



Management of Amenity Lands

The Trustees are aware of two rumours in circulation. Firstly that we are close to signing a contract to outsource the maintenance of the amenity lands and, secondly that, as a result, the existing gardeners jobs are at risk. Neither of these rumours is correct. What the Trustees are doing is investigating the possibility of contracting out this work as part of a complete review of all our expenditure prior to formulating proposals for the 2009/10 budget. No decision has been or will be taken without consulting residents at an Open Forum in the summer when we expect to be able to present a number of options on this and other items of expenditure bearing in mind the need to contain contribution levels, particularly in the current economic downturn.

The gardeners have been told that this work is underway and it has been explained to them that current employment legislation means that their jobs are NOT at risk. If any decision is eventually taken that we should outsource the work then the Transfer of Undertakings Protection of Employment Regulations 2006 require that any contractor must continue to employ our existing staff on their existing terms and conditions. Our existing staff's jobs are, therefore, fully protected and they cannot lose their jobs as a result of any transfer of the work to an outside contractor. We reiterate that no decision has been taken, or is imminent, and will not be made before consultation with residents. We will update residents on our progress at the April Open Forum on April 30.

Changing Rooms, Pool Area and Showers

Regular users of these facilities will know that we have had problems with the shower valves since the building was first opened and that since the end of last year there have been signs of damage to the walls in the disabled changing room and the pool area.

The builders have attempted to rectify the shower valve problem on a number of occasions without success and, it seems, are not prepared to involve themselves further. We are in the process of identifying the cause of the problems with the walls and have commissioned an Architects report to determine this and the rectification work required. Until we know exactly what this is and whether it would require disruption to the shower cubicles it would not be sensible to undertake any work to replace the shower valves with a different type which seems to be the thing to do to cure the problem.

The Trustees apologise for the inconvenience which users are suffering but ask that you bear with us for a little longer. We will update residents on both issues at the next Open Forum on April 30.

Early morning adult swimming & family swimming sessions

Access for early morning swimming has been a success with many residents using the pool. Primarily users have been adults "lane" swimming with a smaller number of parents and young children. It is difficult to accommodate both types of user and we have a significant number of residents stating that they would like early adult only swimming sessions.

Therefore, on a 3 month trial basis, as from April 1, the pool is for use by adults only up to 09:00 with families with young children having access thereafter. On the same trial basis Family only sessions will be introduced on weekend afternoons from 15:00 - 17:30. Outside these times normal access continues. We will review the trial at the beginning of July and decide whether it should continue. In making these changes we, as residents and Trustees, are trying to strike "the happy balance" so that different groups of users can gain better enjoyment of use of the pool. We would welcome constructive feedback through the usual channels to help the review at the end of the trial.

As a reminder pool opening times are as follows:

Monday — 08:00 until 22:00 (later opening due to pool maintenance)
Tuesday thru Friday — 07:30 until 22:00
Saturday/Sunday — 08:00 until 22:00

Dogs

Despite a notice in every Newsletter we are still receiving complaints regarding dog mess being found in areas all over the park. Bins are provided on the green. But wherever you walk your dog please go prepared to clear up the mess. Thank you.



Concerts at the Liverpool Philharmonic

We have now had to finalise numbers for the April outing, but if you think you might be interested, there is always the possibility of a late availability if someone has to change their plans, so do contact us as soon as possible for a stand-by place. There are still some places available for the May trip.

Thursday April 23 – “Royal Fireworks”
Thursday May 14 – “Pictures at an Exhibition”

The cost of the tickets is £25 per person, including coach travel. We leave the Clubhouse at 18:00 prompt, and are back around 23:00. If you would like any further information, please contact Maria Rogers (889728) or leave a message at Reception (889263). Friends of residents are also welcome to come along.

Coffee Mornings

Our Coffee Mornings attract a regular group of around 25-30 people. We would like to see more attendees – why not come along to meet up with some old, or new, friends? Do come along at any time between 10.30 and 12.00 noon for 10 minutes, or for the whole session. All are most welcome. Further enquiries to Clubhouse Reception (889263). Our next Coffee Mornings are:

Thursday April 2, hosted by the Sports Association and **Monday April 20**
Thursday May 7, hosted by the Water Aerobics Group and **Thursday June 4** (host yet to announced)

Children's Play Area

We are busy identifying and contacting organisations to whom we can apply for grants to update the Childrens Play Area. Applications have been submitted and a small grant has already been received from Cuddington and Sandiway Parish Council. Currently there is no timescale to begin the work as it is not known if or when sufficient funding will be forthcoming.

In the meantime we would like residents to register their name with reception if they are willing to help (digging, painting, rubbish clearing etc.) in any way when we start work on the refurbishment.

If you require further information please contact Frank Stewart or Mary Long via Reception.

Bar Update

Internet Cafe/Bar

As you are all aware by now, we have made some additions to the bar. You can now enjoy a drink/coffee whilst you surf the Net on your laptop via our Wifi facility or use the in house computer located in the bar area. (see details on page 7)

Plot Holders Draw

You have to be in it to win it, why not come along between the hours of 19:30 to 22:00 on a Tuesday to have a chance of winning our rolling jackpot, stay for the full evening and double your chances of winning.

Bar Food

Food continues to be an option that most residents wish to have and to add consistency to the availability of food and service standards, we have employed a dedicated cook. Lisa started on March 21 so why not come along and meet her and enjoy some food. We have had several requests to offer food across a wider range of hours, this is something we intend to review but would like to give Lisa sometime to settle in first. Please watch reception and Bar notices for any changes. Please remember we have a dedicated email address bar@delamerepark.co.uk if you have any suggestions for the bar, from food times to themed evenings, all suggestions are welcome and full consideration given to all.

Trustees Open Forum

The next Open Forum will be on Thursday April 30 at 19:30 in the Park Room. There will be updates on the changing room problems, preparations for the budget for the next financial year, our application for grant funds for the play area, the refurbishment of the Lagoons and other current issues in addition to the usual questions and answers session. If there are any specific issues you would like to be addressed please let us know in advance. Thanks to Hilary Heptinstall and her circuits team for letting us take over the Room for the evening.

Sound of Music

We have 50 stall tickets for an evening trip to The Palace, Manchester to see The Sound of Music starring Connie Fisher on Wednesday January 6 2010. The total cost including coach will be £32.00. If interested please contact Jenny Lever on 882620 or e-mail jenny@david-lever.co.uk. **Deadline for monies is May 11.**

Community Groups

39/45 Club

There were 41 members, wives and friends attended the Valentine's day Lunch at The Cottage Restaurant in Allstock. Some members felt that the lunch was not up to its usual standard. We may consider an alternative venue next year. The club provided helpers for the coffee morning on February 16. Service was as impeccable as ever!!! No-one had coffee spilt over them!

Mark Beven a writer and book publisher gave a very interesting talk about Vale Royal Abbey at our February meeting and in March Mr Frank Walker of Runcorn spoke about transport. In **April** Ann Draper will be talking about 'The trouble with women'.

May is our AGM when we thank our retiring chairman Graham Simpson for his year of office and welcome our new chairman, Mr Ray Taylor who takes up office for the following twelve months. On **April 23** a group of us will be going to the indoor bowling venue at Prestatyn. I believe, some come only for the lunches, which are very good.

Ladies' Club

In February we held our AGM attended by 32 members, the evening commenced with a complimentary glass of wine. Jo Carter our retiring Chairman began by giving a reminder of all the activities we had throughout the previous 12 months including our 30th Anniversary celebration. Many thanks go to Jo, for managing events over the last year and also to Myra Whitby for her contribution, congratulations to Iris Lyon, our incoming Chairman for 2009. At the AGM, members voted to donate a total of £600 to charity, mainly money which had been raised via the book stall in Reception which is managed by Ladies' Club. The chosen charities were MacMillan Cancer Support and St. Luke's Hospice, each receiving £300. A big thank you to all residents who have given their support to the book stall. It is surprising how all the donations add up over the year, so please keep supporting by recycling your unwanted books and videos, proceeds are all in aid of charity.

Our March meeting was the first meeting of a new programme, when Norma Walmsley talked and showed slides about her 10 years working as a Governess to the children of the Sultan of Brunei, who is no doubt one of the World's richest men. It was a fascinating talk and the slides gave an insight into an amazing world of opulence. In **April**, Tricia Pugh of Felicity Hat Hire will talk about, "**Hats & Fascinators**" and hopefully bring samples for everyone to try on. New members and visitors are always welcome, so please come along and maybe choose a new Easter Bonnet. Note this meeting will be held a week early due to Easter being the following week. Future events are:

May 11 — Housekeeper at Dunham Massey 'Well Perhaps' by Barbara Massey

June 8 — Cyprus the island Of Aphrodite by Helen Barrett

Extra planned events, apart from our main programme are, a walk in **May**, also a visit to the Palace theatre next January to see **Sound of Music**, please see details elsewhere in this issue of Park Talk. **For further information please contact Elizabeth Hill on 889410 or email ladies@delamerepark.co.uk**

Mah Jongg

We meet on the second and last Thursdays of each month between 13:00 and 17:00 in the Park Room.

Dates in the coming months are:

April 9 and 30
May 14 and 28
June 11 and 25

Interested? E-mail mahjongg@delamerepark.co.uk, ring Niki on 888959, or just turn up on the day.

Whist

Whist Drives are held monthly in the Park Room. We start at 19:30 and finish at 22:45 and the cost is £2. All residents are most welcome so even if you haven't played for a while we can soon help you recap. The 'Drives' are light hearted with the only serious issue being who carries home the 'Scotch'.

Dates for the coming months are:

Saturday April 18
Saturday May 9
Saturday June 20

Refer to the notice in the Clubhouse for any date changes or contact John Pattison on 888362

EXPO of Community Groups — April 19 Noon to 14:00

The EXPO is designed to provide Residents, new and old, with an insight into the activities available on the Park, a chance to meet the organisers, who are providing information on their groups, and who knows, even sign up if it takes your interest. There is something for the whole family, so come along and you might find a new hobby or interest. There will be food for sale in the bar which opens at Noon and there is a free glass of wine or a soft drink to each person who comes along.

Community Groups

Social Committee

Dates for your diaries are:

Saturday May 16 — May Ball
 Saturday July 11 — Gala/Fun Day
 Saturday September 12 — Super Quiz
 Saturday December 5 — Christmas Social

For further information email

Social@delamerepark.co.uk or call Liz on 881893.

May Ball and Gala/Fun Day

On **May 16** we are holding another May Ball with dancing to The Reactions (same band that played at last year's Ball). There will be a luxury buffet. Dress code, black tie preferred. More details later via the email and a flyer will be circulated to all households.

Looking ahead, in **July** there will be the Gala/Fun Day on Saturday 11th. The format will be similar to last year with Party on the Park in the evening. More details in the June Park Talk.

Bridge Club

We are a small, but dedicated, group, and would welcome additional players. If you are a beginner, we will gladly help you, or if you are more advanced, then perhaps you could help us! We play on Monday evenings at 19:15 in the Park Room or 19:00 in the Lodge. We also play on a weekday afternoon by arrangement. Further enquiries to Leo Miles on 301699.

Gardening Club

We have already enjoyed our January, February and March speakers. Please note that the 3 day visit to Alnwick Castle scheduled for May 15 has been cancelled due to conflicting events. Dates for your diary for the coming months are:

April 27 - Richard Dutton on making a garden pond

May 16 - Plant sale commencing at 13:00 at the Clubhouse

May 18 - Ian Strawson on Fuchsais

June 24 (new date) - Visit to Biddulph Grange a National Trust property

August 14 - A three day visit to the Kent gardens of Sissinghurst, Great Dixter and Hever Castle at a cost of £189.95 per person (single supplement £40). Pick up will be at the Delamere Club car park. A deposit of £40 will be required to secure your place. **For further details contact Brian Hoyland on 888550.**

Craft, Garden and Produce Show

Following last year's success, a show will be held on Saturday September 12, in the Park Room. Further details, including revised class schedule, will be in the next newsletter.

Homewatch

Recently in nearby villages there has been an increase in 'distraction' burglaries with the perpetrators posing as Water Board officials so please be on your guard. There has also been an increase in people knocking on doors on the pretence of selling something so again please be on your guard. To report under-age drinking, nuisance youths, anti-social use of motor vehicles or supplying alcohol to under age persons call **07534 605226**. To report violent incidents such as fighting or any incident where a persons safety may be endangered call **999**. Any other incidents should be reported to **0845 4580000** where it will be logged and passed to officers via the radio.

For more information contact David Bowker at homewatch@delamerepark.co.uk or see us at the forthcoming EXPO.

Squirrels Pre School Nursery

Squirrels offers places to Children aged from 2yrs to School age during term time. If you would like to arrange a visit or to have an informal chat, please pop in or phone Della or Romany on 01606 888782.

Supermarket Vouchers

We are now collecting Sainsbury Active Kids vouchers and Tesco School Vouchers. Last year residents were very generous in their voucher donations which enabled the pre-school to get some wonderful things for the children. Once again we would be very grateful for your support and have placed an Active Kids collection box (both vouchers can be placed in the box) in the Clubhouse reception and in the Preschool building. Alternatively you can post them in the Squirrels letterbox.

Sports Clubs

Circuit Training

Regular attendees of the Thursday circuit class will note that the time has now changed.

Monday Afternoons from 13:30 to 14:30

Circuits meets aerobics

Monday Evening from 18:00 to 19:00

General circuit training with or without a partner.

New Time

Thursday Evening from 19:00 to 20:00

General circuit training.

Circuits can help to improve your stamina, endurance, postural muscles, balance, agility, co-ordination, and muscle tone, which can: have health benefits, help you to loose weight and re-shape your body, improve fitness and provide a balanced base for sport training.

Run by a fully qualified Fitness Instructor and Personal Trainer, the exercises can be adapted towards your needs.

For more information contact Hilary on 07812 684979, email hilaryhep@hotmail.co.uk or see the poster in the Club House.

Water Aerobics

The group is still doing very well and on February 4 we were able to donate £297 to St Lukes Hospice and now have a further £156 in the pot towards the next donation. We meet on Wednesdays 11:00 to Noon and Thursdays 20:00 to 21:00.

Please contact reception for further details or email sport@delamerepark.co.uk

We do have places for the Thursday evening sessions, why not come along for an hour of enjoyable fun filled exercise to very lively music.

Cricket

As the evenings begin to draw out it's time to focus on Summer sports again - in particular cricket. Delamere Park is blessed with cricket nets and cricket equipment and now needs some players. A quick reminder that a meeting will be held on April 7 at 20:00 for anyone interested in playing a few friendly matches over the summer or just having some practice in the nets.

If you fancy playing cricket again or for the first time then please come along to the meeting to find out more. Robin Calvert will again be the initial focal point for plans but helpers will be required to organise these matches as over the last couple of summers. Robin can be contacted through Reception if anyone has any queries.

Table Tennis

A quick reminder that there are 2 excellent tables available for use in the Park Room for anyone who fancies having a game or practice session. As long as there are no other formal activities already planned for the Room then the tables can be used at any time.

There is a specific session available each Tuesday (18:30 to 19:30) when access to the room for Table Tennis is already booked on first come basis.

Dance/Drama

If there are any children aged over 4yrs interested in Dance/drama/movement sessions please leave your name, age & telephone number at Reception.

Sports Clubs

Ju Jitsu

100% Pass rate!!! Congratulations!!!!

On February 28 seven students from Delamere Park JuJitsu were entered into their Grading Exam to achieve their next belt. All passed with outstanding high scores, well done.

Alex Roberts	Purple	Sarah Roberts	Purple	Ellie Briegal	Green
Christopher Hughes	Yellow	Matthew Newton	Yellow	Michael Sorenson	Yellow

Come and have a go. For all residents first lesson is FREE!! Every Wednesday 19:00 – 20:30 in the Club House
More information call 01606 882153/350425

Ladies Self Defence

The Ladies self defence classes have now come to end. The 10 week course has proven very successful with regular attendance from residents. Each week they learnt how defend themselves if they ever needed to whilst gaining a new found confidence.

Walking

The walking group last winter was very successful with many walks around the area varying in distance from 3 to 8 miles. We had some good weather and some very muddy trips out but all in all, we enjoyed our walks. This winter, so far, we have only managed to arrange 2 walks.

So if you'd like to go on more, here is how it works, there are 2 easy steps.

- 1 Write down details of their planned walk on the notice board in the club house (there will be a form waiting) . Write down the date (Saturday or Sunday, morning or afternoon), start time and place, a basic route, distance, and possible return time of your walk, and leave contact details in case anyone wants more information, or, if it's raining, to see if the walk is still on.
- 2 Email the same details to news@delamerepark.co.uk which will then be forwarded to those on the walking email list. If you don't have email, contact the Sports Association through the reception desk and they will do it for you.

So if you are planning to go on a walk, why not make it available for others to join you. It's quite low-key - the organiser is going for a walk anyway, whether no one or dozens come along too! It's a good way of exploring the footpaths around the Park (or further afield), meeting new people, and keeping fit and healthy.

Hip-Hop/Street Dancing Sessions

For kids and the young we have the possibility of being able to offer Hip-Hop/Street Dancing sessions in the Park Room. These will be on Friday evenings (unless there is an evening booking) from around 17:00 until 18:00 for anyone over the age of 10. There is no real upper age restriction although it is aimed at kids and the young. If you are interested, please put your name, phone number, or email address on the list on the Kids notice board and keep watching out for more information.

Redundant Sports Equipment, Fitness books or DVD's

Many of us have bought the latest keep-fit equipment only to loose interest and leave it sitting redundant, taking up space and gathering dust. Why not swap or loan it out. A change of equipment or a new fitness DVD can boost our interest in keeping fit, so look out for the "Swap It Loan It" Sheet on the notice board in the club house. Simply write down what fitness equipment, books, DVD's you have to swap or loan along with your phone number. Government good health guidelines for exercise are, 30 minutes of (moderate intensity) exercise , 5 times a week. Help yourself, swap some equipment and use it, go to a fitness class, go for a walk.

Junior Squash

On Sunday afternoons with a qualified coach, we have been running a junior coaching scheme. There are two sessions, Beginners (from age 7) at 17:00 and Intermediates at 18:00. For both sessions we would like a few more players. Racquets can be borrowed so all you require is non marking trainers and £3.00 for an hours coaching. This is a sport that is on your doorstep. If you think your children might be interested then call **Helen Bullimore on 01606 301086**.

The Delamere Park Internet Café

Surfing in the Clubhouse!



We are pleased to announce that following the donation of a computer system, we have set up an Internet Café in the Clubhouse and this is now freely available to Residents. The computer system has been set up in the corner of the lounge area of the Bar (next to the door into the Park Room). It has been configured with a web browser and is now available to Residents, to access the Internet and to send or pick up e-mails.



So, if you do not have either a computer or broadband access at home, why not come over to the Clubhouse and use the Delamere Park Internet Café to get on-line and browse the 'world wide web'. Just register at Reception (outside Bar hours) or at the Bar (during Bar hours) to obtain your access password and you will soon be on-line and 'surfing the net'.

Laptop Users

The Clubhouse is also now fully covered by WiFi, so if you have your own laptop with a wireless facility, then why not come over and sign in to get your password. You can then browse the web or send and receive e-mails, whilst enjoying a cup of coffee, or if the Bar is open, with a beverage from the Bar.



Internet Access

The Internet Café will be available to Residents daily between the hours of 10am through to 10pm. However during Bar opening times, use of the computer in the lounge will be at the discretion of the Bar Staff, who may restrict access on occasions (e.g. during quiz night).

The Internet Café system will only be available to Residents aged 18 and over, at all times during the initial trial period. Depending on the level of interest an additional system may be set up, or a system with the necessary additional restrictions made available for younger users.

New to the Internet?

If you would like to be able to use the internet or send e-mails but are unfamiliar with web browsing, or just not sure how to get started then don't despair, help is at hand. Step-by-step Operating Instructions can be found with the system to help you get started. If you would like further assistance, then leave your name & a contact telephone number at Reception and we'll try and arrange a short tutorial for all those interested.



Services

Reception Telephone Number - 889263

Logs, Woodchip and Leaf Mould Sales

Woodchip £1.80 per bag (50p delivery under 5 bags) - £1.50 for 10 bags or more - £25 per container load
Logs **Due to high demand there will be no logs available until the Autumn**

Leaf mould £1.50 per bag - £25.00 per 1 ton bag

Contact Reception to place your order.

Clubhouse Bar - Casual Staff

The bar is looking for staff to work on a casual basis whenever the need arises.
 For further details contact Barry on 07903 460626.

Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £100 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the club facilities (including squash and tennis courts) will only be taken after 14:00.

Reception - Recommended Services

We have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at reception.

Coffee and Chat

Coffee and tea is available at reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

Lost Property

Reception has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

Next Edition - June 2009

Deadline for receipt of contributions is May 15 2009.

These should be sent by email to news@delamerepark.co.uk or left at Reception.

park dates

Delamere Park community events timetable



April 2009

Community Group or Sports Club	Normally meet each month on the day(s) shown below Changes/Cancellations could be due Bank Holidays or other factors such as the venue be- ing unavailable	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	-	6	-	20	27
Coffee Mornings	First Thursday/Third Monday	10:30	2	-	-	20	-
Gardening Club	Fourth Monday	20:00	-	-	-	-	27
Ladies Club	Second Monday	20:00	-	6	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	9	-	-	30
Whist	Usually First or Second Saturday	19:30	-	-	18	-	-
39/45	Third Wednesday	19:30	-	-	15	-	-
Social-Plot Draw	Every Tuesday	20:30 22:00	-	7	14	21	28
Social-Quiz Night	Every Wednesday	20:30	1	8	15	22	29
Community Groups — EXPO	-	Noon	-	-	-	19	-
Trustees	Open Forum	19:30	-	-	-	-	30
Adult Swimming	Every Wednesday	20:00	1	8	15	22	29
Circuit Training-Adults/Beginners	Every Monday	13:30	-	6	-	20	27
Circuit Training-Adults/Juniors	Every Monday	18:00	-	6	-	20	27
Circuit Training-Adults	Every Thursday	19:30	2	9	16	23	-
Indoor Bowls	Every Tuesday	20:00	-	7	14	21	28
Ju Jitsu	Every Wednesday	19:00	1	8	15	22	29
Squash-Mens Team	Every Thursday) Winter	19:00	2	9	16	23	30
Squash- Ladies Team	Every Monday) Only	19:00	-	6	-	20	27
Squash-Junior Coaching	Every Sunday	16:45	-	5	-	19	26
Squash-Social	Second Tuesday	19:00	-	-	14	-	-
Table Tennis	Every Tuesday	18:00	-	7	14	21	28
Water Aerobics	Every Wednesday	11:00	1	8	15	22	29
Water-Aerobics	Every Thursday	20:00	2	9	16	23	30
Yoga	Every Tuesday Term Time Only	13:15	-	7	14	21	28

park dates

Delamere Park community events timetable



May 2009

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Coffee Mornings	First Thursday/Third Monday	10:30	-	7	-	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	18	-
Gardening Club — Plant Sale	-	13:00	-	-	16	-	-
Ladies Club	Second Monday	20:00	-	-	11	-	-
Mah Jongg	Second/Last Thursday	13:00	-	-	14	-	28
Whist	Usually First or Second Saturday	19:30	-	9	-	-	-
39/45	Third Wednesday	19:30	-	-	-	20	-
Social — Plot Draw	Every Tuesday	20:30 22:00	-	5	12	19	26
Social — Quiz Night	Every Wednesday	20:30	-	6	13	20	27
Social — May Ball	-	19:30	-	-	16	-	-
Adult Swimming	Every Wednesday	20:00	-	6	13	20	27
Circuit Training-Adults/Beginners	Every Monday	13:30	-	-	11	18	-
Circuit Training-Adults/Juniors	Every Monday	18:00	-	-	11	18	-
Circuit Training-Adults	Every Thursday	19:30	-	7	14	21	28
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Squash-Junior Coaching	Every Sunday	16:45	3	-	17	24	31
Squash-Social	Second Tuesday in the Month	19:00	-	-	12	-	-
Table Tennis	Every Tuesday	18:00	-	5	12	19	26
Water Aerobics	Every Wednesday	11:00	-	6	13	20	27
Water-Aerobics	Every Thursday	20:00	-	7	14	21	28
Yoga	Every Tuesday Term Time Only	13:15	-	5	12	19	26

park dates

Delamere Park community events timetable



June 2009

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Squash-Junior Coaching	Every Sunday	16:45	-	-	-	-	-
Squash-Social	Second Tuesday in the Month	19:00	-	9	-	-	-
Table Tennis	Every Tuesday	18:00	2	9	16	23	30
Water Aerobics	Every Wednesday	11:00	3	10	17	24	-
Water-Aerobics	Every Thursday	20:00	4	11	18	25	-
Yoga	Every Tuesday Term Time Only	13:15	2	9	16	23	30

Contacts

Trustees

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Community Groups and Sports Clubs

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If you do not have access to email then contact can be made with the above named via Reception on 889263.