



## Meet the Trustees

**Monday 18 June 2007  
at 19:30**

**The Trustees will be holding an open Forum in the Park Room where a progress report will be given, followed by a discussion on matters arising. If there is a specific issue you wish to raise it would be appreciated if you could provide this by June 11 in writing to Reception or by email at [trustees@delamerepark.co.uk](mailto:trustees@delamerepark.co.uk)**

We look forward to meeting you on the night.

To remind you where questions should be directed the trustees have the following responsibilities:

Jeannine Kolodziejki	- Chair, Administration and Personnel
Keith Glover	- Company Secretary, Estates, Buildings and Legal
Lester Bowman	- Bar, Communications and Community Groups
Steve Denton	- Health, Safety and External Relations
Paul Rogers	- Finance

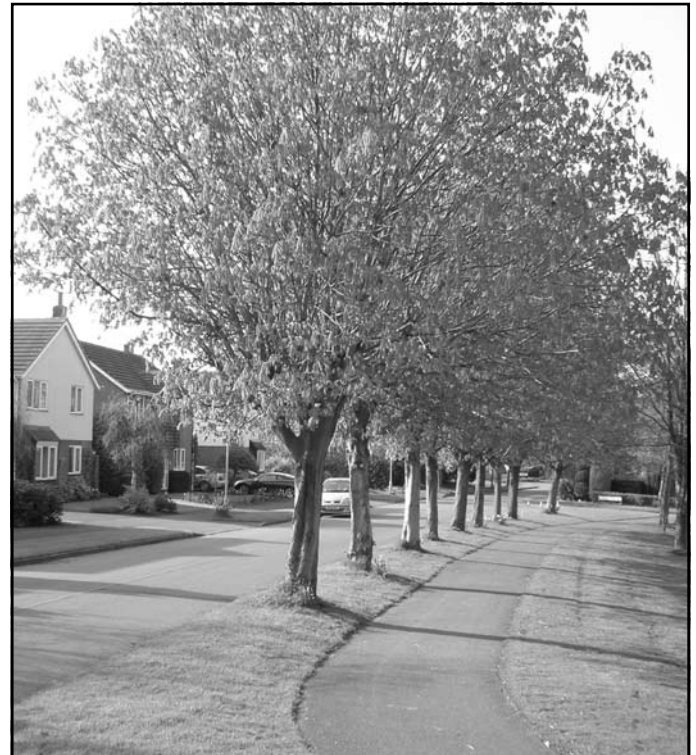
Following the meeting residents are reminded that they can contact the trustees using a book held for this purpose in Club Reception or by email at [trustees@delamerepark.co.uk](mailto:trustees@delamerepark.co.uk) Both mediums are regularly reviewed by the Trustees, so please do not hesitate if you wish to bring anything to their attention.

## Coffee Mornings

At the Community Groups' Meeting in March, it was decided to start a monthly coffee morning, open to all residents of Delamere Park. The first one was held in May, and it was deemed to have been very successful. It was combined with a Book Sale (funds towards the Clubhouse kitchen equipment fund), and all present enjoyed the friendly, relaxed atmosphere. We had men present too, so please come, male and female alike, meet up with friends, or bring a neighbour along and widen your circle of acquaintances.

The next Coffee Morning will be hosted by the Gardening Club on Thursday June 7, 10.30 – 12.00 then Thursday July 5, hosted by the 39/45 Club and Thursday August 2, hosted by the Mah Jongg Group. The world can soon be put to rights over a cup of tea or coffee!

**Please contact Maria on 889728 or Clubhouse Reception 889263**



## Norley Village Hall

The Norley Village Hall Committee (NVHC) has had new plans drawn up for the proposed Village Hall on Norley Road Playing Field. The Plans have been submitted for Planning approval to Vale Royal Borough Council by Cuddington Parish Council.

NVHC are delighted that a grant for £250,000 has been allocated from Vale Royal Borough Council's Rural Delivery Programme and a bid has been submitted to the Big Lottery in respect of this project. £35,500 has been raised by our own fundraising and pledges but we will need to raise even more to enable the building to go ahead.

NVHC look forward to meeting as many residents of Cuddington and Sandiway at Sandiway Library on Saturday 16th June from 10am until 1pm where you will have the opportunity to look at the plans and ask any questions.

## Book Sale

The Book Sale we had at the end of April/early May raised £105 for the Kitchen equipment refurbishment. THANK YOU to all who donated and/or bought books on that occasion. PLEASE CAN WE HAVE MORE BOOKS (in clean condition, please) for another sale at the end of May/early June, to coincide with the next Coffee Morning. We hope to repeat these book sales each month. Books can be left at Reception (888263), or contact Maria (889728).

# community groups

## Ladies' Club

In April, Jack Beck regaled us with his experiences as a Driving Examiner – some stories were almost unbelievable! As the saying goes, "There's nowt so queer as folk!"

Our May speaker gave us a presentation (and some free samples) about the new hairdressing & beauty salon "Enhance" in Cuddington at the A49 junction with Norley Road. She described the products and treatments that are now available there. A stylist came to dress her model's hair, and the evening was completed with a fun quiz. We wish Stephanie every success in her new venture.

Looking forward to June, we will welcome Roger Burgess who will present a slide show about the "Oddities of Cheshire", and in July, we will be out and about on our Summer trip.

New members are always welcome - do come along and give us a try! We meet on the 2nd Monday of each month, at 8.00 p.m.

Forthcoming Meetings/Events

June 11 "The Oddities of Cheshire"

July 9 Summer Trip

**For further information email [Ladies@Delamerepark.co.uk](mailto:Ladies@Delamerepark.co.uk) or call Maria Rogers on 889728.**

## Yoga

The Yoga class meets each Tuesday (in term time) at 13:15 in the Park room.

**For more information email [yoga@Delamerepark.co.uk](mailto:yoga@Delamerepark.co.uk) or contact the teacher Susan Rennie on 888324.**

## Homewatch

Please relay any relevant information to PC Paul Welsh at Frodsham Police Station on 0845 458 6393.

To report a crime to the Police call 0845 458 0000

To contact our HomeWatch Officer, Liz Biddle call 01244 614291

**For further information email David Bowker at [homewatch@Delamerepark.co.uk](mailto:homewatch@Delamerepark.co.uk)**

## Gardening Club

**Monday May 1st** – Evening visit to Hidden Nursery. The 'hands on' hanging basket demonstration by Debbie Dexter was excellent and, after instruction, three members each successfully completed a beautiful basket. The nursery was very well stocked and retail therapy took over. Eleven members attended.

**Thursday June 7th** – Coffee morning. Organised by the Gardening Club, this will take place in the Function Room between 10.30 and 12.00 noon. Open to all. It is the intention to hold a coffee morning on the first Thursday of each month until further notice – each Community Group will take a turn.

**Sunday June 17th** – Annual Garden Safari. Seven gardens will be open for charity from 1.30 to 5.00pm. Programmes £2.50 per person (including refreshments) available from club reception from Friday 15th to Sunday 17th. Refreshments will be served in the function room from 1.30 onwards.

## Babies and Toddlers

Fancy a change of toys to play with? Would like to meet and play with other babies and toddlers?

Then come along to our group on every Monday 1.15pm to 2.45pm in the Squirrels Pre School building opposite the Delamere Park Clubhouse. Open all year including school holidays. Bring an adult with you and they can have a chat and a cup of tea whilst you play.

We look forward to seeing you there.

## Social Committee

Since the last Parktalk two events have taken place. First was the race night on April 28 and the second was the cheese & wine evening on May 19.

**Both were a great success.**

The next event is the Party on the Park combined with the Squirrels Pre-School Summer Fete commencing at 3 p.m. The event continues until 10 p.m. with disco and live music commencing at 6 p.m. Claim your place by setting up your gazebo, tent, chairs etc. as early as you like. Bring your own food and drink (no glass please) friends, relations, and visitors.

Alternatively the bar will of course be open as usual. A raffle will be held in support of Delamere Park Club.

Future events are:

Saturday 15th September	Cocktail/casino evening
Saturday, 3rd November	Bonfire night
Saturday, 1st December	Xmas dance

**Monday June 18th or Monday July 2nd** – Evening visit to Tatton Park Kitchen Gardens. Confirmation of date will be announced in good time. Travel by car, leaving clubhouse car park at 6.30pm. We will have a guided tour.

**Friday June 22nd** – Visit to the Eden Project etc., seventeen members will travel by coach to Newquay. On Saturday we visit 'The Lost Gardens of Heligan' and on Sunday see the Eden Project. We return to Delamere Park early to mid evening on Monday 25th. NB There will be no speakers evening on the 25th June.

**Monday July 23rd** – Summer Social. The Gardening Club summer social will be held in the Park Room at 8pm.

**For further information contact Brian Hoyland at [garden@Delamerepark.co.uk](mailto:garden@Delamerepark.co.uk)**

# community groups



## Ballroom Dancing

Ballroom Dancing lessons have now been running since 22nd April on Sunday evenings in the Park Room. Residents have been learning a range of dances from the Slow Foxtrot to the sizzling Salsa! Our teacher Richard from Aspirations Dance, has converted those of us with two left feet to budding Strictly Ballroom entrants – well not quite but we're getting there! The emphasis of the lessons is placed on fun and enjoyment and it's great exercise too.

This course will finish on June 17 and a new course will start on June 24.

The new lessons will begin with a ¾ hour session of 50's style Jive/Rock n' Roll where Richard will teach the basic steps to anyone who enjoys tunes from the 40's to the present day. This will be followed up with a session of ballroom and latin dances including waltz, foxtrot, quickstep, salsa, rumba etc for those with some basic knowledge and those who have danced before.

The course will be open to anyone over 16 years, 7.30 till 9.30pm on Sundays. You can choose to take part in one or both sessions.

**A further course for complete beginners will be run in September.**

**For more information call Kathy or Steve on 01606 301845. Further details will be up on the notice board shortly.**

## Mah Jongg

An interesting game, played with tiles instead of cards. Join us and learn a new game. We meet on the second and last Thursday of every month, from 1pm onwards in the Park Room. Upcoming dates are June 14&28 and July 12&26.

**New members are always welcome. No experience necessary. Interested and want more information then email mahjongg@Delamerepark.co.uk or ring Niki on 888959.**

## Ballroom Dancing - Booking Form

\*Please return to Delamere Park Reception by **18th June**

NAME/S.....

CONTACT TELEPHONE NO.....

ADDRESS.....

Please book me on the 8 week course beginning 24th June (tick sessions required )

Session One – JIVE/ROCK N' ROLL 7.30pm

Session Two – Ballroom/Latin 8.30pm

Payment is in advance and please make cheques payable to Delamere Park Sport & Leisure Association.

One Session - £3 per person (£24)

Two Sessions - £6 per person (£48)

## Squirrels

### Pre-School Summer Fete

As already mentioned in the previous newsletter, Squirrels is organising a summer fete which is being combined with the Party on the Park event on Saturday July 7.

We are looking for volunteers to help run some of the activities on the day and we are also looking for some willing people to make some cakes for us to sell on the cake stall.

There will be a "quality used toy" stall and anyone interested in selling some toys will be able to pick up further information about this either at Squirrels or the reception desk in the clubhouse.

There will also be an Art competition for the children of the park to enter and I would like to thank the community groups for their support with providing prizes for this. Again, details for all interested artists will be available in Squirrels and at the clubhouse reception.

**If anyone has any queries or would like further information please call Louise Key on 301051**

## Whist

Drives are arranged for June 9 and July 14.

**For further information please email Whist@Delamerepark.co.uk or contact Helen Pattison on 889263**

## community groups

### 39/45 Club

On April 18 Mr Swasie Turner, a wheelchair bound gentleman, who spoke about his experiences was quite a character. He certainly did not give in to his incapacity. Perhaps an example to all of us when we moan about our minor aches.

At the Annual General Meeting on the 16th May: Walter Sales became the new President and Graham Simpson was elected as the vice president. Ron Price has retired from the job of visits and speaker organiser. We thank him for his hard work in the past few years

John Walters once again organised a successful visit to the indoor Bowls Centre at Prestatyn. It is worth going for the food alone! Our thanks to John.

The Summer Social will be held in the club on Friday 13th July  
The following speakers are booked for the coming months:

- 20th June: Mr Dickenson -The History of the Manchester Ship Canal.  
18th July: Ms G Roberts - Trading Standards.  
15th August: Mrs C Bradford - Childhood Travels with the Army.  
19th September: Mr Rotherham - Fisherman's Friend.  
21st November: Mr A Black - Speak Out and Listen.

On the 6th August our annual bowls competition will take place at Crowton Bowling Green at 10.00a.m.

**For more information email [3945@Delamerepark.co.uk](mailto:3945@Delamerepark.co.uk) or ring our contact number 888926**



## sports clubs

### Water Aerobics

Exercise in water with a qualified instructor. A safe, pleasant and fun way of shaping up, improving fitness, co ordination and experiencing the feel good factor. All of this to lively music.

The charge is £2 per person per session and all proceeds go to St Lukes Hospice.

The hospice is very grateful for our support and regularly write to show us their appreciation. We are on target to donate a further £200 to St Lukes by the end of the month, making our total donations since starting back in October 2006 to £900.

We have plenty of spaces at our Thursday evening class so why not come and join us for a fun filled hour supporting a very worthy cause.

**Wednesday 11.00 am to 12 noon. (usually busy)**

**Thursday 8.00 pm to 9.00 pm**

Further details at reception.



### Delamere Park Cricket Team

On Tuesday 22 May our reformed cricket team held it's first game against a full-strength Kingsley side and put up a fine performance. Kingsley reached 140 off 20 overs with John Gilbody in the wickets and Alex Roberts mesmerising Kingsley's batsmen with his legspin. A handful of stunning catches kept the wickets falling.

In response DP got off to a solid start crafted by Chris Beckett and the middle order then launched a Caribbean-style late salvo with Richard Ivill and Robin Calvert sending the ball flying over the boundary in a superb late run chase . In the end we amassed 131, just 9 runs short in fading light – a great effort.

Further games are scheduled for 12th and 27th June. Net sessions will continue next to the tennis courts on Tuesday evenings from 6.30pm

Whilst we have had a healthy interest so far we still need more players to join us – for information please contact Robin Calvert on 889695.

# sports clubs

## Circuit Training

### Adults Keep Fit

The Body Balance 60-second exercise plan provides an excellent mix of aerobic, strength, endurance, core stability and flexibility exercises.

The plan is ideal for any age and ability level whether you're a top athlete or a complete beginner. All can work together in the same exercise session, by following the circuit and working at your own pace, - you can really push yourself, or take it gently.

If you want to lose weight try resistance exercises to build some lean muscle tissue as this uses up more calories than fat - which burns no calories! Why not book a fitness test, you can then measure how fit you are getting as time goes on - a big incentive.

**Adults Keep Fit** -The Park Room - Thursday evenings from 8 until 9 - £2 on the door.

### Kids Multi-Sports Fun

What would you like to try? We regularly change the exercises and the format depending on what you want. We have done, juggling, table tennis, ball skill, running, boxing, and weight training.

Come along with your friends from on or off the Park to The Park Room - Thursday evenings from 6.30 until 7.30 - £2 on the door. Includes a weekly handout on fitness, anatomy, physiology, health, or recipes to help with general knowledge or that all-important homework. For all levels of ability aged 10-16 yrs.

**For more information about the classes look at the poster in the club or phone Hilary on 07812 684979 or email [hilaryhep@hotmail.co.uk](mailto:hilaryhep@hotmail.co.uk)**

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## Indoor Bowls

The regular Tuesday evening session has now been extended to Friday afternoons 2pm till 4pm in the Park Room. We are a friendly group who would like to welcome any park residents to the Friday sessions.

**For more information contact Arthur on 889309.**

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## Ju Jitsu Club

The club took part in the Roxborough Trophies on Sunday April 29. Congratulations! to Alex Roberts and Sarah Roberts who attended and overall won two Gold and one Silver Medals.

### Important Notice

Ju Jitsu Classes are now running at 7.00 - 8.30PM on Wednesdays.

**For further information see the notice board, web site, email [sport@Delamerepark.co.uk](mailto:sport@Delamerepark.co.uk) or contact Adam Forshaw 01606 882153.**

## Squash

### Squash Community Group

Whilst the 'official' squash season has come to an end, this does not mean that your participation should cease. Squash offers an excellent opportunity to challenge you, keep fit and meet new friends.

The highlight of the year has been the success of the Junior Coaching. This ran most Sundays throughout the winter and early spring and regularly saw over 15 juniors from 7yrs through to 16yrs learning new skills under the careful supervision of a qualified coach. Junior Squash coaching will resume in September and a competition with prizes will be organised to get things off to a good start.

The internal leagues got off to a great start, with over 30 participants. However, the early enthusiasm did tail off with many games not played. Nevertheless, we can celebrate the fact that some 20 people played regularly.

The Leagues will start up again in September and notices will be put up for people to register. Please watch out for this in late summer.

The Ladies Team finished in 3rd position (out of 9) in the Cheshire League, with the Mens Team 8th (out of 14) in the Northwest Counties League. These are good performances, considering injuries and non availability of players. Looking forward to the new season in September, we need to keep these teams going and we need new players, so please consider putting yourself forward. The teams operate on a squad basis and all who register will get games.

Social Squash will continue throughout the summer. This is the second Tuesday of every month, starting at 7pm and running through to 9pm. Both courts are booked for you to join in. Please give it a go and stop putting your involvement off. Every day adds a few more pounds to your waste-line! You might enjoy yourself and meet some new people.

**If you want further details about Squash on the Park, please contact Chris Hardy on 882072.**

Please watch the Notice Boards for further information.

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## Pool – Charles Hutchinson Trophy 2007

This was the first pool competition since the 'fire'. There were 42 entrants, both men and ladies. It was an exciting father and son final held on Thursday May 3.

Prizes were awarded to:-

C. Rennie 1st.

G. Rennie 2nd

Losing semi finalists were R.Willis and H. Bangor-Jones.

Thanks to Mrs Hutchinson and Linda for updating the trophy, and to Helen for organising the refreshments.

Thank you to all those who took part and we hope to see you all again next year.



## Logs, Woodchip and Leaf Mould Sales

Logs and woodchip	£1.50 per bag (50p delivery under 5 bags). £1.30 for 10 bags or more.
Leaf mould	£25.00 per 1 ton bag. £1.50 per log bag.

Contact Reception on 889263 to place your order.

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## Clubhouse Bar - Casual Staff

The bar is looking for staff to work on a casual basis whenever the need arises. For further details contact Barry on 07903 460626.

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## Clubhouse - Park Room

A reminder that this room can be hired for private parties at a cost of £50 for the evening.

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## Clubhouse Facilities - Bookings

In order to use the time of our administrative staff more effectively bookings for the club facilities (including squash and tennis courts) will only be taken after 2pm.

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## Reception - Additional Services

We have a folder for babysitters, gardeners, tree felling, discos, taxis, electricians etc. If anyone has any services that they can personally recommend, please leave details at reception.

**Reception Telephone  
Number 01606 889263**

## Club Reception

Reception is open from 10am to 10pm every day and in addition to providing a welcoming face to residents and guests alike, the receptionists are able to advise and assist residents in answering queries and booking any of the sports facilities. They also provide photocopying and fax facilities to residents at a small charge.

## Volunteers

Would anyone be interested in joining a volunteer service in either accompanying or driving any residents to the clubhouse who may be interested in coffee mornings etc. and are unable to get to the clubhouse. If you are in the position that you feel you could help in any way, please leave details at reception.

## Coffee and Chat

Coffee and tea is available at reception in the afternoons and evenings, please feel free to come in and have a chat and familiarise yourselves with what goes on in the Clubhouse. You may be surprised at the many activities on offer!

All contributions for future editions of this newsletter should be sent to [news@delamerepark.co.uk](mailto:news@delamerepark.co.uk) or hardcopy via reception. Deadline for the next edition is **July 20 2007**.