 899712.

## Bartalk

In the last issue of Parktalk we announced a new Bar initiative, created to try and encourage more Residents and their Guests to make use of the Bar & Lounge facilities in the Clubhouse.

As part of the initiative, we are introducing new & different events over the coming months that we hope will appeal to Residents. The first of these events was an **Authentic Indian Cuisine Evening**, which we held in the Club's Lounge on Thursday 25 February '10.

**We want to say a huge THANK YOU to all Residents & their guests who came along and made the evening so enjoyable.** We were delighted that this first event proved to be so popular, in fact it was a complete sell out and we apologise to all the Residents who wanted to come along but were unable to get tickets. We have tried to respond promptly by hosting another of these events as detailed below.



### Next Dining Event for 2010

The second event in this series will be a **Chinese Cuisine Evening**, to be held in the Club's Lounge on **Thursday 22 April '10**. In our quest to try and deliver full authenticity to such an event, we again have turned to the experts and this time have invited the Delamere Fortune Palace, Hatchmere to bring their staff onto the Park to prepare and serve their traditional Chinese dishes with a special menu created exclusively for the Residents & their Guests in the Club's Lounge.

This will be a help-yourself, all you can eat Buffet, comprising of a special range of Chinese dishes for you to enjoy. Again space in the Lounge is at a premium and as we want to accommodate Residents comfortably, **this will be a ticket only event, available from Reception and comprise of two sittings:**

- Early Sitting: 7:30 pm - 9:00 pm Adults £13 (children 12 & under £8.50)
- Late Sitting: 9:15 pm - 10:45 pm Adults £13 (16 and over)
- We regret that Takeaways **will not** be available on the evening.
- The Bar will also be open from 6:30 pm

The Park Room will host the Buffet itself, thereby providing maximum space in the Lounge for dining. The Lounge is principally intended to accommodate small party groups typically up to 4 per table but a single party grouping of up to 6/7 can potentially be accommodated.



The Park Room offers some additional 'spillover' capacity but dining will be on large tables only and will be limited. Should any larger groups wish to attend the evening this would only be possible in the Park Room and will only be by special arrangement. Please contact Reception, or e-mail [bartalk@delamerepark.co.uk](mailto:bartalk@delamerepark.co.uk) with your request and we will do our best to accommodate you.

**This provides just a brief summary of the event; full details are available at Reception. Please also note that the last event sold out rapidly, so we strongly advise you get your tickets early, so as not to be disappointed.**

### Future Events

We are currently planning two further weekend events:

- **Wine Tasting** scheduled for Saturday 15 May '10 (tickets will be available mid April)
- **Cocktails and Canapés Evening** that we hope to hold on a Saturday during June

Full details of these events and ticket availability will appear in the main **Bartalk** Newsletter.

### Tuesday Night Plot Draw

Don't forget that **every Tuesday night there is a Plot Draw** in the Bar, if you are in the Bar after 9:00pm you stand the chance of winning a sizeable cash sum if your plot number is drawn out the hat. At the time of going to print, **the cash pot is now on its 32nd rollover week and currently stands at £825** – but of course you have to be in it ... (the Bar that is) ... to win it! And that's not all, every time you make a purchase from the bar on the night; your receipt is entered into a draw. Towards the end of the evening a receipt is drawn out of the hat and the winner receives £10.

(This is an abridged extract from **Bartalk**. The full **Bartalk** Newsletter is available in the Bar & at Reception)

# Community Groups

## 39/45 Club

Our speaker in February Ray Milne gave an interesting talk on 'Cheshire Inland Search and Rescue'. The speaker for March was Dave Greatorex on Genealogy. Other talks arranged are:

- **April** - Ornithology with George Pilkington
- **May** - Our A.G.M. when Ray Taylor retires. In spite of some ill health he has been very faithful in his office as Chairman. Stan Mendham will replace him.
- **June** - Beekeeping with Robert Jennings
- **July** - Our Calendar with Mike Slones

As mentioned in our last Newsletter item the following visits have now been organized:

**June 23** - A visit to Stratford-on-Avon. The cost of the coach is £10 a head. It will leave about 09.45 and return about 18:00. If anyone is interested in joining the party ring Ron Price 881968. **May 19** - A visit in May to Morgan Motors has been arranged. Transport will be by shared cars. **April 22 and September 16** - John Walters has once again organized our trips to the indoor bowling centre at Prestatyn. I have the suspicion that most members really go for the excellent lunch.

**For further information contact Norman Shelley at 3945@delamerepark.co.uk**

## Bridge Club

We play on Monday evenings at 7.15 p.m. in the Park Room (when it is available), or at 7.00 p.m. in the Lodge. Details of the venue are shown on the Notice Board in the Clubhouse. A warm welcome is assured.

**Further enquiries to Leo Miles on 301699.**

## Book Club

Members meet approximately once a month, usually on a Thursday at 19:45, to discuss that month's chosen book. Meetings are held in members' homes and depending on the book chosen can result in some fairly lively interchange of views; the meetings are friendly and informal helped along by a bottle or two of wine.

Over the last two years we have read and reviewed more than 20 books ranging from Lionel Shriver's "We Need to Talk About Kevin" to Nancy Mitford's "The Pursuit of Love" by way of J G Ballard's "Concrete Island" and John Boyne's "The Boy in the Striped Pyjamas". The next meeting will be on April 8 when we will be discussing Anita Shreve's "Sea Glass".

Forthcoming books will include Anthony Trollope's "Can You Forgive Her" and Denise Mina's "Still Midnight".

**If you are interested in joining us please contact Alan Shaw on 881771 for details.**

## Mah Jongg

Come and try a different game. You can learn the basics of Mah Jongg in an afternoon, and each game lasts around twenty minutes. We meet on the second and last Thursdays of each month at 1.30 p.m. in the Clubhouse.

The next dates are :

**April - 8 and 29**  
**May - 13 and 27**

**For further information, e-mail**  
[mahjongg@delamerepark.co.uk](mailto:mahjongg@delamerepark.co.uk)  
or ring Maria on 889728.

## Whist

Whist Drives are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome so even if you haven't played for a while we can soon help you recap. The 'Drives' are light hearted with the only serious issue being who carries home the 'Scotch'.

**Dates for the coming months are:**

**April 10**  
**May 8**

**Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362**

# Community Groups

## Social Group

### Jazz in the Afternoon

There will be Jazz In the Afternoon on **Sunday May 9**, 16:00 to 19:00 in the Park Room. Mike Carnie & his Jazz Band will be playing and one of the members will be Paul Sawtell who was in Kenny Ball's Jazz Band. Afternoon tea will be served, so do come along for a great Jazz session. Tickets are £5 and are available now or subject to maximum numbers, on the door.

### Gala Day/Party in the Park

Will be held on **Saturday July 10**. Any one who would like to have a stall or participate in any way please contact Liz Rodliffe.

For further information email [Social@delamerepark.co.uk](mailto:Social@delamerepark.co.uk) or call Liz on **881893**.

## Gardening Club

### Speakers and Visits for the coming months are:

<b>April 9</b>	Group Daffodil walk at Foxwist Green Farm starting at 14:00 in aid of McMillan Cancer Support
<b>April 26</b>	Speaker on Poppies and Fritillarias
<b>May 6</b>	Evening visit to 4 Oaks Nursery for Hanging Baskets demo
<b>May 21</b>	3 day visit to Alnwick Castle, Banburgh Castle, Lindisfarne and Durham
<b>May 24</b>	Speaker on Grappenhall Walled Garden
<b>June 28</b>	Visit to Grappenhall Walled Garden

All residents are welcome to join the Gardening Club at any Speakers meeting for only £7 per annum.

For further details contact **Brian Hoyland on 888550**.

## Delamere Park Garden, Craft and Produce Show 2010

On page 8 as promised, there is a list of classes for the Show on September 11, so that you can decide and, if necessary, start preparing, for whichever you would like to enter. We feel that there is "something for everyone" and hope that you will agree.

The Show Committee would like to encourage you to enter something, and in turn to encourage your families, to enter too. We are still waiting to hear from the Squirrels staff for their suggestion for our 5th class for the 3-5 age group, but hopefully we can let you know what this will be in the next Newsletter.

## Squirrels Pre School Nursery

Squirrels is a small Ofsted inspected pre-school located on Delamere Park. It offers places to Children aged from 2yrs to School age during term time and will accept Government SureStart Vouchers and Childcare Vouchers. It is a wonderful, nurturing environment with excellent devoted staff.

We are once again collecting Tesco School Vouchers and Sainsbury's Active kids vouchers. As a result of the generosity of residents last year, we were able to 'buy' some great outdoor toys and wonderful arts and crafts for the children. As we are a small charity run pre school your support is invaluable. A collection box is in reception or you can post through the Squirrels letter box. Please ask friends, family, work colleagues. Thanks in advance.

**To arrange a visit or to have an informal chat, please pop in or call Della or Romany on 01606 888782.**



# Community Groups

## Ladies' Club

Our AGM was held on Feb 8 and started with a complementary glass of wine. Iris Lyon agreed to stand again as Chairman, Iris and all the committee were re-elected unanimously for a further year in office, Yvonne Cooper as Secretary, Elizabeth Hill as Treasurer Christine Simpson, Janet Wilkinson, and Isobel Nicholson as Committee members. Iris asked for volunteers to be additional committee members.

Isobel is to continue to manage the Book Sales in the foyer, which raised £400 for charities in 2009. Members voted to donate £200 to St Luke's Hospice and £200 to Motor Neurone Disease Association.

A full programme of varied and entertaining speakers, outings and meals, theatre trips, and parties has been arranged for the year commencing March 8. The speaker at that meeting was Irene Rutter who showed slides & talked about Lewis Carroll and Daresbury Church.

Future dates for your diaries:-

**April 12** - Norma Walmsley will tell us more about her amazing experience as Governess to the children of the Sultan of Brunei.

**May 10** - Fiona Walkley (Janet Wilkinson's daughter) will describe setting up Expressions Clinic in Beverley, with her Consultant Anaesthetist husband who administers Botox & Dermafill cosmetic procedures.

**June 14** - Belinda and Ian Davenport from Davenports Florist & Farmshop will demonstrate beautiful flower arrangements and tell us about developments in the farm shop and Cafe. You could win an arrangement in the raffle.

New members and guests are always warmly welcome. Meetings start at 8pm, so do come and join us.

**If anyone would like further information about Ladies' Club, please contact Iris Lyon on 888408 or email [ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk)**

## Homewatch

During a recent User Group Meeting the subject of Door Step Callers was raised. I have on many occasions advised through this Newsletter the correct method of dealing with some more undesirable visitors. The following is the best advice.

The first step is NOT to answer the door. If you do decide to answer the door, be **FIRM and say a polite no thank you**. At Reception you can obtain a small card to leave in a place visible to callers which states *Trading Standards and the Police have advised me not to buy goods etc at the door*. There is also a telephone number to call for assistance.

Spring has Sprung and gardening has commenced. Remember not to leave your front door open whilst working in the garden.

Cheshire Fire and Rescue Service are urging the public to take extra care when heating microwavable wheat bags. There are many types of wheat bags now available on the market including slippers, teddy bears and hot water bottles. Please be aware that there is a potential safety risk if manufacturers guidelines are not followed correctly when heating this type of product.

If you spot any suspicious vehicles which currently includes a Ford Mondeo (FE 59 YEX), White Ford Transit (DK09XGD) and a Red Tipper (no index number) report them to the numbers below.

To report serious incidents such as where a persons safety may be endangered call **999**.

To report a crime call **0845 458 0000** this is handled by the Cheshire Police call centre which is manned 24 hours a day.

To report a crime anonymously call Crimestoppers on **0800 555 111**.

To report non urgent matters call the Community Action Team on **0845 458 6393**.

To contact Sophie Baxter our Police Community Support Officer email her at [sophie.baxter@cheshire.pnn.police.uk](mailto:sophie.baxter@cheshire.pnn.police.uk)

**For more information contact David Bowker at [homewatch@delamerepark.co.uk](mailto:homewatch@delamerepark.co.uk)**



# Sports Clubs

## Circuit Training

Government guidelines suggest that each of us should take part in 5 lots of moderate exercise for 30 minutes each week.

Circuit training, one of the best forms of exercise, is on your door step, so why not leave the car behind and make circuit training part of your weekly exercise plan.

Benefits can include, weight loss, and can help improve; muscle tone, strength, fitness, flexibility, energy levels, and stamina, and can also improve postural muscles helping to reduce backache.

All classes have beginners, intermediate and advanced exercises, so come and join us, **Use it or Lose it!**

**Monday evenings 18:00 to 19:00 (please note that classes do not run on bank holidays)**  
**Thursday evenings - 19:00 to 20:00**

This class is a mixture of aerobics, step, stretch and tone, and sports fitness training, and includes the all important core stability training. All welcome.

**Monday Afternoon Circuits - 13:30 to 14:30**

A fun, low impact circuit, including a selection of resistance/postural exercises to help improve muscle tone, and low impact dance aerobics to help improve the cardiovascular system. Beginners welcome.

Comfortable clothing, trainers and a bottle of water required.

**How much do you value your health?**  
**Start TODAY. Make exercise a weekly habit by coming**

**For more information contact Hilary on 07812 684979 or email her at [hilaryhep@hotmail.co.uk](mailto:hilaryhep@hotmail.co.uk)**

## Water Aerobics

Water Aerobics most recent donation to St Lukes Hospice, Winsford, in February was £323.01p which was gratefully received.

Unfortunately, we had to cancel four of our sessions during the problems with the Club's boilers but hopefully, everything will run smoothly from now on.

The sessions are as follows:

Wednesdays: 11.00am to 12noon  
 Thursdays: 8.00pm to 9.00pm

Generally there are more spaces at the Thursday sessions.

**For further details please contact Reception or email [sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)**

## Ju Jitsu

A successful grading has just occurred. Seven junior members are now sporting new belts. There has also been a successful attendance from the seniors, with six adults attending on a Wednesday.

Ju Jitsu is held in the Park room every Wednesday from 7pm.

**For further details please contact Reception or email [jujitsu@delamerepark.co.uk](mailto:jujitsu@delamerepark.co.uk)**

## CRAFT, GARDEN & PRODUCE SHOW - SATURDAY SEPTEMBER 11 2010

### Schedule of Classes

Vegetables and Fruit Displayed on a paper plate (supplied)		Handicraft/Hobbies (cont)	
<b>1</b>	Runner Beans x 5	<b>33</b>	Picture, watercolour (mounted or framed) [please state dimensions on entry form]
<b>2</b>	Courgettes x 3	<b>34</b>	Picture, any other medium (mounted or framed) [please state dimensions on entry form].
<b>3</b>	Tomatoes x 5	<b>35</b>	1 Action photograph (n/e 6"x8"/15cmx20cm)
<b>4</b>	Onions (tops tied) x 3	<b>36</b>	1 Humorous photograph (n/e 6"x8"/15cmx20cm)
<b>5</b>	Dessert Apples x 3	<b>37</b>	1 Photograph depicting Wildlife (n/e 6"x8"/15cmx20cm)
<b>6</b>	Cooking Apples x 3	<b>38</b>	Any other item of craft
<b>7</b>	Heaviest Marrow	<b>Note:</b> NB Classes <b>35,36,37</b> WILL be restricted to 3 entries, in total, per exhibitor.	
<b>8</b>	Longest Runner Bean	In classes 30-38 inclusive there will be a special prize to the best exhibit by a person 16 and under in each class. Age at date of show to be shown on exhibit.	
<b>9</b>	5 pieces of any other fruit Can be mixed	<b>JUNIOR SECTION</b> (Age to be stated on all exhibits, which <b>MUST</b> be child's own work)	
<b>10</b>	Vase fresh herbs (min 3 types) (arranged for appearance: listed)	<b>Age 3 to 5 years</b>	
<b>Flowers/Plants (Pots n/e 23cm/9")</b>		<b>39</b>	A Picture, any medium
<b>11</b>	1 Foliage potplant.	<b>40</b>	Three (3) Decorated Digestive Biscuits
<b>12</b>	1 Flowering potplant	<b>41</b>	Animal made from plant/vegetable material
<b>13</b>	1 Cactus and/or Succulent in a pot	<b>42</b>	Colouring official picture
<b>14</b>	Vase Dahlias	<b>43</b>	?
<b>15</b>	Vase Roses	<b>Age 6 to 9 years</b>	
<b>16</b>	Vase Annuals (can be mixed)	<b>44</b>	A Picture, any medium
<b>17</b>	Vase Perennials (can be mixed)	<b>45</b>	Three (3) Decorated Digestive Biscuits
<b>18</b>	Single Rose Stem	<b>46</b>	A plate of Blackberries (5-10)
<b>19</b>	Planted patio pot, summer flowering Pot n/e 36cm/14" - planted by exhibitor	<b>47</b>	Garden on a tray
<b>Floral Art</b>		<b>48</b>	Colouring official picture
<b>20</b>	Fresh Flower Arrangement featuring glass space n/e 46cm x 46cm/18" x 18"	<b>Age 10 to 13 years</b>	
<b>21</b>	Fresh Flower Arrangement in a tea cup space n/e 22cm x 22cm/8" x 8"	<b>49</b>	A picture, any medium
<b>22</b>	An arrangement of fresh foliage/hips/berries space n/e 46cm x 46cm	<b>50</b>	Item made from recycled materials
<b>Homecraft</b>		<b>51</b>	Garden on a tray
<b>23</b>	1 Jar Marmalade (454gm/1lb)	<b>52</b>	Three (3) decorated Fairy Cakes
<b>24</b>	1 Jar Jam (454gm/1lb)	<b>53</b>	Photo of sport action
<b>25</b>	1 Jar Preserves (454gm/1lb)	If you have any queries please contact Pat Sweetingham at <a href="mailto:sweetp_flower@yahoo.co.uk">sweetp_flower@yahoo.co.uk</a> or on 888667 or 07787 543488	
<b>26</b>	1 Mixed Fruit Loaf (2lb tin)		
<b>27</b>	1 Victoria Sandwich Cake (3 eggs) - jam filled		
<b>28</b>	Savoury pie, or flan (max 10"/26cm diam)		
<b>29</b>	1 Apple Pie (top/bottom crust) max 26cm/10" plate		
<b>Handicraft/Hobbies</b>			
<b>30</b>	Greetings Card, n/e 6" x 8" (15cm x 20cm)		
<b>31</b>	Specimen of cross-stitch embroidery/tapestry / beadwork - can be from a kit		
<b>32</b>	1 Hand knitted item		

# Services

## Reception Telephone Number - 889263

### Logs, Woodchip and Leaf Mould Sales

**Woodchip**      £2.00 per bag (50p delivery under 5 bags)  
£25 per container load

**Logs**            £2.50 per bag (50p delivery under 5 bags)  
£35 per container load

**Leaf mould**    £1.50 per bag

Contact Reception to place your order.



### Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £100 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

### Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the club facilities (including squash and tennis courts) will only be taken after 14:00.

### Reception - Recommended Services

We have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at reception.

### Coffee and Chat

Coffee and tea is available at reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

### Lost Property

Reception has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

### Next Edition - June 2010

**Deadline for receipt of contributions is May 15 2010.**

These should be sent by email to [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk) or left at Reception.

# park dates

Delamere Park community events timetable



## April 2010

Community Group or Sports Club	Normally meet each month on the day(s) shown below  Changes/Cancellations could be due Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	-	5	12	19	26
Coffee Mornings	First Thursday/Third Monday	10:30	1	-	-	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	-	26
Ladies Club	Second Monday	20:00	-	-	12	-	-
Mah Jongg	Second/Last Thursday	13:00	-	8	-	-	29
Whist	Usually First or Second Saturday	19:30	-	10	-	-	-
39/45	Third Wednesday	19:30	-	-	-	21	-
Social — Plot Draw	Every Tuesday	20:30	-	6	13	20	27
Social — Quiz Night	Every Wednesday	20:30	-	7	14	21	28
Adult Swimming	Every Wednesday	20:00	-	7	14	21	28
Circuit Training-Adults/Beginners	Every Monday	13:30	-	-	12	19	26
Circuit Training-Adults/Juniors	Every Monday	18:00	-	-	12	19	26
Circuit Training-Adults	Every Thursday	19:00	1	8	15	22	29
Indoor Bowls	Every Tuesday	20:00	-	6	13	20	27
Ju Jitsu	Every Wednesday	19:00	-	7	14	21	28
Squash-Mens Team	Every Thursday ) <b>Winter</b>	19:00	1	8	15	22	29
Squash- Ladies Team	Every Monday ) <b>Only</b>	19:00	-	-	12	19	26
Squash-Junior Coaching	Every Sunday	16:45	-	4	11	18	25
Squash-Social	Second Tuesday in the Month	19:00	-	-	13	-	-
Table Tennis	Every Tuesday	18:00	-	6	13	20	27
Water Aerobics	Every Wednesday	11:00	-	7	14	21	28
Water-Aerobics	Every Thursday	20:00	1	8	15	22	29
Yoga	Every Tuesday <b>Term Time Only</b>	13:15	-	6	13	20	27

# park dates

Delamere Park community events timetable



## May 2010

Community Group or Sports Club	Normally meet each month on the day(s) shown below  Changes/Cancellations could be due Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	3	10	17	24	31
Coffee Mornings	First Thursday/Third Monday	10:30	6	-	-	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	24	-
Ladies Club	Second Monday	20:00	-	10	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	13	-	27	-
Whist	Usually First or Second Saturday	19:30	8	-	-	-	-
39/45	Third Wednesday	19:30	-	-	19	-	-
Social — Plot Draw	Every Tuesday	20:30	4	11	18	25	-
Social — Quiz Night	Every Wednesday	20:30	5	12	19	26	-
Social - Jazz in the Afternoon		16:00	-	9	-	-	-
Adult Swimming	Every Wednesday	20:00	5	12	19	26	-
Circuit Training-Adults/Beginners	Every Monday	13:30	-	10	17	24	-
Circuit Training-Adults/Juniors	Every Monday	18:00	-	10	17	24	-
Circuit Training-Adults	Every Thursday	19:00	6	13	20	27	-
Indoor Bowls	Every Tuesday	20:00	4	11	18	25	-
Ju Jitsu	Every Wednesday	19:00	5	12	19	26	-
Squash-Mens Team	Every Thursday ) <b>Winter</b>	19:00	-	-	-	-	-
Squash- Ladies Team	Every Monday ) <b>Only</b>	19:00	-	-	-	-	-
Squash-Junior Coaching	Every Sunday	16:45	2	9	16	23	30
Squash-Social	Second Tuesday in the Month	19:00	-	11	-	-	-
Table Tennis	Every Tuesday	18:00	4	11	18	25	-
Water Aerobics	Every Wednesday	11:00	5	12	19	26	-
Water-Aerobics	Every Thursday	20:00	6	13	20	27	-
Yoga	Every Tuesday <b>Term Time Only</b>	13:15	4	11	18	25	-

# Contacts

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## Facilities Manager

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## Community Groups and Sports Clubs

### Indoor Bowls

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### Gardening Club

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### Squash

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### Mah Jongg

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### Adult swimming

Lynne Shelley

[swim@delamerepark.co.uk](mailto:swim@delamerepark.co.uk)

### Book Club

Alan Shaw

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### Circuit Training

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### Social Group

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[social@delamerepark.co.uk](mailto:social@delamerepark.co.uk)

### Squirrels

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### 39/45 Club

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### Whist

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### Residents band

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### Ju Jitsu

Peris Roberts

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### Table Tennis

[sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)

### Ladies Club

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### Water Aerobics

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### Homewatch

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### Yoga

Pam Firth

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### Tennis

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### Bridge

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### Cricket

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**If you do not have access to email then contact can be made with the above named via Reception on 889263.**