



Report from the Trustees Open Forum

Jeannine Kolodziejski welcomed about 80 residents to the Open Forum on April 30. Jeannine thanked our volunteers for their help in taking forward a number of projects which would not have made progress without their efforts.

Lagoons

Arthur Jennings is leading the project to bring the Long Acre lagoons back up to standard. All the segments have been cleared, weirs are being rebuilt by the gardeners and the pump has been repaired. Some planting has been done and work will continue to complete the project. Arthur will be asking residents of Long Acre for their views on the planting plan. If you would like to help with work please leave your name and contact details with Reception.

Play Area

Frank Stewart and Mary Long are leading the project to raise external funding for refurbishment of the play area. They and Dorothy Frewer have attended workshops on potential sources of funding and these are being followed up. We heard on the day before the forum that we had been unsuccessful in securing a grant from Play England which was submitted through our new council, CWAC. However, the council will help us to make further submissions in the hope that we can secure some funding to improve the facilities we currently have. Squirrels are also being involved as they may be another route where we can raise funds. As a point of reference the new play area in Norley which many of you may have seen cost in the region of £150,000 so, clearly, we could not fund anything like this amount from our own resources.

Bar

As we have told you in previous Park Talk editions a bar committee has been formed and this is led by Lesley Sharkey with help from Brian Leicester and Frank Stewart. The aim is to identify and, with Barry Eaton and his team, plan events to increase patronage. The first event, a Karaoke evening was a great success and the second, a Race Night, planned for May 30 will have been held by the time you read this. Hopefully you didn't miss a fun evening!

Welcome Pack

Dorothy Frewer and Keith Glover are producing a new welcome pack for incoming residents which will be delivered as someone moves into their new home. We hope this will help make them feel part of our community and enable them to become involved in activities sooner rather than later.

Grounds and Clubhouse Inspections

Lastly on projects, Frank is carrying out quarterly inspections of the inside of the Clubhouse to identify any minor works that need doing. If you're handy with a drill, screwdriver or paint brush and can help please let Reception know! Arthur is undertaking regular checks around the Park to identify any issues such as broken fencing or problems in borders and shrubberies which belong to DPML so that they can be rectified. If residents become aware of any issues please report them to Reception. Items such as footpaths, street lighting and roadways are council issues and should be reported directly to them.

Changing Rooms and Pool Areas

Keith Glover then gave the current situation on the problems in the changing rooms and pool areas. An architects report has now been received and this states that this part of the building has not been built in accordance with the agreed specification but that, in any event, the specification was inadequate. The existing changing rooms need to be demolished and completely rebuilt in the correct materials. Additionally, the builder has laid the tiling around the pool with an inadequate gradient for the water to safely drain away and this requires rectifying.

The total cost of this work has been estimated by our Quantity Surveyors at £233,000 and a claim has being lodged against the builder. At the time of writing we are waiting for a response. This may take some time to resolve and in the meantime we will not be able to carry out any temporary repairs so we ask residents to be understanding and accept that our facilities are not at the standard any of us would want. We will keep you informed as things progress.

Report from the Trustees Open Forum (cont)

2009/10 Budget

The last item to be covered by the Trustees was the budget for next year. A line by line review is being undertaken with the aim of a minimum of no increase in contributions. We have already changed our electricity supplier and this should save us in the region of £3,000 per year. We have also changed our telecoms supplier to reduce costs.

The biggest single item of expenditure is on maintaining the amenity lands and costs in the region of £57,000 per year, or around £133 per property. As mentioned in the last edition of Park Talk the Trustees have been investigating the possibility of outsourcing this work to an external contractor. It is important that we maintain standards which would be done by having a detailed specification for the work to be carried out and ensuring that we work in partnership with any contractor. Initial indications are that we may be able directly to save in the region of £10,000, about £25 per property, by outsourcing. There would be other savings in insurance costs and management time in addition to which we could make alternative use of the gardeners' compound area. Reiterating what we said in the last edition of Park Talk our existing gardeners' employment is secure as any contractor, by law, must employ our gardeners on their existing terms and conditions. We will continue to review all the budget items and will report back to residents at the next Open Forum on July 16. We welcome views from residents on any of the issues covered.

Broadband

Bob Hunt raised the question of the speed of broadband connections on the Park. From enquiries he had made he understood that these could be improved considerably if BT replaced the main cable to the Park from the exchange in Sandiway with a fibre optic one. After discussion Bob and Frank Stewart agreed to draft a petition for interested residents to sign which DPML would pass on to BT. Watch out for more news on this elsewhere in this edition or on the website.

Please put July 16 in your diary for our next forum.

Dogs and Horses

Once more can we ask ALL dog owners to act responsibly and clear dog dirt left by their pets. Not doing so is a health hazard, particularly to young children, as well as being unpleasant if you happen to walk in it. The Park is a nice place to live. Please help keep it that way. On a similar theme will all those who ride through the Park please keep to the roads only and not the footpaths. Horse manure may be good for your garden but no use on the footpath. If you have friends or acquaintances who ride here please ask them to follow this practice.

Clubhouse Car Park

If you, or any visitors you may have, need to leave a car in the car park for overnight or perhaps longer, please let reception know to avoid staff wasting time trying to identify vehicle owners or contacting the police.

Coffee Mornings

Many thanks to the Water Aerobics and Sports Association Groups for hosting the last two monthly Coffee Mornings. Come along to the next Morning; bring a friend; drop in for 10 minutes (or for 90!).

Our next Coffee Mornings are:

Thursday June 4, hosted by the Gardening Club as Thursday June 4 is POLLING DAY – why not combine your voting with a cup of tea or coffee?

Thursday July 2, hosted by the Ladies' Club

Thursday August 6, hosted by the 39/45 Club

For further information, ring Maria on 889728.



Tennis Courts

Following requests by a number of residents, the hedges around the courts have been cut which will be followed shortly by the erection of nets. These actions should prevent the incidence of tennis balls being lost.

Reporting Incidents to the Police

Under the Homewatch article (see page 5) we always publish the telephone numbers residents need to ring to inform the police of a particular incident. Reporting an incident needs to happen straight away and not the next day after perhaps you have spoken to Reception. Recently there has been incidents of under-age drinking, nuisance youths and anti-social behaviour which we can resolve if prompt action is taken by residents.

Additional Trustees Required

As most of you are aware currently we only have three Trustees which may reduce come the AGM in September. We are very grateful to those residents who have come forward to volunteer on various projects however it is important that the numbers of Trustees is increased so as to spread the load. The work involved is not overwhelming so please, if you can offer your time as a trustee please contact us at trustees@delamerepark.co.uk or telephone the office on 01606 889263 and we will call you back.

We need Trustees and we need them now, this Park belongs to us all and we cannot do it alone. We look forward to hearing from/seeing you soon.

Bar News

Theme Nights

We had our first themed evening a few weeks ago, Karaoke night, which was a great success. The evening combined with a special food offer, saw our takings treble in comparison to a normal Saturday evening and more importantly a great night was had by all... We have a few residents that could give Britain's Got Talent a serious run for their money. Many thanks to Brian Leicester for conducting the evening and for doing a fabulous rendition of Neil Diamond... Please watch blackboards and receptions for further planned events: Bingo, Family Karaoke, Play Your Cards Right....



Food

As some of you will be aware we have had a slight hitch with the food and had to suspend it for a short period, apologies for this. However we have just recruited another cook so please watch the blackboards and reception for further offers....

Swimming Pool

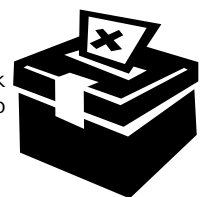
Before opening time we require a person at weekends and possibly other times to check the quality of the water administering chemicals as necessary. No experience required as training will be given. Please contact Alan Baskerville on 889263 or in person at Reception for any additional information.

Parktalk Content

Please remember that this is your Newsletter and therefore the content is very much down to you the reader. So if you have any suggestions, however obscure, please email News@delamerepark.co.uk or leave a note at Reception.

European Elections — June 4

Don't forget that you don't have to go far to cast your vote as we have a polling station right here on the Park which is open from 07:00 to 22:00. If you are able to stop by in the morning why not take advantage of a cup of coffee courtesy of the Gardening Club.



Community Groups

39/45 Club

Mr Frank Walker of Runcorn gave a very interesting talk about restoring old cars. Mrs Draper's talk 'The trouble with women' was very interesting, She contrasted how men and women had developed differently because of their different roles in life in the past. The man as the hunter gatherer and the woman as the home keeper and the rearer of the children. As a result they had developed different skills.

May is our AGM when we thank our retiring chairman Graham Simpson for his year of office and welcome our new chairman, Mr Ray Taylor who takes up office for the following twelve months. It is with great sadness that we have to report the death of one of our oldest members, Tommy Maher, after a long illness. Before his illness he was the life and soul of the party and a great worker for the community. Our condolences go to his wife Pat and his family. His funeral service was held at St Bede's Church, Weaverham. A large number of members of the 39/45 club attended.

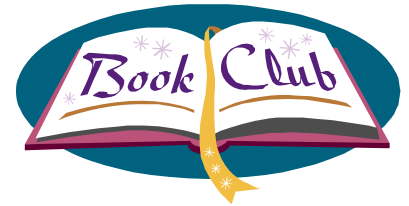
An outing is arranged for June 10 to the National Memorial Arboretum near Lichfield. The coach will leave the Park at 9.30p.m. and return by 5.30p.m. The cost is £9. You would be welcomed to join the party. If you are interested please contact Ron Price on 881968. Refreshments are available at the Arboretum.

Bridge Club

We are a small, but dedicated group and would welcome additional players. If you are a beginner, we will gladly help you, or if you are more advanced, then perhaps you could help us! We play on Monday evenings at 19:15 in the Park Room or 19:00 in the Lodge. We also play on a weekday afternoon by arrangement. Further enquiries to Leo Miles on 301699.

Book Club

Did you know that a Book Club has been running for almost a year here on the Park? Over the months some of the books we have discussed have included:



Light on Snow by Anita Shreve; **Digging to America** by Anne Tyler;
The Road Home by Rose Tremain; **The Rotters Club** by Jonathan Coe;
Behind the Scenes at the Museum by Kate Atkinson; **The Sacred Art of Stealing** by Christopher Brookmyre;
The Observations by Jane Harris; **The Glass Books of the Dream Eaters** by G W Dahlquist;
The Other Side of You by Salley Vickers; **We Need to Talk About Kevin** by Lionel Shriver

We meet once a month to discuss a book, often over a glass or two of wine, in one of the members' homes. Our meetings are usually held on a Thursday (the third or fourth of the month) at 7.30 pm. If you would like to come along to future meetings please contact Alan Shaw on **01606 881771** for further details of the next book and date.

Mah Jongg

Come and try a different game. You can learn the basics of Mah Jongg in an afternoon, and each game lasts around twenty minutes. We meet on the second and last Thursdays of each month at 13:30 in the Clubhouse.

Dates for the coming months are:

June 11 and 25
 July 9 and 30

Interested? E-mail mahjongg@delamerepark.co.uk, ring Maria on 889728, or just turn up on the day.

Whist

Whist Drives are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome so even if you haven't played for a while we can soon help you recap. The 'Drives' are light hearted with the only serious issue being who carries home the 'Scotch'.

Dates for the coming months are:

Saturday June 20
 Saturday July 25

Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362

Community Groups

Social Committee

Gala/Fun Day - Saturday July 11

This event is fast approaching, so here's some information. It will begin at 2 p.m. Events being run by the Community Groups include a bottle stall, face painting, mini nail & tattoo parlour, hook-a-duck, plant stall, lucky dip, ju jitsu display, tug-of-war, hoola hoops, skipping and refreshments. There will also be craft stalls, pony rides, hotdog/burger sales. There will be a fire engine, static army jeep display and a member from the police armed response team. Music will be provided by a brass band, folk club, an all age karaoke plus a Neil Diamond tribute. In the evening the Four of Diamonds will be playing. A more detailed programme will be issued nearer the time and it will also be put on the noticeboards.

There will also be a children's fancy dress competition at 2.30 p.m. so please put your child's name down at Reception, by Thursday July 9. This will enable us to know how many little ones will be entering.

Looking further ahead a **Wine Tasting Evening** has been arranged for **Saturday October 3** in the Park Room.

For further information email Social@delamerepark.co.uk or call Liz on 881893.

Gardening Club

We can surely expect to see a fine show of fuchsias around Delamere Park after our May meeting! As usual, we have no 'indoors' meeting in June, and have arranged a day trip to Biddulph Grange (a National Trust property) for June 24 (own transport). Our Summer Social event on July 20 will be a ticket-only event. Watch the Notice Board in the Clubhouse for further details nearer the time. We have our annual "Garden Safari" on Sunday 5th July. Programmes will be available from Reception from about a week beforehand. Proceeds to charities. We expect our usual excellent array of cakes in the Park Room after you have viewed the fine gardens. Again, refer to the Notice Board in early July.

24th June – trip to Biddulph Grange; **5th July** – "Garden Safari"

20th July – Summer Social; **August** – no meeting

For further details contact **Brian Hoyland on 888550**.

Homewatch

Please be aware of companies who are telephoning claiming that they can assist with the recovery of bank charges by way of standard letter whose template will be provided for a fee of £49.50. Such templates are available free of charge from a number of websites so don't be tempted.

To report under-age drinking, nuisance youths, anti-social use of motor vehicles or supplying alcohol to under age persons call **07534 605226**. To report violent incidents such as fighting or any incident where a persons safety may be endangered call **999**. Any other incidents should be reported to **0845 4580000** where it will be logged and passed to officers via the radio.

For more information contact **David Bowker at homewatch@delamerepark.co.uk**

Squirrels Pre School Nursery

Squirrels offers places to Children aged from 2yrs to School age during term time. If you would like to arrange a visit or to have an informal chat, please pop in or phone Della or Romany on 01606 888782.

As an ongoing fundraising project, we are still collecting old mobile phones in any condition. We are also still collecting Sainsbury Active Kids and Tesco School Vouchers. A single collection box for both vouchers can be found in the Clubhouse reception and in the Preschool building. Alternatively you can post them in the Squirrels letterbox.

We have now got a new leaflet promoting our pre-school. If you would like a copy for your friends, grandchildren etc please pop into Squirrels. A big thank you goes to Delamere Park resident David Vickers of Designcouk for donating his time and effort into producing the leaflet free of charge. As we operate as a charity, David's generosity has been of great support.

Community Groups

Ladies' Club

The date for our Summer Outing has changed to Monday July 6 and will be a daytime visit to the Hat Museum at Stockport (am) followed by a visit to Lyme Park and Gardens in the afternoon. Please find further details below. Our usual club meeting scheduled for July 13 will now be a 'Coffee, Cake and a Chat' evening at 8pm in the Park Room, please do come along.

June 8 - Cyprus the Island Aphrodite; **July 6** - Summer Outing (Daytime)

July 13 - Coffee, Cake and a Chat; **August** - No Meeting

Summer Outing - July 6



- A Tudor house transformed into a huge Italianate palace in the 18th century
- Tranquil Victorian garden, with roses, reflection lake and sunken parterre
- Vast medieval deer park, moorland and woodland estate to explore
- Famous scene in *Pride & Prejudice* (1995)



- Hat Works is the UK's only museum dedicated solely to the hatting industry, hats and headwear!
- It is an award winning interactive Visitor Attraction housed in a restored Grade II listed Victorian Mill. Wellington Mill was appropriately once a thriving hat factory.
- Hat Works focuses on the development of the hatting industry from its humble beginnings in the cottage industry to the mass production of the early 19th century.

The plan is to go on a day trip to the Hat Museum at Stockport with a private tour to hear about the history of the hat making in Stockport and to see the historical and designer hat collections. Then onto Lyme Park for lunch with the opportunity to see the house and gardens which were the setting for some of the *Pride and Prejudice* film scenes. The trip is not limited to just Ladies club Members.

- Cost of trip will include coach travel, private tour of the Hat Museum and entrance to Lyme Park house and Gardens
- Price £15 for members of the Ladies Club £17 for guests
- National Trust members can use their cards and entrance fee for Lyme Park will be deducted from price for the trip
- Meet at the Club House 9.30 for 9.45 am departure

Bring a picnic lunch if you wish or get lunch at Lyme Park House. The trip can only go ahead if we have sufficient numbers to make it viable so please tell your friends. Please book your place by June 8 by contacting either:

Grace Gillard on 889837 / grace@gracegillard.co.uk or Hedy Bush on 882826.

Sports Clubs

Circuit Training

Monday — 13:30 to 14:30

Circuits meets aerobics

Monday — 18:00 to 19:00

General circuit training with or without a partner

Thursday — 19:00 to 20:00

General circuit training

Run by a fully qualified Fitness Instructor and Personal Trainer, the exercises can be adapted towards your needs.

For more information contact Hilary on 07812 684979, email hilaryhep@hotmail.co.uk

Tennis

Are you over 50 and interested in learning how to play, or improve your tennis? We have the opportunity to hold a 6 week tennis course of 1 hour lessons, possibly starting in June on a Thursday or Friday morning (yet to be finalised) run by 'Age Concern'. If you are interested, please phone 'Age Concern' on 08456 182858 and register your interest. The cost will be £18 for the course payable in advance to 'Age Concern'.

We need 8 participants for the course to go ahead, so come on ladies and gentlemen, root out your rackets and have a go.



Water Aerobics

We are all still having a fun time twice a week at our sessions. Regrettably, on May 6, Myra was away on a cruise and Ann had to attend a funeral unexpectedly but at very short notice, Mavis, a very long standing member of Water Aerobics took charge and the group had, they tell me, a great time so thanks and well done, Mavis. At this rate, we are getting so good, we'll be ready for 2012 in London, no problem! We hosted the coffee morning on May 7 which was a success and so thanks to the 7 members who came and enthusiastically got on with the job of warmly welcoming those who attended.

The bad news is that Water Aerobics will be taking a longer Summer break than usual this year. Ann is having an operation on both feet (ouch) on June 10 and as recovery is long, will be out of action throughout the summer. Myra has many commitments and cannot possibly keep the sessions going without Ann's support, so it is with regret that we have to say that we will have our last session on Thursday June 4 and, because we have the whole of August off anyway, will not be resuming until Wednesday September 2 when Ann is hoping to choreograph at least 2 brand new routines during her period of inactivity. Put these dates in your diary and be there in September to give us and St.Lukes Hospice your very precious support.

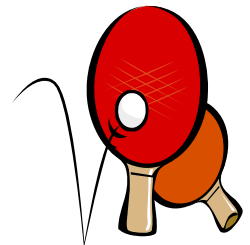
On that subject we have received a letter from the deputy chairman of St Lukes Hospice and I quote 'Another magnificent effort. Attached is a receipt for the £453.62 received today. Do you realise that since May 2 last year you and your ladies have donated £1,748.21p to the hospice'

For further details please contact reception or email sport@delamerepark.co.uk

Table Tennis

A reminder that there are 2 excellent tables available for use in the Park Room for anyone who fancies having a game or practice session. As long as there are no other formal activities already planned for the Room then the tables can be used at any time.

There is a specific session available each Tuesday (18:30 to 19:30) when access to the room for Table Tennis is already booked on first come basis.



Dance/Drama/Ballet Sessions

We are trying to establish if there is interest for dance sessions to be run either after school or on a Saturday morning. If you have children/grandchildren/nieces/nephews aged over 4 years and would be interested please leave your name and telephone number with reception.

CRAFT, GARDEN & PRODUCE SHOW - SATURDAY SEPTEMBER 12 2009

Provisional Schedule of Classes (Minor Changes Possible)

Vegetables and Fruit		Handicraft/Hobbies (cont)	
1	Runner Beans x 5	31	1 machine knitted item
2	Carrots, any variety (tops trimmed) x 3	32	Picture, watercolour (mounted or framed) [please state dimensions on entry form]
3	Courgettes x 3	33	Picture, any other medium (mounted or framed) [please state dimensions on entry form].
4	Tomatoes x 5	34	1 Action photograph (n/e 6"x8"/13cmx20cm)
5	Onions (tops tied) x 3	35	1 Humorous photograph (n/e 6"x8"/15cmx20cm)
6	Potatoes x 3 (200-220g each)	36	1 Animal photograph (n/e 6"x8"/15cmx20cm)
7	Dessert apples x 3 (any varieties)	Note: NB Classes 34,35,36 MAY be restricted to 3 entries, in total, per exhibitor.	
8	Cooking Apples x 3 (any varieties)		
9	Blackberries x 7	JUNIOR SECTION (Age to be stated on all exhibits, which MUST be child's own work)	
10	Vase fresh herbs (min 3 types)	Age 3 to 5 years	
Flowers/Plants		37	A Painted/Decorated Welly Boot (size of entrant)
11	1 Foliage potplant.	38	A bookmark, any medium
12	1 Flowering potplant	39	Three (3) Decorated Digestive Biscuits
13	1 Cactus in a pot	40	Animal made from plant/vegetable material
14	1 Succulent in a pot	Age 6 to 9 years	
15	Vase 5 Dahlias (any varieties)	41	A Painted/Decorated Welly Boot (size of entrant)
16	Vase 5 Roses (any varieties)	42	A painted pebble paperweight
17	Vase Annuals (can be mixed)	43	Three (3) Decorated Digestive Biscuits
18	Vase Perennials (can be mixed)	44	Animal made from plant/vegetable material
Floral Art		Age 10-13 years	
19	Fresh Flower Arrangement in a basket space n/e 46cm x 46cm	45	A Painted/Decorated Welly Boot (max size = 6)
20	Fresh Flower Arrangement in a tea cup space n/e 22cm x 22cm	46	Item made from recycled materials
21	Foliage arrangement space n/e 46cm x 46cm	47	Animal made from plant/vegetable material
Homecraft		48	Three (3) Iced decorated Fairy Cakes
22	1 Jar Marmalade (454gm/1lb)	<p>Further details will be published in the August edition of Parktalk. In the meantime if you have any queries please contact Pat Sweetingham at sweetp_flower@yahoo.co.uk or via Reception.</p>	
23	1 Jar Jam (454gm/1lb)		
24	1 Jar Chutney (454gm/1lb)		
25	1 Mixed Fruit Loaf (2lb tin)		
26	4 Cheese scones		
27	1 Apple Pie (top/bottom crust) max 26cm/10" plate		
Handicraft/Hobbies			
28	Greetings card, n/e 6"x 8" (15cmx20cm)		
29	Specimen of cross-stitch /embroidery/tapestry/ beadwork		
30	1 Hand knitted item		

Services

Reception Telephone Number - 889263

Logs, Woodchip and Leaf Mould Sales

Woodchip £1.80 per bag (50p delivery under 5 bags) - £1.50 for 10 bags or more - £25 per container load
Logs Due to high demand there will be no logs available until the Autumn

Leaf mould £1.50 per bag - £25.00 per 1 ton bag

Contact Reception to place your order.

Clubhouse Bar - Casual Staff

The bar is looking for staff to work on a casual basis whenever the need arises.
 For further details contact Barry on 07903 460626.

Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £100 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the club facilities (including squash and tennis courts) will only be taken after 14:00.

Reception - Recommended Services

We have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at reception.

Coffee and Chat

Coffee and tea is available at reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

Lost Property

Reception has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

Next Edition - August 2009

Deadline for receipt of contributions is July 15 2009.

These should be sent by email to news@delamerepark.co.uk or left at Reception.

park dates

Delamere Park community events timetable



June 2009

Community Group or Sports Club	Normally meet each month on the day(s) shown below Changes/Cancellations could be due Bank Holidays or other factors such as the venue be- ing unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Book Club	Ad Hoc	19:30	-	-	18	-	-
Bridge	First 4 Mondays and Occasionally the last	19:00	1	8	15	22	29
Coffee Mornings	First Thursday/Third Monday	10:30	4	-	-	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	22	-
Gardening Club — Plant Sale	-	13:00	-	8	-	-	-
Ladies Club	Second Monday	20:00	-	11	-	25	-
Mah Jongg	Second/Last Thursday	13:00	-	-	20	-	-
Whist	Usually First or Second Saturday	19:30	-	-	17	-	-
39/45	Third Wednesday	19:30	2	9	16	23	30
Social — Plot Draw	Every Tuesday	20:30 22:00	3	10	17	24	-
Social — Quiz Night	Every Wednesday	20:30	-	6	13	20	27
Adult Swimming	Every Wednesday	20:00	3	10	17	24	-
Circuit Training-Adults/Beginners	Every Monday	13:30	1	8	15	22	29
Circuit Training-Adults/Juniors	Every Monday	18:00	1	8	15	22	29
Circuit Training-Adults	Every Thursday	19:30	4	11	18	25	-
Indoor Bowls	Every Tuesday	20:00	2	9	16	23	30
Ju Jitsu	Every Wednesday	19:00	3	10	17	24	-
Squash-Mens Team	Every Thursday) Winter	19:00	-	-	-	-	-
Squash- Ladies Team	Every Monday) Only	19:00	-	-	-	-	-
Squash-Junior Coaching	Every Sunday	16:45	-	-	-	-	-
Squash-Social	Second Tuesday in the Month	19:00	-	9	-	-	-
Table Tennis	Every Tuesday	18:00	2	9	16	23	30
Water Aerobics	Every Wednesday	11:00	3	-	-	-	-
Water-Aerobics	Every Thursday	20:00	4	-	-	-	-
Yoga	Every Tuesday Term Time Only	13:15	2	9	16	23	30

visit www.delamerepark.co.uk for more information

delamerepark

park dates

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Garden Safari			-	5	-	-	-
Ladies Club	Second Monday	20:00	-	-	13	-	-
Mah Jongg	Second/Last Thursday	13:00	-	9	-	-	30
Whist	Usually First or Second Saturday	19:30	-	-	-	25	-
39/45	Third Wednesday	19:30	-	-	15	-	-
Social — Plot Draw	Every Tuesday	20:30 22:00	-	7	14	21	28
Social — Quiz Night	Every Wednesday	20:30	1	8	15	22	29
Gala/Fun Day			-	11	-	-	-
Trustees Open Forum		19:30	-	-	16	-	-
Adult Swimming	Every Wednesday	20:00	1	8	15	22	29
Circuit Training-Adults/Beginners	Every Monday	13:30	-	6	13	20	27
Circuit Training-Adults/Juniors	Every Monday	18:00	-	6	13	20	27
Circuit Training-Adults	Every Thursday	19:30	2	9	16	23	30
Indoor Bowls	Every Tuesday	20:00	-	7	14	21	28
Ju Jitsu	Every Wednesday	19:00	1	8	15	22	29
Squash-Mens Team	Every Thursday) Winter	19:00	-	-	-	-	-
Squash- Ladies Team	Every Monday) Only	19:00	-	-	-	-	-
Squash-Junior Coaching	Every Sunday	16:45	-	5	12	19	26
Squash-Social	Second Tuesday in the Month	19:00	-	9	-	-	-
Table Tennis	Every Tuesday	18:00	-	7	14	21	28
Water Aerobics	Every Wednesday	11:00	-	-	-	-	-
Water-Aerobics	Every Thursday	20:00	-	-	-	-	-
Yoga	Every Tuesday Term Time Only	13:15	-	7	14	21	-

Contacts

Trustees

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Community Groups and Sports Clubs

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If you do not have access to email then contact can be made with the above named via Reception on 889263.