



---

### Family Community Group

There is a large proportion of residents who have young families and never come into the clubhouse and use the many facilities we have to offer. The clubhouse facilities are for everyone, we all pay the same fees and the clubhouse belongs to everyone.

It would be fantastic if more young families became involved in community activities and felt they could have their say in what goes on in the clubhouse and make a difference to the park, but the only way to do this is by becoming involved.

I know everyone is busy working and bringing up children, I am too, but I feel it is crucial for the younger generation to become more involved in the community as we are the next generation.

I want to form a group of residents who would represent families on the park and organise 'family friendly' events such as family disco, BBQ, quiz etc...

Please contact me at [Trustees@Delamerepark.co.uk](mailto:Trustees@Delamerepark.co.uk) or leave me a note at Reception.

Jeannine Kolodziejki, Chairman of The Trustees

---

### Children's Christmas Party

The party was held on Sunday 20<sup>th</sup> December and was attended by 27 of the younger children on the park. They were entertained by Pop up Polly and also had a visit from Father Christmas.

A big thank you to those who helped organise and support the party. Sincere thanks to Mary Long for her dedication and commitment and of course not forgetting, Father Christmas who made a lot of children very happy.

---

### Disco

The Sports & Leisure Association invites you to Dance out the Decades Disco featuring favourites from the 80s, 90s and Noughties!

Saturday March 20 8pm - 12 midnight, Tickets on sale late February

Please support - all proceeds will go towards the Play Area project.



---

### Coffee Mornings

Thanks to the Mah Jongg Group and Gardening Club for hosting the December and January coffee mornings. Remember that during the winter months we also meet on the 3<sup>rd</sup> Monday of the month as well as the first Thursday. Do come and join us from 10.30 to 12.00 noon, either for a few minutes or for the whole session.

Nearly 50 people enjoyed our Christmas Lunch following on from the December coffee morning. This was mainly funded by the donations made at the monthly coffee mornings. Do join in as a 'regular' in anticipation of our next occasion.

Our next coffee mornings are :

Thursday **February 4**, hosted by the Ladies' Club and Monday **February 15**

Thursday **March 4**, hosted by the 39-45 Club and Monday **March 15**

Thursday **April 1**, hosted by the Adult Swimming Group

For further information, ring Maria on 889728.



## Waste Bins

Would residents please ensure that between collections all waste bins are kept out of sight.

## Dogs

Dog fouling is not only illegal on amenity lands but a health hazard to everyone. The Dog's [Fouling of Land] Act 1996 applies to all the amenity land on The Park. This makes it an offence not to remove, straight away, any faeces deposited by your dog on amenity land. Failure to do so carries a maximum penalty of £1,000 and a subsequent criminal record if found guilty of the offence.

Instances of dog fouling can be reported directly to Cheshire West and Chester Council , STREETSCENE group on 0300 1238123 and any photographs of a dog fouling can be uploaded and emailed directly to the address below who will take action to identify the owner and deal with the offence [columbmcphillips@cheshirewestandchester.gov.uk](mailto:columbmcphillips@cheshirewestandchester.gov.uk) Dogs should not be allowed to roam unsupervised, legally the dog wardens can and do seize unsupervised dogs, the cost of recovering the dog being born by the owner

## Concert Outings

Our next trip to the Liverpool Philharmonic Hall will be on Wednesday March 17, "The Lark Ascending", conducted by Vasily Petrenko.

We have now filled all of the available seats. If you are interested in coming along to this concert, you could join a stand-by list in case anyone has to drop out nearer the time. Please ring Paul or Maria on 889728.

## Play Area

As many of you may be aware securing funding is a long drawn out process. We have made requests to the Cuddington & Sandiway Parish Council and also to the Play Build Scheme at Chester & Cheshire West Council, we are awaiting a reply from both of them. An application will be made to WREN. Their next application deadline will be at the end of March and if we are successful funding would be made available in August 2010.

The User Groups have very kindly offered to run fundraising events during the year so please come and support them, the first being a Disco Saturday March 20. We also intend to have raffles so if you would like to donate a raffle prize it would be gratefully appreciated. Prizes may be left at Reception for the attention of the Play Build Scheme. Should you have any questions or queries relating to the play area please e-mail [News@Delamerepark.co.uk](mailto:News@Delamerepark.co.uk) or leave a message for Mary Long at Reception.



## Walking Club

In response to popular demand, the Sports & Leisure Group is resurrecting the Walking Group. In order to reduce the work involved in devising and leading walks we intend to trial the idea of rotating 6 circular walks (though we may add more over time). Initially the walks will be lead by the people who devised them. It is proposed that the walks take place on a Sunday, at fortnightly intervals starting at 10:30 at the Clubhouse.

The idea is to provide a sociable form of outdoor exercise – so please join us. If you have any other suggestions or would like to devise a walk please contact Mandy Cutbill at [cutbillm@aol.com](mailto:cutbillm@aol.com) or on 07985 200805.

Date	Route	Distance	Initial leader
14/2	Circular route around along Acton Bridge & Dutton Locks starting and finishing at the Leigh Arms.	5.5 – 6 miles	Mandy Cutbill
28/2	Circular route to Delamere starting at Clubhouse with an opportunity for a coffee & cakes at Delamere Station.	Allow 2- 2.5 hours.	Jeff & Sandra Prest
14/3	Circular route to Cuddington starting at Clubhouse with an opportunity for a 'swift half ' at the White Barn.	5 miles.	Carolyn Beamson
28/3	tbc		Hilary & Ian Heptenstall
11/4	tbc		Alison & Michael Levy
tbc	Circular route to Norley starting at Clubhouse with an opportunity for a 'swift half ' at the Tigers Head.	3 miles	Steve and Kathy Parsons

## Bartalk

As we enter 2010, we are starting a brand new Bar initiative. We want to encourage more Residents and their Guests to make use of the Bar & Lounge facilities in the Clubhouse.

As part of this new initiative, we plan to introduce new & different events over the coming months that will hopefully appeal to Residents. We intend to communicate this and other Bar related topics via a new, dedicated Newsletter entitled '**Bartalk**'. We also want to encourage Residents to send us your views, ideas, opinions and feedback. You can e-mail us at <[bartalk@delamerepark.co.uk](mailto:bartalk@delamerepark.co.uk)> or leave a note at Reception addressed to: **Bartalk**.



### First Event for 2010

To start the year, we would like to announce we are going to host an **Authentic Indian Cuisine Evening**, to be held in the Club's Lounge on **Thursday 25 February '10**.

We felt the only way to truly deliver full authenticity to such an event was to bring in the experts. We therefore invited the Cheshire Tandoori Restaurant (Castle, Northwich) to bring their staff onto the Park, utilising our kitchen facilities to help prepare and serve their traditional Indian dishes exclusively to Residents & their Guests in the Club's Lounge.



This will be a help-yourself, all you can eat Buffet, comprising of a wide range of Indian dishes for you to enjoy. As space in the Lounge is at a premium and we want to accommodate Residents comfortably, **this will be a ticket only event and comprise of two sittings**, Residents will have to decide when buying their ticket, if they want the Early Sitting: 7:15pm - 8:45pm (children welcome) or the Late Sitting: 9:00pm - 10:30pm (no under 16's). Takeaways will also be available throughout the evening.

Tickets will be available at Reception at £10.50 per head (children 12 & under £7:00). At the end of the early sitting we kindly request Residents vacate the Lounge by 8:45pm where they can move into the Bar. This will allow us to accommodate Residents arriving for the late sitting from 9:00pm. Your observance of this will be greatly appreciated.

We strongly advise you get your tickets early so as not to be disappointed. When purchasing tickets please also stipulate the size of your party, so that we may try and provide suitable table configurations.

If successful, we plan to follow this event with a similar styled Chinese Cuisine evening prepared by one of our excellent local restaurants, look out for details in future editions of **Bartalk**.

### Regular Midweek Events

Don't forget that **every Tuesday night there is a Plot Draw** in the Bar, if you are in the Bar you stand the chance of winning a sizeable cash sum if your plot number is drawn out of the hat. At the time of going to print, **the cash pot is currently £600** – that will pay your annual fees! Remember, you have to be in it ... (the Bar that is) ... to win it! Then **every Wednesday night is Quiz Night**, which is held in the Lounge, so come along and enjoy the challenge and see if you can win a prize.

### Bar Prices

The Bar has been faced with two major increases in costs with effect from 1 January '10. VAT has risen by 2.5% but the brewery has also levied a significant increase. These additional costs have to be accommodated through Bar revenue one way or another. You may have already witnessed increases in prices in some of the local pubs & restaurants.

We are pleased to report however, that the Bar Management has chosen to freeze the price of drinks at last year's prices up to 1 March '10. This has been done in the hope that Residents will try and make more use of the Bar & Lounge and if Revenues are able to increase through extra sales, then this may cover the increase in costs. That however, is entirely up to you ... the Residents! The Bar Management will have to monitor this closely and if Revenues do not improve sufficiently to cover the increase, then Bar prices will have to be reviewed again in March.

We are fortunate to enjoy much lower cost drinks here in our own Residents Club than any of the local bars or pubs and we all would like that to continue, so please come along and support your own 'local' here on the Park and help keep the Bar prices low!

# Community Groups

## 39/45 Club

The 39/45 annual pool competition held in November was won by John Walters the runner-up was Harry Ryder. Thanks to Keith Patterson for once again organizing it. Our Annual Dinner dance took place on January 14 at the Fourways Restaurant. 54 Members and friends enjoyed the evening and entertainment. The coach driver got us there and safely back in the very icy conditions.

Ron Price has once again put together a very interesting and varied selection of speakers for our meetings. We thank him for his excellent efforts.

- **February** - Cheshire Inland Search and Rescue with Ray Milne
- **March** - Genealogy with Dave Greatorex
- **April** - Ornithology with George Pilkington
- **May** - Our A.G.M. when Ray Taylor retires. In spite of some ill health he has been very faithful in his office as Chairman. Stan Mendham will replace him.
- **June** - Beekeeping with Robert Jennings
- **July** - Our Calendar with Mike Slones

We hope to organize some visits in the summer. Details will be given in the April edition of the Newsletter.

**For further information contact Norman Shelley at 3945@delamerepark.co.uk**

## Bridge Club

We play on Monday evenings at 7.15 p.m. in the Park Room (when it is available), or at 7.00 p.m. in the Lodge. Details of the venue are shown on the Notice Board in the Clubhouse. All are welcome to join us, whether beginners or more experienced players. A warm welcome is assured.



**Further enquiries to Leo Miles on 301699**

## Book Club

Did you know that a Book Club has been running for almost a year here on the Park?

We meet once a month to discuss a book, often over a glass or two of wine, in one of the members' homes. Our meetings are usually held on a Thursday (the third or fourth of the month) at 7.30 pm. If you would like to come along to future meetings please contact Alan Shaw on **881771** for further details of the next book and date.

## Mah Jongg

Come and try a different game. You can learn the basics of Mah Jongg in an afternoon, and each game lasts around twenty minutes. We meet on the second and last Thursdays of each month at 1.30 p.m. in the Clubhouse.

The next dates are :

**February - 11 and 25**

**March - 11 and 25**

**For further information, e-mail**  
[mahjongg@delamerepark.co.uk](mailto:mahjongg@delamerepark.co.uk)  
 or ring Maria on 889728.

## Whist

Whist Drives are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome so even if you haven't played for a while we can soon help you recap. The 'Drives' are light hearted with the only serious issue being who carries home the 'Scotch'.

**Dates for the coming months are:**

**February 13**

**March 13**

**Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362**

# Community Groups

## Social Group

### Jazz in the Afternoon

Will be held in the Park Room on Sunday May 9 between 4 - 7 p.m.

Tickets will be £5 each to include afternoon tea and will be on sale at Reception from Saturday May 17.

For further information email [Social@delamerepark.co.uk](mailto:Social@delamerepark.co.uk) or call Liz on 881893.

## Gardening Club

Speakers for the early part of 2010 are:

**January 25** Naming of Plants — John Steedman

**February 22** Herbaceous and Perennial Plants—Sue Beesley

**March 22** Creating a Willow Sculpture — Caroline Gregson

**May 21** Three day visit to Alnwick Castle, Banburgh Castle, Lindisfarne and Durham. Two nights in a Hotel at a cost of £149.95. A £30 deposit is required to secure your booking.

**July 11** Garden Safari

All residents are welcome to join the Gardening Club at any Speakers meeting for only £7 per annum.

For further details contact Brian Hoyland on 888550.

## Delamere Park Garden, Craft and Produce Show 2010

The third annual Delamere Park Garden, Craft & Produce Show will be held on Saturday September 11 2010 in the Park Room. Class lists will be published in the next (April) newsletter to give everyone time to plan what they would like to enter!

The very hardworking Show committee would like to encourage ALL residents to take part. We feel that there is something for everyone. Last year, many visitors were heard to comment that they 'could do that'. We are hoping that, this year, they will!

Please also encourage your non-resident families, especially the youngsters, to enter, as we have found that those who do derive great pleasure from the show.

Remember: you've got to be in it to win it! Please do not feel that your efforts are not good enough – you may well be surprised at what you can achieve and it would be good to see an increase in entries this year; its great fun to take part! Prizes are awarded (in kind for the youngsters, aged 3-13, and CASH prizes for adult classes) plus a prize card, and trophies for section and overall winners. Judges are generally non-resident experts in their field. So come on, give it a go!

## Squirrels Pre School Nursery

Squirrels is a small Ofsted inspected pre-school located on Delamere Park. It offers places to Children aged from 2yrs to School age during term time and will accept Government SureStart Vouchers and Childcare Vouchers. It is a wonderful, nurturing environment with excellent devoted staff.

We have now got a new leaflet promoting our pre-school. If you would like a copy for your friends, grandchildren etc please pop into Squirrels.

If you would like to arrange a visit or to have an informal chat, please pop in or phone Della or Romany on 01606 888782.



# Community Groups

## Ladies' Club

Considering the icy conditions, our January meeting was well attended when Diane Nowell who is a Blue Badge Guide gave a fascinating talk entitled, "A Trip Around the Wirral", this was backed up by a colourful slide presentation and many interesting facts past and present.

Ladies' Club AGM will be held on Monday February 8. The evening will commence with a complimentary glass of wine. This is the opportunity for members to discuss the future running of the Club, to elect new committee members and decide about donations to charity.

The March meeting will be the start of a new twelve month programme and time to renew subscriptions. Our speaker for the evening will be Irene Rutter who will talk about the life of Lewis Carroll the author and Daresbury Church.

Last year Norma Walmsley gave a wonderful talk about her time working as a Governess to the children of the Sultan of Brunei, she will return in April to talk more about her experiences as a Governess in the far East.

Future dates for your diaries:

- February 8 — AGM
- March 8 — Lewis Carroll and Daresbury Church

**If anyone would like further information about Ladies' Club, please contact Iris Lyon on 888408 or email [ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk)**

## Homewatch

### Motorists

Should the bad weather return it is a motoring offence to drive a motor vehicle covered in snow. We have all seen, and some of us are guilty of just clearing the section of the windscreen cleared by the windscreen wipers, and letting the heater in the rear screen to clear the snow. As unpleasant as it is to get wet in the cold by clearing the snow it can save you a £60 fine and 3 points. It is also irresponsible to try to drive in such conditions.



### Distraction Burglaries

These are still occurring, even on the Park. The utility companies do provide their people with Photo Id cards. Don't be afraid to ask to see them, and if in doubt don't phone the telephone number on the card provided by the caller. Ask them to return later and then "Call a Friend". If the caller is genuine, he will do as asked. Don't forget to report any suspicious vehicles which you observe on the Park.

### Home Security Checks

There have been instances of an unnamed company cold calling over the telephone informing residents saying that they are recommended by the Police for home security checks. This is incorrect and if it happens to you please report this to the police.

### Fire Service Check Visits

In the last Newsletter we asked if residents were interested in a free survey of their property by the Fire Service. To date there has been little interest in this offer. If you are interested then please leave your name at Reception.

To report serious incidents such as where a persons safety may be endangered call **999**.

To report a crime call **0845 458 0000** this is handled by the Cheshire Police call centre which is manned 24 hours a day.

To report a crime anonymously call Crimestoppers on **0800 555 111**.

To report non urgent matters call the Community Action Team on **0845 458 6393**.

To contact Sophie Baxter our Police Community Support Officer email her at [sophie.baxter@cheshire.pnn.police.uk](mailto:sophie.baxter@cheshire.pnn.police.uk)

**For more information contact David Bowker at [homewatch@delamerepark.co.uk](mailto:homewatch@delamerepark.co.uk)**

# Sports Clubs

## Circuit Training

Government guidelines suggest that each of us should take part in 5 lots of moderate exercise for 30 minutes each week.

Circuit training, one of the best forms of exercise, is on your door step, so why not leave the car behind and make circuit training part of your weekly exercise plan.

Benefits can include, weight loss, and can help improve; muscle tone, strength, fitness, flexibility, energy levels, and stamina, and can also improve postural muscles helping to reduce backache.

All classes have beginners, intermediate and advanced exercises, so come and join us, **Use it or Lose it!**

**Monday evenings 18:00 to 19:00**  
**Thursday evenings - 19:00 to 20:00**

This class is a mixture of aerobics, step, stretch and tone, and sports fitness training, and includes the all important core stability training. All welcome.

**Monday Afternoon Circuits - 13:30 to 14:30**

A fun, low impact circuit, including a selection of resistance/postural exercises to help improve muscle tone, and low impact dance aerobics to help improve the cardiovascular system. Beginners welcome.

Comfortable clothing, trainers and a bottle of water required.

**How much do you value your health?**  
**Start TODAY. Make exercise a weekly habit by coming**

**For more information contact Hilary on 07812 684979, email [hilaryhep@hotmail.co.uk](mailto:hilaryhep@hotmail.co.uk)**

---

## Water Aerobics

We had our Christmas lunch at the Hare and Hounds on December 9. 29 of us attended and the food and service were excellent. We resumed our sessions on January 3 with a very good turnout all keen to make up for the Christmas excesses!

Water Aerobics meet in the pool as follows:

Wednesdays: 11.00am 'til 12noon  
 Thursdays: 8.00pm 'til 9.00pm

Plenty of empty spaces for the Thursday evening slot. Special requirements, bring a pair of cotton trainer socks as the bottom of the pool can be quite slippery.

**For further details please contact reception or email [sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)**

---

## Ju Jitsu

Ju Jitsu meets every Wednesday evening in the Park room at 7.30pm. All welcome. First session free. The children are currently preparing for their belt gradings in March.

**For further details please contact reception or email [jujitsu@delamerepark.co.uk](mailto:jujitsu@delamerepark.co.uk)**

# Services

## Reception Telephone Number - 889263

### Logs, Woodchip and Leaf Mould Sales

**Woodchip**      £2.00 per bag (50p delivery under 5 bags)  
                      £25 per container load

**Logs**            £2.50 per bag (50p delivery under 5 bags)  
                      £35 per container load

**Leaf mould**    £1.50 per bag

Contact Reception to place your order.



### Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £100 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

### Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the club facilities (including squash and tennis courts) will only be taken after 14:00.

### Reception - Recommended Services

We have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at reception.

### Coffee and Chat

Coffee and tea is available at reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

### Lost Property

Reception has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

### Next Edition - April 2010

Deadline for receipt of contributions is March 15 2010.

These should be sent by email to [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk) or left at Reception.

# park dates

Delamere Park community events timetable



## February 2010

Community Group or Sports Club	Normally meet each month on the day(s) shown below  Changes/Cancellations could be due Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	1	8	15	22	-
Coffee Mornings	First Thursday/Third Monday	10:30	4	-	15	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	22	-
Ladies Club	Second Monday	20:00	-	8	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	11	-	25	-
Whist	Usually First or Second Saturday	19:30	-	13	-	-	-
39/45	Third Wednesday	19:30	-	-	17	-	-
Social — Plot Draw	Every Tuesday	20:30	2	9	16	23	-
Social — Quiz Night	Every Wednesday	20:30	3	10	17	24	-
Adult Swimming	Every Wednesday	20:00	3	10	17	24	-
Circuit Training-Adults/Beginners	Every Monday	13:30	1	8	15	22	-
Circuit Training-Adults/Juniors	Every Monday	18:00	1	8	15	22	-
Circuit Training-Adults	Every Thursday	19:00	4	11	18	25	-
Indoor Bowls	Every Tuesday	20:00	2	9	16	23	-
Ju Jitsu	Every Wednesday	19:00	3	10	17	24	-
Squash-Mens Team	Every Thursday ) <b>Winter</b>	19:00	4	11	18	25	-
Squash- Ladies Team	Every Monday ) <b>Only</b>	19:00	1	8	15	22	-
Squash-Junior Coaching	Every Sunday	16:45	-	7	14	21	28
Squash-Social	Second Tuesday in the Month	19:00	-	9	-	-	-
Table Tennis	Every Tuesday	18:00	2	9	16	23	-
Water Aerobics	Every Wednesday	11:00	3	10	17	24	-
Water-Aerobics	Every Thursday	20:00	4	11	18	25	-
Yoga	Every Tuesday <b>Term Time Only</b>	13:15	2	9	16	23	-

# park dates

Delamere Park community events timetable



## March 2010

Community Group or Sports Club	Normally meet each month on the day(s) shown below  Changes/Cancellations could be due Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	1	8	15	22	29
Coffee Mornings	First Thursday/Third Monday	10:30	4	-	15	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	22	-
Ladies Club	Second Monday	20:00	-	8	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	11	-	25	-
Whist	Usually First or Second Saturday	19:30	-	13	-	-	-
39/45	Third Wednesday	19:30	-	-	17	-	-
Social — Plot Draw	Every Tuesday	20:30	2	9	16	23	30
Social — Quiz Night	Every Wednesday	20:30	3	10	17	24	31
Disco		19:30	-	-	20	-	-
Adult Swimming	Every Wednesday	20:00	3	10	17	24	31
Circuit Training-Adults/Beginners	Every Monday	13:30	1	8	15	22	29
Circuit Training-Adults/Juniors	Every Monday	18:00	1	8	15	22	29
Circuit Training-Adults	Every Thursday	19:00	4	11	18	25	-
Indoor Bowls	Every Tuesday	20:00	2	9	16	23	30
Ju Jitsu	Every Wednesday	19:00	3	10	17	24	31
Squash-Mens Team	Every Thursday ) <b>Winter</b>	19:00	4	11	18	25	-
Squash- Ladies Team	Every Monday ) <b>Only</b>	19:00	1	8	15	22	29
Squash-Junior Coaching	Every Sunday	16:45	-	7	14	21	28
Squash-Social	Second Tuesday in the Month	19:00	-	9	-	-	-
Table Tennis	Every Tuesday	18:00	2	9	16	23	30
Water Aerobics	Every Wednesday	11:00	3	10	17	24	31
Water-Aerobics	Every Thursday	20:00	4	11	18	25	-
Yoga	Every Tuesday <b>Term Time Only</b>	13:15	2	9	16	23	30

# park dates

Delamere Park community events timetable



## April 2010

Community Group or Sports Club	Normally meet each month on the day(s) shown below  Changes/Cancellations could be due Bank Holidays or other factors such as the venue being unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	-	5	12	19	26
Coffee Mornings	First Thursday/Third Monday	10:30	1	-	-	19	-
Gardening Club	Fourth Monday	20:00	-	-	-	-	26
Ladies Club	Second Monday	20:00	-	-	12	-	-
Mah Jongg	Second/Last Thursday	13:00	-	8	-	22	-
Whist	Usually First or Second Saturday	19:30	-	10	-	-	-
39/45	Third Wednesday	19:30	-	-	-	21	-
Social — Plot Draw	Every Tuesday	20:30	-	6	13	20	27
Social — Quiz Night	Every Wednesday	20:30	-	7	14	21	28
Adult Swimming	Every Wednesday	20:00	-	7	14	21	28
Circuit Training-Adults/Beginners	Every Monday	13:30	-	5	12	19	26
Circuit Training-Adults/Juniors	Every Monday	18:00	-	5	12	19	26
Circuit Training-Adults	Every Thursday	19:00	1	8	15	22	29
Indoor Bowls	Every Tuesday	20:00	-	6	13	20	27
Ju Jitsu	Every Wednesday	19:00	-	7	14	21	28
Squash-Mens Team	Every Thursday ) <b>Winter</b>	19:00	1	8	15	22	29
Squash- Ladies Team	Every Monday ) <b>Only</b>	19:00	-	5	12	19	26
Squash-Junior Coaching	Every Sunday	16:45	-	4	11	18	25
Squash-Social	Second Tuesday in the Month	19:00	-	-	13	-	-
Table Tennis	Every Tuesday	18:00	-	6	13	20	27
Water Aerobics	Every Wednesday	11:00	-	7	14	21	28
Water-Aerobics	Every Thursday	20:00	1	8	15	22	29
Yoga	Every Tuesday <b>Term Time Only</b>	13:15	-	6	13	20	27

## Contacts

Jeannine Kolodziejcki

Anne German

Frank Stewart

William Wilson

[trustees@delamerepark.co.uk](mailto:trustees@delamerepark.co.uk)

### Facilities Manager

Alan Baskerville

[alan@delamerepark.co.uk](mailto:alan@delamerepark.co.uk)

### Community Groups and Sports Clubs

#### Indoor Bowls

[sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)

#### Gardening Club

Brian Hoyland

[garden@delamerepark.co.uk](mailto:garden@delamerepark.co.uk)

#### Squash

Chris Hardy

[squash@delamerepark.co.uk](mailto:squash@delamerepark.co.uk)

#### Mah Jongg

Maria Rogers

[mahjongg@delamerepark.co.uk](mailto:mahjongg@delamerepark.co.uk)

#### Adult swimming

Lynne Shelley

[swim@delamerepark.co.uk](mailto:swim@delamerepark.co.uk)

#### Book Club

Alan Shaw

[bookclub@delamerepark.co.uk](mailto:bookclub@delamerepark.co.uk)

#### Circuit Training

Hilary Heptinstall

[circuits@delamerepark.co.uk](mailto:circuits@delamerepark.co.uk)

#### Social Group

Liz Rodliffe

[social@delamerepark.co.uk](mailto:social@delamerepark.co.uk)

#### Squirrels

Georgina Hulse

[squirrels@delamerepark.co.uk](mailto:squirrels@delamerepark.co.uk)

#### 39/45 Club

Norman Shelley

[3945@delamerepark.co.uk](mailto:3945@delamerepark.co.uk)

#### Whist

John Pattison

[whist@delamerepark.co.uk](mailto:whist@delamerepark.co.uk)

#### Residents band

David Rodliffe

[band@delamerepark.co.uk](mailto:band@delamerepark.co.uk)

#### Ju Jitsu

Peris Roberts

[jujitsu@delamerepark.co.uk](mailto:jujitsu@delamerepark.co.uk)

#### Table Tennis

[sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)

#### Ladies Club

Elizabeth Hill

[ladies@delamerepark.co.uk](mailto:ladies@delamerepark.co.uk)

#### Water Aerobics

Ann Dean

[water@delamerepark.co.uk](mailto:water@delamerepark.co.uk)

#### Homewatch

David Bowker

[homewatch@delamerepark.co.uk](mailto:homewatch@delamerepark.co.uk)

#### Yoga

Pam Firth

[yoga@delamerepark.co.uk](mailto:yoga@delamerepark.co.uk)

#### Tennis

[tennis@delamerepark.co.uk](mailto:tennis@delamerepark.co.uk)

#### Bridge

Leo Miles

[Bridge@delamerepark.co.uk](mailto:Bridge@delamerepark.co.uk)

#### Cricket

Robin Calvert

[sport@delamerepark.co.uk](mailto:sport@delamerepark.co.uk)

**If you do not have access to email then contact can be made with the above named via Reception on 889263.**