



Message From The Trustees

As you may recall, in our last newsletter we appealed for some new Trustees and/or Volunteers to come forward to assist us, as with the departure of Paul Rodgers, we found ourselves in a position where we really needed help. We are delighted to say that the response was fantastic and as a result we have formed a team of volunteers who have taken on specific duties and are working in conjunction with the Trustees. At some stage in the future we hope that some of them will decide to officially become a Trustee. In the meantime we would like to take this opportunity to thank them for volunteering and in advance for the assistance we have no doubt they will give. Furthermore, we would also like to take this opportunity and introduce you to our volunteers and the tasks they have agreed to undertake on behalf of the Trustees. Please email us at trustees@delamerepark.co.uk if you have any questions and/or suggestions for any of the projects being undertaken by our volunteers.

Arthur Jennings	Lagoons Project & External Grounds Routine Inspections
Mary Long	Community Group Trustees Liaison & Playground Upgrade Project
Frank Stewart	Internal Building routine Inspections , Playground Upgrade Project & Bar Committee
Brian Lester	Bar Committee
Rick Jordan	Bar Committee
Dorothy Frewer Sandra Gavin	Dorothy and Sandra have also volunteered their help but were unable to attend our first meeting. We will let you know in what areas they will be helping out in the next Parktalk

Bar Update

The Bar trading went extremely well over the festive period with takings up 10% on the same period last year. Christmas Day opening proved to be very popular, many thanks to Barry and Staff for giving up part of their Christmas Day to serve the residents. As you are all no doubt aware the Bar is our only form of revenue, so therefore it is vital to us all to continue to use, promote and improve it. To enable us to give it the attention it deserves we have decided to set up a Bar Committee to help generate and implement ideas to encourage future use of this facility. The idea will be that residents can email suggestions to the committee who will meet on a regular basis to discuss these and plan future events. Please send these emails to bar@delamerepark.co.uk with any suggestions/ideas you wish to put forward. Please check the notice boards in reception for any bar news.

FOOD at the bar is something that we wish to continue and so far it is running at a slight loss per week; however we have not taken into account the additional spend on drinks when people are having food. The general feeling is that people do want the food to remain as they like the choice and the feedback is that the food itself is very good. To further develop this, we have decided that a part time cook rather than dual bar staff would be the first step, please see advert below if this is something that may be of interest to you or somebody you know.

Job Vacancy

Part Time Experienced Cook Required (Job Shares Welcome) Hours – Friday 18:30 to 21:00, Saturday/Sunday 15:00 to 20:00
Please contact Alan Baskerville on 889263 or in person at Reception for any additional information.

Coffee Mornings

Around 45 regular attendees of the Coffee Mornings sat down to a cold buffet Christmas lunch after the December 4 Coffee Morning, and enjoyed a very pleasant and tasty meal, chatting late into the afternoon. See you there again next Christmas?

Our next Coffee Mornings are:

Thursday 5th February, hosted by the Yoga Group and Monday 16th February, hosted by the 39/45 Club
Thursday 5th March, hosted by the Gardening Club and Monday 16th March
Thursday 2nd April, hosted by the Sports Association

Do come along at any time between 10.30 and 12.00 noon. Further enquiries to Clubhouse Reception (889263).

Dog Fouling

Please, please clear up your dogs mess especially in the areas where children play.

Footpaths

Vale Royal have informed us that a number of footpaths will be re-surfaced over the coming months. Full details can be obtained from Reception.

Christmas Collection

A big thank you from the Delamere Forest 41 Club.

We raised £455 during Santa's visit on December 23. Regretfully due to the lateness of the hour we were unable to cover the whole of the Park. When added to the £245 collected the previous night at Acton Bridge we have been able to present St.Lukes Hospice with a total of £700.

Concerts at the Liverpool Philharmonic

Spring will soon be upon us, and we are planning our next concert trips to the Liverpool Philharmonic :

Thursday April 23 – "Royal Fireworks"
Thursday May 14 – "Pictures at an Exhibition"

The cost of the tickets is £25 per person, including coach travel. We leave the Clubhouse at 18:00 prompt, and are normally back by 23:00. If you would like any further information, please contact Ann Dean at Clubhouse Reception (889263). Payment for tickets for the April Concert should also be left with Ann by March 14 at the latest, with cheques made payable to Delamere Park Gardening Club. We do have spare seats for both concerts, so why not ask neighbours or friends to come along too. As always, first come, first served.

Streams & Pools in Long Acre

I would like to say a big thank you to all the residents who kindly offered their support to the above project. Unfortunately on this occasion we were unsuccessful with the grant application. The feedback we have received has been very positive and we did make it into the top three submitted by Cheshire Action, the prime reason for refusal was due to a substantial cut in the available funding from 40k to 20k for the whole of Cheshire.

As a result we will now be proceeding with a less ambitious plan (although we may well submit other grant applications in the future). Arthur Jennings has agreed to co-ordinate the volunteer effort and he will shortly be contacting all those residents who previously indicated that they were available to help.

We require old paving flags and large stones for use in the repair of the streams & pools in Long Acre. Please contact the club house on 889263.

Childrens Christmas Party

On December 7 the annual children's party took place and was attended by almost 60 children. The children were entertained by 'Norman Tinsel' and then had their 'party tea'. The party was a resounding success due to the help, support and generosity of those involved. We would like to thank **ALL** those people who helped make it such a success.

Special thanks to the Community Groups, Andrew & Mary Long, Jane & Richard Cook for their kind generosity, Jenny, Katie & Rachel Vickers and not forgetting Father Christmas who took time out of his incredibly busy schedule 'lighting up the world' to visit us.

Jeannine, Georgina & Debbie

Squirrels Charity Auction

On Friday November 28, Squirrels held an Auction night in the Park Room in order to raise funds for our school. The auction was attended by 85 people and was an overwhelming success generating £2,900!. The evening involved a 2 course supper, a silent and a loud auction and a raffle. The success of the night was down to sheer hard work from the parents at Squirrels and the amazing generosity of local business' and individuals who donated fabulous auction and raffle prizes. These included Christmas Dinner from Littlers Butchers, Manchester Utd Directors tickets from George Ladley, Liverpool FC tickets from Roy Lewis, Fine wine from Bob Gauld, a Microlight flight from Michael Levey, Vouchers from Greenwoods Lighting and Exclusive Lighting of Tarporley and Take That Tickets from Ian and Lisa Barlow. We would like to take the opportunity to thank all those who helped make the night a success and the support we received from DPML, The Bar Staff and The Trustees.

Community Groups

39/45 Club

The annual dinner dance took place at the Frodsham Golf Club on January 5. There were 45 members and guests present. The club will again be celebrating Valentine's day with our wives and friends at lunchtime at The Cottage Restaurant in Allstock.

Our programme of speakers in the early part of this year are:

In February Mark Beven is talking about his time as a writer.

In March, Mr Lyndon Taylor, one of our members, is talking to us. He always has an interesting topic to speak about.

In April Ann Draper is talking about 'The Trouble with Women'.

In May it is our A.G.M when our new chairman, Mr Ray Taylor takes up office for the following twelve months.

For further information please email 3945@delamerepark.co.uk or leave your name at Reception.

Ladies' Club

The topic for our January meeting was **"IT'S ALL IN A NAME"** when our guest speaker, David Greatorex gave a brief introduction to genealogy. We learned that surnames first appeared as early as 1066 with the Norman invasion and that surnames originated from several different sources, mainly locality, occupational, from nicknames and some originating from the father's first name. He had also taken time to research the background history of members' maiden names, revealing some fascinating facts. It proved to be an enlightening and humorous talk enjoyed by all.

On **February 9** it will be our AGM when it is important that all members should attend, to discuss the future running of the Club, to elect new committee members and help decide about donations to charity.

March 9 will be our first meeting of a new and exciting programme when Norma Walmsley will talk about, "The King & I", an insight into her time spent working as a governess to the children of the King of Brunei.

On **April 6**, Tricia Pugh of Felicity Hat Hire will talk about, "Hats & Fascinators" and hopefully bring samples along for everyone to try on. Note this meeting will be held a week early due to Easter being the following week.

For further information please contact Elizabeth Hill on 889410 or email ladies@delamerepark.co.uk

Mah Jongg

We are looking for new members. We are a friendly bunch and would welcome anyone who wants to come for a cuppa and watch, see how the game is played or even....have a go.

It is different, which makes it fun. Each person is playing for themselves, so, if you lose, there is no partner to let down. It sounds difficult, but....it only takes an afternoon to learn!

It is very sociable and is a great way to spend some time on a winter's afternoon. Each game only lasts 10 – 15 minutes, so you can turn up when you like and stay for as little or as long as you want. No need to bring anything. Costs nothing to come and look.

We meet on the second and last Thursdays of each month between 13:00 and 17:00 in the Park Room. Our next dates are:

February 12/26

March 12/26 and April 9

Interested? E-mail mahjongg@delamerepark.co.uk, ring Niki on 888959, or just turn up on the day – we look forward to seeing you!

EXPO of Community Groups — April 19 Noon to 14:00

The Community Groups cater to a wide range of interests through a variety of clubs of a social and sporting nature. The EXPO is designed to provide Residents, new and old, with an insight to these activities, a chance to meet the organisers, who are providing information on their groups, and who knows, even sign up if it takes your interest.

There is something for the whole family, so come along to the Clubhouse and talk to those involved, and you might find a new hobby or interest. There will be food for sale in the bar which opens at Noon and there is a free glass of wine or a soft drink to each person who comes along.

Community Groups

Social Committee

Dates for your 2009 diaries are:

Friday April 3 — Wine Tasting
 Saturday May 16 — May Ball
 Saturday July 11 — Gala/Fun Day
 Saturday September 12 — Super Quiz
 Saturday December 5 — Christmas Social

For further information email Social@delamerepark.co.uk or call Liz on 881893.

Bridge Club

Twelve of us sat down to an enjoyable Christmas supper early in the New Year, followed by an evening of Bridge. The bidding was a little more lively than usual! We would welcome anyone who would like to come and join us for Bridge on Monday evenings at 19:15 in the Park Room (when it is available), or at 19:00 in the Lodge. We also play on a weekday afternoon by arrangement. **Further enquiries to Leo Miles on 301699.**

Gardening Club

We started our 2009 programme with an instructional talk on "Growing Vegetables in Containers" on January 26. This will be followed on February 23 with a talk on "Organic Gardening", and on March 23 with a talk on the Arboretum at Jodrell Bank.

The full programme for 2009 is shown on the Delamere Park website as well as on our Membership Cards. Come along for an enjoyable and sociable meeting, and you may pick up a few gardening tips as well.

For further information, contact Reception (889263), Secretary (888550) or garden@delamerepark.co.uk

Homewatch

To report under-age drinking, nuisance youths, anti-social use of motor vehicles or supplying alcohol to under age persons call **07534 605226**

To report violent incidents such as fighting or any incident where a persons safety may be endangered call **999**

Any other incidents should be reported to **0845 4580000** where it will be logged and passed to officers via the radio

For further details regarding Homewatch on the Park contact David Bowker at: homewatch@delamerepark.co.uk

Squirrels Pre School Nursery

Calling all Parents, Grandparents and Carers of Pre-School Children. Squirrels is a small Ofsted inspected pre-school located on Delamere Park. It offers places to Children aged from 2yrs to School age during term time and accepts Government SureStart Vouchers and Childcare Vouchers. It is a wonderful, nurturing environment with excellent staff devoted to the learning and development of young children. Squirrels is a registered charity.

Sessions cost £6 each and are available on:

Mon, Tues & Fridays - 9.30am -12pm

Wed- 9.30am - 2.30pm (2 sessions - available only to children beginning school the following year)

Thurs - 9.30- 2.30pm (2 sessions - children can attend the morning, afternoon session or all day and bring their packed lunch)
 Your child can attend as few or as many regular sessions per week as you like. If you would like to arrange a visit or to have an informal chat, please pop in or phone Della or Romany on 01606 888782.

Mobile Phones

In order to generate much needed revenue to continue our operation Squirrels are recycling old mobile phones for cash. The phones can be in any condition (even smashed and broken) and do not require chargers. We have a clearly labelled box located in reception and a mailbox outside Squirrels building for donations to be received. Many thanks for your support.

Sports Clubs

Ballroom Dancing

Thank you for the support from everyone who attended the classes over the eight courses. It is now operating in St.John's Church Hall in Sandiway, anyone requiring details can contact 01606 301845.

Circuit Training

Get Healthy, Get Fit, Get Happy

Circuit training, it has been said, is one of the best forms of exercise ever. Come and take a look at one of our sessions in the Park Room and see if you'd like to come and join us for a weekly/twice weekly work out. There are 3 different levels of difficulty for each exercise so all abilities from the complete beginner to the trained athlete can exercise together. You will be instructed by a fully qualified personal trainer, which means you get personalised training.

Monday afternoon session – 13:30 to 14:30

Suitable for the beginner to the advanced in a low impact class. This class combines muscle toning and postural exercises with fun low impact aerobics.

Monday evening session – 18:00 to 19:00

A general training class with lots of exercise options where all can exercise together. Suitable for adults and families, aged 8 and above. (the under 15's must be accompanied by an adult)

Thursday evening session – 19:30 to 20:30

General circuit session, suitable for all adults and the young, aged 15 and above, of all abilities.

Classes are £3 on the door, or save by booking a block. Good trainers and comfortable clothing are required, and a plastic bottle of water is advisable. Classes are weekly with the following exceptions. There will be **no** classes on Thursday March 12 or Monday March 16 and Thursday April 9 or Monday April 13.

For more information about the sessions look at the poster in the club or phone Hilary on 07812 684979 or email hilaryhep@hotmail.co.uk

Water Aerobics

We returned after our long Christmas break on January 7 and there were 17 of us in the pool. Even though this is a somewhat excessive amount, it turned out to be a really fun filled session and everyone seemed delighted to be back.

Our Christmas lunch at the Tiger's Head was a success despite some absentees due to the flu bug. As Ann was still suffering, there was no follow on party for the Wednesday Walkers, so maybe that will happen later in the year. Myra and Ann would like to wish all of our members a Very Happy and Healthy New Year and to anyone wishing to join us for a fun filled hour of safe exercise with lively music, we have several places on Thursday evenings.

We meet on Wednesdays 11:00 to Noon and Thursdays 20:00 to 21:00. **Please contact reception for further details or email sport@delamerepark.co.uk**

Cricket

Cricket nets will start again when the weather improves and the daylight returns to our evenings - probably late April. It is hoped to arrange a few friendly matches again over the summer. If you fancy playing cricket again or for the first time then please come along to a meeting on the 7th April in the Clubhouse to learn more about it. As before, those interested will be asked to help organise matches and practice sessions. More details in the next edition of the Newsletter.

Ju Jitsu

Three young residents won a gold and two silver medals at the Albert Lloyd Tournament in December. This is an annual "back to back" judo competition run for ju-jitsu and judo clubs in Cheshire. Come and try out Ju-jitsu in the Park Room, every Wednesday from 19:00 to 20:30. Beginners are welcome and there is a free trial session first time you attend!

Ladies Self Defence

Ju-jitsu black belt Adam Forshaw is running a self-defence class every Weds at 20:30. The first class in January was attended by 10 ladies from the Park. There are a few places left if anyone would like to join us - no experience required, just come along!

Services

Reception Telephone Number - 889263

Logs, Woodchip and Leaf Mould Sales

Woodchip £1.80 per bag (50p delivery under 5 bags) - £1.50 for 10 bags or more - £25 per container load
Logs Due to high demand there will be no logs available until the Autumn

Leaf mould £1.50 per bag - £25.00 per 1 ton bag

Contact Reception to place your order.

Clubhouse Bar - Casual Staff

The bar is looking for staff to work on a casual basis whenever the need arises.
 For further details contact Barry on 07903 460626.

Clubhouse - Park Room

This room can be hired for private parties at a cost of £50 for the evening. Should the bar takings exceed £100 then the £50 will be refunded providing the room is left clean and tidy and all tables and chairs stored.

Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the club facilities (including squash and tennis courts) will only be taken after 14:00.

Reception - Recommended Services

We have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at reception.

Coffee and Chat

Coffee and tea is available at reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

Lost Property

Reception has a number of items found both in the Clubhouse and in the grounds of the Park. If you have lost something recently it may well be in their possession

Next Edition - April 2009

Deadline for receipt of contributions is March 15 2009.

These should be sent by email to news@Delamerepark.co.uk or left at Reception.

park dates

Delamere Park community events timetable



February 2009

Community Group Or Sports Club	Meet Each Month On	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	2	9	16	23	-
Coffee Mornings	First Thursday/Third Monday	10:30	5	-	16	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	23	-
Ladies Club	Second Monday	20:00	-	9	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	12	-	26	-
Social-Plot Draw	Every Tuesday	20:30 22:00	3	10	17	24	-
Social-Quiz Night	Every Wednesday	20:30	4	11	18	25	-
Whist	Usually First or Second Saturday	19:30	7	-	-	-	-
39/45	Third Wednesday	19:30	-	-	18	-	-
Adult Swimming	Every Wednesday	20:00	4	11	18	25	-
Circuit Training-Adults/Beginners	Every Monday	13:30	2	9	16	23	-
Circuit Training-Adults/Juniors	Every Monday	18:00	2	9	16	23	-
Circuit Training-Adults	Every Thursday	19:30	5	12	19	26	-
Indoor Bowls	Every Tuesday	20:00	3	10	17	24	-
Ju Jitsu	Every Wednesday	19:00	4	11	18	25	-
Ladies Self Defence	Every Wednesday	20:30	4	11	18	25	-
Squash-Mens Team	Every Thursday) Winter	19:00	5	12	19	26	-
Squash- Ladies Team	Every Monday) Only	19:00	2	9	16	23	-
Squash-Junior Coaching	Every Sunday	16:45	8	15	22	-	-
Squash-Social	Second Tuesday	19:00	-	10	-	-	-
Table Tennis	Every Tuesday	18:00	3	10	17	24	-
Water Aerobics	Every Wednesday	11:00	4	11	18	25	-
Water-Aerobics	Every Thursday	20:00	5	12	19	26	-
Yoga	Every Tuesday Term Time Only	13:15	3	10	17	24	-

visit www.delamerepark.co.uk for more information

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park dates

Delamere Park community events timetable



March 2009

Community Group Or Sports Club	Meet Each Month On	Time	Week Numbers				
			1	2	3	4	5
			Dates in each Week				
Bridge	First 4 Mondays and Occasionally the last	19:00	2	9	16	23	30
Coffee Mornings	First Thursday/Third Monday	10:30	5	-	16	-	-
Gardening Club	Fourth Monday	20:00	-	-	-	23	-
Ladies Club	Second Monday	20:00	-	9	-	-	-
Mah Jongg	Second/Last Thursday	13:00	-	12	-	26	-
Social-Plot Draw	Every Tuesday	20:30 22:00	3	10	17	24	31
Social-Quiz Night	Every Wednesday	20:30	4	11	18	25	-
Whist	Usually First or Second Saturday	19:30	-	14	-	-	-
39/45	Third Wednesday	19:30	-	-	18	-	-
Adult Swimming	Every Wednesday	20:00	4	11	18	25	-
Circuit Training-Adults/Beginners	Every Monday	13:30	2	9	-	23	30
Circuit Training-Adults/Juniors	Every Monday	18:00	2	9	-	23	30
Circuit Training-Adults	Every Thursday	19:30	5	-	19	26	-
Indoor Bowls	Every Tuesday	20:00	3	10	17	24	31
Ju Jitsu	Every Wednesday	19:00	4	11	18	25	-
Ladies Self Defence	Every Wednesday	20:30	4	11	18	-	-
Squash-Mens Team	Every Thursday) Winter	19:00	5	12	19	26	-
Squash- Ladies Team	Every Monday) Only	19:00	2	9	16	23	30
Squash-Junior Coaching	Every Sunday	16:45	1	8	15	22	29
Squash-Social	Second Tuesday in the Month	19:00	-	10	-	-	-
Table Tennis	Every Tuesday	18:00	3	10	17	24	31
Water Aerobics	Every Wednesday	11:00	4	11	18	25	-
Water-Aerobics	Every Thursday	20:00	5	12	19	26	-
Yoga	Every Tuesday Term Time Only	13:15	3	10	17	24	31

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